



CATHAY DISPATCH

Veterans - Sounding Off Since 1931

STILL RAISING MONEY AMID SELF-ISOLATION AND PHYSICAL DISTANCING

By Clara Pon

Important Dates:

- Aug 3-6—Nat'l Membership Training virtual
- Aug 8 —11 a.m. Post monthly meeting
- Aug 14-16—Fall NEC meeting (online) extended
- Sep 12—11 a.m. Post monthly meeting

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It has been some months since shelter-in-place was ordered around the country due to the coronavirus. All across the country, people adhered to various federal and state ordered restrictions and health guidelines. Regardless of what those restrictions were, Legion family members continued to serve their brother and sisters, community, neighbors, friends, and families in their own ways. Some sewn masks to hand out, posts opened their kitchens and prepared food for those that needed it, helped deliver groceries and other medically necessary items to those who couldn't go out, and many Legion Riders continued to ride to raise money for The American Legion Legacy Scholarship Fund even though the annual national ride was canceled.

Many AL Riders and departments continued with plans for their in-state runs even with the quarantine restrictions. They practiced physical distancing when visiting veteran monuments, laying wreaths at memorials, and when stopping at posts along their route to grab some chow, take cover from the rain, and collect donations. Departments of Missouri Riders rode over 700 miles in three days and raised over \$43K, Virginia raised about \$31K, and Oklahoma raised about \$3K. North Carolina's ride is planned for Oct. 1-3 and South Carolina's is scheduled for Oct. 24-25.

Last month, a virtual American Legion Legacy Run was launched to continue

to raise money for children of U.S. military members who died while on active duty on or after Sept. 11, 2001 or children of post-9/11 veterans having been assigned a combined disability rating of 50 percent or greater by the Department of Veterans Affairs since the actual ride was canceled.

"In order to continue raising money for the Legacy Scholarship Fund during these times, The American Legion has created a tiered donation program to provide an alternative way for individual American Legion Family members to contribute to the fund. Donations start at \$15, signifying the 15th year of the Legacy Run, and will entitle the donor to various souvenirs from this year's altered Legacy Run, as has been the case for participants in and donors to previous rides.



2020 patch and rocker

(Continued on page 2)



Raising Money, Continued

(Continued from page 1)

- Additionally, The American Legion maintains a reward program that recognizes \$500 and above donations made by individuals, posts or departments. These donations are either sent in to national, presented at the national convention or donated at stop points on the Legacy Run.



Challenge coin and shirt

Join the virtual Legacy Run today. Plan and participate in your own chapter or department run. There is still time and it's a good way to go outside and stretch those legs. Don on your mask, neck gaiter, bandana, or helmet and keep the rubber side down and chrome side up!! Online donation deadline extended to Sept. 30, 2020.

Use the link below to donate to the Legacy Fund by Sept. 30.

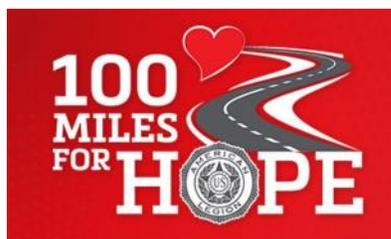
[Donate to the Legacy Fund](#)

Thank you for your continued support, and we look forward to riding with all of you next year.

Full story can be found on:

www.legion.org/riders/legacyrun/donation

100 Miles for Hope—Veterans & Children Foundation



National Commander Bill Oxford's charity besides The American Legion's 100th Centennial minted coins is The American Legion's Veterans & Children Foundation (V&CF). In his recent message, "We're asking for support from our American Legion Family members to put on their walking or running shoes, get on their bikes or rev up their motorcycles for 100 miles today through Veterans Day, which is 100 days from now. And I am issuing a special challenge to

department commanders to join me, if they are physically able, in the 100-mile quest.

For a \$30 registration fee, 100 Miles for Hope participants receive a slick tech shirt, a sign to display and a certificate of accomplishment when they finish. Roughly 50 percent of the \$30 fee will go toward V&CF after figuring in costs for the shirts, shipping, etc."

The foundation provides critical grants for military and veteran parents in unexpected financial crises and support for service officers in their efforts to obtain care, benefits, and opportunities for disabled veterans and families.

Put on your walking/jogging shoes and hit the trails. Bring your mask if you are required to. Fresh air is good for the body and it will certainly make you feel better to get out of the house if you've been stuck inside for weeks and weeks.

For more of Commander Oxford's message on *100 Miles for Hope*, click on the link. www.legion.org/commander/249658/walk-run-bike-or-ride-100-miles-veterans-and-children

COMMANDER HELEN WONG

Maintaining structure and routine is important during stressful times. No one will dispute that we are continuing to go through very stressful times during this coronavirus pandemic as we are having to change the ways that we use to do business, see family and friends, attend school, work or not work, or shop in very limited ways. We are not dining in, not going to ball-games, not going to church in person, not vacationing the usual way whether it was going on cruises, to beaches, or day trips to amusement parks, not going to movies, dances, bars, gyms, weddings, birthday parties or other celebrations, veterans group meetings, state and national conventions, and so on. For many, it was a way to cope with the stresses of everyday life, a break in the rut that we get into; it was a way to relax and recharge so that problems didn't throw us into a tizzy.

So why is it so important to maintain structure and a routine while most of us are practicing social distancing and we don't have our outlets as in the past? The disruptions caused by the pandemic have made it harder to cope with the stress that people are feeling. By having too

much time to ruminate on the cause of your stress, you actually make it worse and become more anxious. Having a sudden lack of structure to the point of losing track of the day of the week, and forgetting to call in on video/teleconferences or call people when you say you will call, becomes overwhelming and more distressing when you realize you missed out on a chance for human interaction with others besides your immediate family.

It also distresses others when you are not heard from, as most people don't maintain phone contact with a lot of group members who wonder what has happened to that person. When you have a routine, you feel more productive, you are more focused, have lower stress levels, take better care of your health, and form better daily habits. When you are focused, you can handle the things that you can control so you feel less anxious. Having a certain time that you get up or go to bed, eat meals, watch the news, or read the paper, gives you a certain sense of predictability and a schedule to look forward to. Once you accomplish those basic tasks, you can then go on to other tasks

which will make you feel more productive.

Making sure that you schedule activities which promote your health, such as exercising daily, cooking healthy meals, taking your medications regularly, setting realistic goals, staying positive especially over things out of your control, getting enough rest or sleep, engaging in activities that you enjoy doing within the limitations imposed on everyone, and staying in contact with family and friends will support a routine to keep you mentally healthy, too. Trying to find what works for you will take time and practice and will certainly be worth the effort in the long run.

As we approach the fifth month of limited social contact and with little relief in sight, we can at least control a small part of our world and do our part to stay strong, stay safe, and stay healthy. Remember, wash your hands for 20 seconds, wear a face cover when outside around others, and keep your social distance so that we can get to a time when we can have a new "normal" routine of meeting again in person. Remember our Cathay Post meetings are on the second Saturday of the month at 11AM!



Helen Wong

helenleewong@yahoo.com

(415) 797-7384

Cathay Post Member since: 1990

Branch: Army

Final Rank: Lt. Col.

“When you have a routine, you feel more productive, you are more focused, have lower stress levels, take better care of your health, and form better daily habits.”



George Tsang
 gtsang1130@gmail.com
 (415) 797-7384
 Cathay Post Member
 since: 2014
 Branch: Army
 Final Rank: SFC

“Moving forward, I would like to have members and their families get together at the post for a meal at least once every couple of months or so.”

1st VICE COMMANDER GEORGE TSANG

Remember to renew your 2021 membership by sending your dues to Cathay Post. If you don't want to mail in your payment, you can create your own personal membership account on www.mylegion.org where you can manage your information, pay by credit card, and print your own membership card. If you need help, email me or the post adjutant Ernie Stanton at: stan_wths@hotmail.com.

We all have the responsibility to try and recruit new members to our post, but that seems to be easier said than done. In my years at Cathay Post, I've only signed up about three veterans, but they are not active. Two others came to a meeting and never came back. When asked why they don't attend our monthly meetings, one of the answers is that they are not

interested in the topics we discuss. Another is that the meetings are too long and they are bored. Maybe we should add topics that will be of interest to the membership to encourage their input and participation. Please think about this and make your suggestions at the next Zoom meeting.

Moving forward, I would like to have members and their families get together at the post for a meal at least once every couple of months or so. We can have a “steak night” or “BBQ” themed meals. I got the idea from the post in Indianapolis we visited during the last American Legion convention. I think this will be a good way to get to know our comrades and our Cathay Post family. What do you say? Let me know .

Our occupancy fire inspection for Cathay Post is still pending because of the city lockdown. All the discrepancies have been addressed and waiting for the final walkthrough. With any luck, they will inspect the building soon and we can have our occupancy permit for 299 persons.

We will have heat! Currently, we are experiencing a minor setback with the heater and duct installation. The problem should be remedied soon and hopefully we will have a working heater this year in time for our winter meetings in the building.

Remember Cathay Post is as good or as bad as you make it. Stay safe and hope to see all of you at August Zoom meeting!

Burrito Lunch Month for Ft. Miley VA Workers By CJ Reeves

On July 19, a 150 burritos, chips with salsa, and drinks from two small local restaurants, Gordo Taqueria on Geary Blvd and Chino's on Balboa were delivered to the frontline workers at Ft. Miley VA hospital donated by the generous members of Cathay Post 384 to help feed our frontline heroes. They continue to work long hours under very foggy and windy conditions outside the main hospital entrance, screening all who enter for COVID-19.



Left & ctr: Cathay Post members distributing lunch. Rt: CJ delivering lunch to staff at the front entrance.

2nd VICE COMMANDER Charles Paskerian

Jeremy Lum is a high school junior with an interest in journalism and a current Life Scout of Boy Scouts of America Troop 3 has taken the responsibility of helping the post sort, compile, and organize countless photos, various albums, awards, certificates, plaques, trophies, scrolls, costumes, and a plethora of other post memorabilia into a video of Cathay Post 384's history for his Eagle Scout Service project, titled: *Preserving Memories: Honor Cathay Post Veterans.*

Jeremy has worked for many, many weeks on this project and has enlisted the aid of 8-10 other Scouts to work

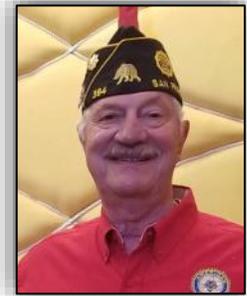
with him on it. Thus far, he and his many Scout volunteers have been at the post many times for many hours. They have organized the post for better function and helped clean up the post's archives. They have catalogued our long honorable history, scanned it, and properly filed these pieces for future reference. At last count, Jeremy and his group have cataloged over 900 items.

As part of his video of Cathay Post's history, he also conducted Zoom interviews with a few of the current officers and members of the Cathay Post Drum and Bugle Corps. Sheltering-in-place due to the corona-

virus didn't stop Jeremy from incorporating "face-to-face" elements into his final video with video interviews.

His video is titled: *American Legion Cathay Post 384: A Legacy of Service, Camaraderie, and Inclusion.* I and a few others have seen the first draft of the video and I have to say that I believe all our post members will be proud of his video when it is all done. I am looking forward to watching the final version.

I've included some before and after photos of the post archives and "library!"



Charles Paskerian
chuck@paskerian.com
 (415) 749-1750
 Cathay Post member since: 2011
 Branch: USAF
 Final Rank: Major

"They have organized the post for better function and helped clean up the post's archives. They have catalogued our long honorable history, scanned it, and properly filed these pieces for future reference."

BEFORE



AFTER



VISION, MISSION, VALUES & MOTTO OF THE AMERICAN LEGION

VISION

THE AMERICAN LEGION STRENGTHENS AMERICA BY IMPROVING THE LIVES OF OUR VETERANS, THE MILITARY AND THEIR FAMILIES.

MISSION

THE AMERICAN LEGION STRENGTHENS OUR COMMUNITIES, STATES AND NATION WITH PROGRAMS AND SERVICES FOR OUR VETERANS, THE MILITARY AND THEIR FAMILIES.

VALUES

- **A VETERAN IS A VETERAN** – WHICH MEANS THE AMERICAN LEGION EMBRACES ALL CURRENT AND FORMER MEMBERS OF THE MILITARY AND ENDEAVORS TO HELP THEM TRANSITION INTO THEIR COMMUNITIES.
- **SELFLESS SERVICE** – WHICH MEANS THE AMERICAN LEGION CELEBRATES ALL WHO CONTRIBUTE TO SOMETHING LARGER THAN THEMSELVES AND INSPIRES OTHERS TO SERVE AND STRENGTHEN AMERICA.
- **AMERICAN VALUES AND PATRIOTISM** – WHICH MEANS THE AMERICAN LEGION ADVOCATES FOR UPHOLDING AND DEFENDING THE UNITED STATES CONSTITUTION, EQUAL JUSTICE AND OPPORTUNITY FOR EVERYONE AND DISCRIMINATION AGAINST NO ONE, YOUTH EDUCATION, RESPONSIBLE CITIZENSHIP AND HONORING MILITARY SERVICE BY OBSERVING AND PARTICIPATING IN PATRIOTIC AND MEMORIAL EVENTS.
- **FAMILY AND COMMUNITY ENGAGEMENT** – WHICH MEANS THE AMERICAN LEGION MEETS THE UNIQUE NEEDS OF LOCAL COMMUNITIES.
 - **ADVANCING THE VISION** – WHICH MEANS THE AMERICAN LEGION EDUCATES, MENTORS AND LEADS NEW GENERATIONS OF AMERICANS.
 - **HONORING THOSE WHO CAME BEFORE US** – WHICH MEANS THE AMERICAN LEGION PAYS PERPETUAL RESPECT FOR ALL PAST MILITARY SACRIFICES TO ENSURE THEY ARE NEVER FORGOTTEN BY NEW GENERATIONS.

MOTTO

VETERANS STRENGTHENING AMERICA

VISION, MISSION, VALUES & MOTTO OF THE AMERICAN LEGION

The American Legion National Executive Committee

Held on
Mail 2020

Resolution

Page 1 of 2

No.: 5

Title: Vision, Mission, Values and Motto of The American Legion

Origin: Finance Commission

WHEREAS, The American Legion was chartered by the United States of America on September 16, 1919, with the initial primary organizational purposes enumerated in 36 USC §21702; and

WHEREAS, The American Legion founders expanded these initial purposes into the American Legion's Preamble which communicates to the organization the principles of The American Legion and the purpose of the Constitution of The American Legion; and

WHEREAS, Current modern business practices have evolved since The American Legion originated and it is leadership's goal to stay abreast of such evolutions; and

WHEREAS, One such business practice is an organization's use of a vision statement, a mission statement, value principles and a motto; and

WHEREAS, A vision statement is a short succinct public statement of an organization's future and long-term directional goals; and

WHEREAS, A mission statement is a short succinct public statement of how an organization intends to fulfill its vision; and

WHEREAS, Value principles guide the organization's business decisions and actions; and

WHEREAS, A motto is a reiterated phrase that encapsulates the vision and mission of an organization; and

WHEREAS, The vision and mission statements, along with the value principles and motto, help define the purpose of an organization, align the organization's resources toward a successful future, provide clear and effective decision guidance; form part of a business's strategic planning tool and publicly communicate the message; and

WHEREAS, In order that The American Legion has clear guidance to act in these turbulent times; now, therefore, be it

RESOLVED, By the National Executive Committee of The American Legion by electronic mail vote pursuant to Rule 12 of the Rules of the National Executive Committee, That The American Legion adopt the following vision statement:

"The American Legion strengthens America by improving the lives of our veterans, the military and their families."; and, be it further

Subcommittee on Resolutions Recommendation

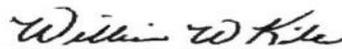
Approved

Rejected

Referred to:

Other Action

Signature Chairman, Subcommittee on Resolutions



The American Legion National Executive Committee

Held on
Mail 2020

Resolution

Page 2 of 2

No.: 5

Title: Vision, Mission, Values and Motto of The American Legion

Origin: Finance Commission

RESOLVED, That The American Legion adopt the following mission statement:

"The American Legion strengthens our communities, states and nation with programs and services for our veterans, the military and their families."; and, be it further

RESOLVED, That The American Legion adopt the following value principles:

- **A VETERAN IS A VETERAN** – which means The American Legion embraces all current and former members of the military and endeavors to help them transition into their communities.
- **SELFLESS SERVICE** – which means The American Legion celebrates all who contribute to something larger than themselves and inspires others to serve and strengthen America.
- **AMERICAN VALUES AND PATRIOTISM** – which means The American Legion advocates for upholding and defending the United States Constitution, equal justice and opportunity for everyone and discrimination against no one, youth education, responsible citizenship and honoring military service by observing and participating in patriotic and memorial events.
- **FAMILY AND COMMUNITY ENGAGEMENT** – which means The American Legion meets the unique needs of local communities.
- **ADVANCING THE VISION** – which means The American Legion educates, mentors and leads new generations of Americans.
- **HONORING THOSE WHO CAME BEFORE US** – which means The American Legion pays perpetual respect for all past military sacrifices to ensure they are never forgotten by new generations.; and, be it finally

RESOLVED, That The American Legion adopt the following motto:

"Veterans Strengthening America."

Digital Archives:

Resolution No. 5 (Mail):
Vision, Mission, Values and
Motto of The American
Legion

LEGION UPDATES

LEGION NATIONAL MEETING & PROGRAM UPDATES

102nd AMERICAN LEGION NATIONAL CONVENTION IN WILL BE IN PHOENIX, ARIZONA FROM AUGUST 27 – SEPTEMBER 2, 2021.

All future meetings and events are as follows:

- Fall national commission/committee meetings will be held virtually unless otherwise noted by commission/committee chair.
- October 14-15, 2020 fall NEC meeting will be streamed live from the NEC boardroom with National Commander Oxford facilitating at the podium. Reports will be sent to all NEC members by October 7. There will be no in-person call-ins. The details for the virtual meeting will be posted on the website when available.
- 2020 National American Legion College (NALC) in Indianapolis, IN originally scheduled for November 1-6, 2020 has been rescheduled to March 20-26, 2021. The deadline for applications from department to national has been extended to October 1, 2020.
- Combined Americanism and Children & Youth Conference is cancelled. The Americanism Division is instead developing plans for virtual conference segments on Sat., Sept. 26, 2020, for children & youth and several youth programs. (www.legion.org/cyconference)

Please visit the Legion website for updated notices and headlines. www.legion.org

CA DEPARTMENT UPDATES

Please check the department website for the latest information www.calegion.org on future meetings, events, and programs.

- August 14-16 DEC via online. For any meeting questions, contact Veronica Quintanilla, your convention/meetings coordinator at (559) 875-8387 or veronica@caLegion.org
- American Legion Riders DoC convention rescheduled from May 1-3 to October 2-4 at Hollywood Post 43. Registration link: <https://www.hollywoodpost43.org/calendar#!event/2020/5/1/alr-doc-2020-convention>

CATHAY POST 384 UPDATES

- Cathay Post 384 will continue to hold its monthly meeting as scheduled via video/tele conference until further notice.
- Chinese American WWII veterans commemoration of the 75th year since the end of WWII. Webinar information on page 15. Be sure to sign up to watch the webinar.
- Memberships are still being received and processed. Send in your dues today.
- 2020-2021 Post Officer installation canceled.
- The Eagle Scout Service project of Cathay Post's history via video can be seen on our post Facebook page and on our website.
- Heating work for the post is nearly finished. There will be heat this winter.

MEMBERSHIP INFORMATION

2020-2021 NATIONAL RENEWAL SCHEDULE

<u>Cutoff Date</u>	<u>Renewal Mail Date</u>
MAY 13, 2020	JUL 1, 2020
SEP 10, 2020	OCT 9, 2020
OCT 15, 2020	NOV 13, 2020
DEC 9, 2020	JAN 6, 2021
FEB 10, 2021	FEB 24, 2021
APR 14, 2021	APR 30, 2021

Transmittals not received by the cutoff date may not prevent a subsequent renewal notice from being delivered at or around the renewal date.

Please note that renewals transmitted and received by the cutoff (which is also a national target date) will be updated prior to printing renewal notices, assuming they can be successfully scanned. Membership that must be hand-keyed (new members and renewals that cannot be scanned) will take longer to process. Please transmit as early and as often as possible in advance of the target dates to help avoid delays in processing.

All online membership processing transmittals submitted through mylegion.org by the close of business on the cutoff date will suppress printing of renewal notices.

2020-2021 NATIONAL MEMBERSHIP TARGET DATES

EARLY BIRD/NEF KICKOFF	SEPTEMBER 10, 2020	50%
FALL MEETINGS	OCTOBER 15, 2020	55%
VETERANS DAY	NOVEMBER 12, 2020	65%
PEARL HARBOR DAY	DECEMBER 11, 2020	75%
MID-WINTER	JANUARY 21, 2021	80%
PRESIDENTS DAY	FEBRUARY 10, 2021	85%
LEGION BIRTHDAY	MARCH 10, 2021	90%
CHILDREN & YOUTH	APRIL 14, 2021	95%
ARMED FORCES DAY	MAY 12, 2021	100%
DELEGATE STRENGTH	30 days prior to national convention	

Target dates are the second Wednesday of the month unless a holiday falls on that day or at the beginning of that week. Since Labor Day and Columbus Day fall on a Monday, the September and October target dates will be on a Thursday. Since Veterans Day falls on a Wednesday, the November target date will be on a Thursday. To maximize the December renewal notice, the January target date will be the third Wednesday of the month due to Martin Luther King Jr. Day.

August Meeting Summary By Nelson Lum

The meeting via Zoom began at 11:05 AM with about 30 members (quorum is 11) participating. After the prayer, POW/MIA acknowledgement, Pledge of Allegiance, and the recital of the Preamble of the Constitution of The American Legion, the meeting was officially declared. Commander Helen Wong provided to the members the latest relevant details of the post, district, and from the parent organization. She also presented the members the proposed budget for 2020-2021 which was adopted.

Our 1st Vice Commander George Tsang who is also our acting Finance Officer gave the members the finance report. While the post's income has been reduced due to the pandemic, the expenditures have been reduced greatly also. The timing of the next raffle has yet to be determined. There are some technical issues that will need to be ironed out before the next raffle can proceed.

The only activity scheduled at our post is the virtual celebration of Chinese American WWII veterans commemoration of the 75th year since the end of WWII. A portion of the ceremony will be filmed at the post. To register for the webinar *Operation: WWII Chinese-American G.I.* on Saturday, August 29, 2020 go to: <https://bacgg.org/index.php/2020/07/18/operation-chinese-american-g-i-8-29-2020/>.

More information and details can be found on page 11. All other normally scheduled events such as Fleet-Week, Fleet Week luncheon, Italian Heritage Day parade, etc. in San Francisco have been cancelled.

Membership renewal is one of the top priorities at this time. Due to the closure of the War Memorial Veterans Building, all membership processing must now be done at the post head-

quarters. This will require the transfer of all the paper documents to the post. Our post achieved 103% membership for the year of 2019-2020, and we look forward to duplicating or exceeding that effort for this coming year. Members were reminded to continue the "Buddy Checks" during the pandemic. This effort has yielded very positive results.

One of the Boys Scouts from Troop 3 has been volunteering and supervising other scout members to reorganize the front room of our post along with creating a video to depict the history of our post for his Eagle Scout Service project. He has done such an outstanding job that many of the members felt he should be nominated for 2021 American Legion Eagle Scout of the Year scholarship. Nomination packets must be completed and submitted to the department by March 20, 2021, judged by its selection committee, and then forwarded to national headquarters no later than April 21, 2021. Post officers will be working with our nominee to ensure he meets the required qualifications. www.legion.org/scouting/nominate

Discussions were held regarding the possibility of hosting either a Thanksgiving lunch or dinner or a Christmas dinner at the post. A proposal is being worked on for discussion and approval at the next meeting. This event will be restricted to current and active members, current support members, and their spouse only. It will not be open to the public.

We now have two dragon logo designs for the members to decide upon. A comprehensive detailing including cost of each design will be made available to our members at our September meeting in order for them to decide which logo to adopt.



CAWVA Report—Building Status By Nelson Lum

During this ongoing pandemic, I want to give you, our members, a report on the welfare of our headquarters' building. First, our building is closed for all post activities at this time. We have not heard from the City as to when the public meeting restrictions will be lifted. Therefore, I don't have any information about when we may conduct our meetings and other post activities.

Our 1st Vice Commander George Tsang took the initiative and applied for a Small Business Administration PPP Loan/Grant. His effort was successful and we received about \$1,200 which will aid with the salaries we paid for our building custodian. Since we complied with the stipulations of the grant, we will not be required to make any repayment. Thank you, George.

While most of you are sheltered in place, we have made some upgrades to our post's headquarters building. We've added both flood lights and decorative lights to the exterior of our post. These lights not only enhanced the ambiance of the building, they helped to illuminate the front entrance of our post and added a level of safety to the surrounding area.



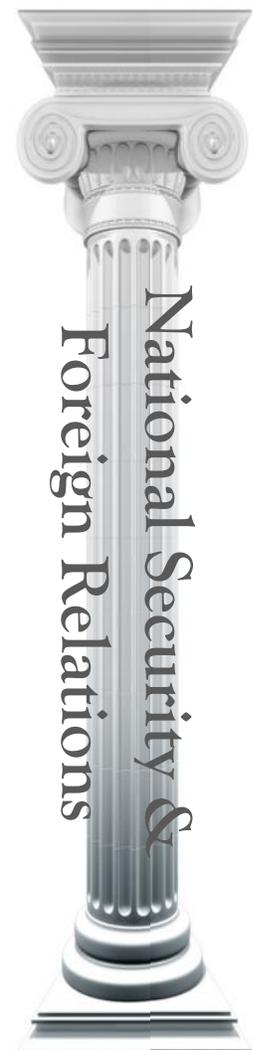
Our building tenants, due to the unanticipated hardship brought about by the forced closure of just about all businesses in our City, a decision was made by the CAWVA board and subse-

quently approved by the members to share the financial pain with our tenants. CAWVA waived the entire month's rental in April of this year, and only charged our tenants 50% of the rental ever since. We will continue this effort of sharing the financial pain with our tenants until we are back to the status of normalcy. We understand this will cause our post's financial well-being to be adversely affected, but it will still be sufficient to provide for the operational needs of our post.

The long promised heating system for our post is finally at its last stage of completion. The connecting ducts are all in place and the intake and exhaust pipes are all installed. Contractors for the electrical and gas will be brought in to complete the system. By the time we are allowed to conduct our meetings (hopefully soon) at our post, the heating system will be in full operational mode and we will all be enjoying a nice and warm environment.

Our next project is to find a fix for the small water leak during the rainy season that has caused some annoyance for our tenants who occupy the lower floor. This was the same leak that was fixed a few years back, but reappeared after the repaving of the street by the City. Based on what we know at this time, this should not be a costly endeavor.

Looking further down the road, there are three more major items upcoming that will be somewhat costly, but are tasks that must be done. One is the painting of the exterior of the building which will include the replacement of one or two windows. Another task is to replace the galvanized water pipe that connects our water system to the City. The last task is the repair and repaving of the roof. As most of you know, that is a major task and will cost a substantial amount of money.





Won't You Buy A Toy Balloon?

By CJ Reeves, Sgt-at-Arms

An old man on a busy street
Was selling toy balloons.
As I drew near to him
I heard him sing this tune:

Won't you buy a toy balloon?
I think they're very nice,
The colors of the rainbow,
A nickel is their price.

The children like to hold the string
And watch them float about.
Won't you buy a toy balloon
And help an old man out?

I sell them at the carnival
And at the county fair,
On the street and at the park.
Children gather there.

I like to watch them run and play
And hear their merry shouts.
Won't you buy a toy balloon
And help an old man out?



Face Coverings By Helen Wong



For some of us who have been retired for a number of years, when we had to go into shelter-at-home mode, it was not much of a change in routine aside from not going out shopping, not driving in to volunteer five days a week, or attending veterans group meetings in person. When I heard that face masks were in short supply in the hospitals and other institutions, it gave me a reason to pull out the fabric I had accumulated over the years from when I use to sew clothes for my children when they were little or when I made blankets for the troops over in the Middle East through Soldier's Angels Network.

Having the internet to find face mask patterns was easy. I tried several designs and finally settled on one which has a filter pocket. Since April, I have made over 100 face coverings to donate to various veterans, family members, and groups. My latest version has been to make face coverings for our Legion post to wear when at activities such as the VA Hospital delivering meals that we sponsored. Having a custom design by a well-known artist who is a neighbor of our 2nd Vice Commander Chuck Paskerian has helped make the sewing enjoyable.

The decals were ironed on the fabric prior to stitching the sides. Basically, the pattern is a 15" x 9" rectangle that you fold on the right sides together on the 9" ends, stitch 3" in from both short ends with a 1/2" seam, leaving a 3" opening in the middle.

Press the seam 1/2" down from the top, insert 8" elastic on the top and bottom of the right side, and on the left side, then stitch down with a 1/2" seam each side.

Turn the right side out through the 3" opening.

Make three (3) pleats from the bottom up, stitch with a 1/2" seam on the left side; insert a metal clip or a 6" pipe cleaner at the top seam through the opening, and stitch across the top with a 1/4" seam.

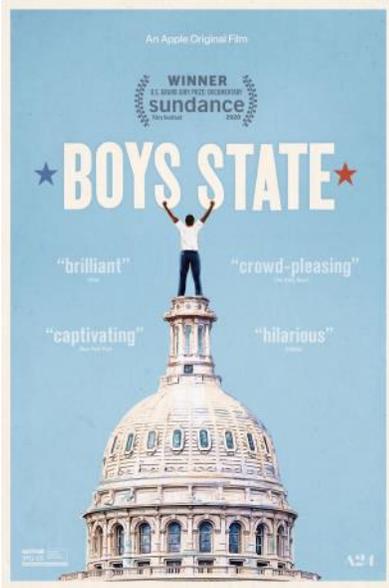
Continue down the right side. Stitch one more time down the left & right sides with a 1/4" seam to hold the pleats down flat.

Optional filter can be put inside the pocket and can be a c-pap filter or any hepa-filter cut to size. (Instructions can be found on YouTube by looking for mask with filter pocket.)

While these are not medical grade, at least they will help keep you safer than not wearing anything at all.



“Boys State” Documentary—Sundance Film Festival Winner



In the last couple of days, the “Boys State” documentary has been released across the country at various drive-in movie theaters August 12 or online streaming on August 11 for free. The film, which won the Grand Jury Prize at January’s Sundance Film Festival is scheduled to be released on Apple TV+ on Friday, August 14 if you missed any of the free showings. This winning cinéma vérité (a style of filmmaking characterized by realistic, typically documentary motion pictures that avoid artificiality and artistic effect and are generally made with simple equipment.) was filmed during the 2018 Texas Boys State session.

Filmmakers Jesse Moss and Amanda McBaine, who reside in San Francisco’s Presidio area is also very interested in doing a Girls State documentary as well. Due to coronavirus, this year’s program was canceled and hope they will have the opportunity to film a documentary on Girls State next summer.

www.legion.org/boysnation/249605/boys-state-looks-american-politics-through-texas-program

10 Things to know about Boys State

(www.legion.org/boysnation/249604/10-things-know-about-boys-state)

The award-winning documentary “Boys State” follows four young men during a week at Texas Boys State in 2018, the year after their predecessors voted to secede from the U.S. That event prompted filmmakers Amanda McBaine and Jesse Moss to make the film, which follows Ben Feinstein, Steven Garza, Robert McDougal and Rene Otero through the program.

Here are 10 things to know about The American Legion’s Boys State program:

1. The first Boys State program was founded in 1935 in Illinois by Legionnaires Hayes Kennedy and Harold Card, in an effort to counter the socialism-inspired Young Pioneer Camps.
2. There are Boys State programs in every state except Hawaii. There are, however, 50 Boys State programs, with a program held each July in the District of Columbia.
3. At Boys State, participants learn government from the township to state level. The training is objective and centers on the structure of city, county and state governments. Operated by students elected to various offices, Boys State activities include legislative sessions, court proceedings, law-enforcement presentations, assemblies, bands, choruses and recreational programs.
4. While Boys State programs reflect the two-party system, they don’t use “Democrat” and “Republican” designations — many programs divide parties into “Federalists” and “Nationalists.” And it’s up to the participants to decide their party platforms.
5. While the recommended guidelines for Boys State programs suggest that only males who have completed their junior year of high school and have at least one semester of high school remaining should be considered for the program, that doesn’t have to be the case. In a memo to American Legion departments, Americanism Commission Chairman Richard Anderson noted that Public Law 112-66, passed in 2011, amended the Legion’s federal charter so that “American Legion departments possess the authority to establish their own criteria for Boys State program eligibility, selection, participation and operation and should proceed with their respective programs accordingly.”

(Continued on page 15)

“Boys State” Documentary—Sundance Film Festival Winner

(Continued from page 14)

6. Two delegates from each Boys State program are selected to represent their respective states at American Legion Boys Nation in the Washington, D.C., area each July. The 2021 edition of Boys Nation will be the 75th, after the COVID-19 pandemic forced cancellation of Boys Nation in 2020.
7. There is no cost to attend Boys State, as expenses are covered by sponsoring American Legion posts, local businesses or other community organizations.
8. With few exceptions, the staff at every Boys State program are unpaid volunteers, giving a week (or more) of their summer to help educate and support Boys Staters.
9. Prominent Boys State alumni include President Bill Clinton; Vice President Dick Cheney; Senators Richard Lugar and Joe Lieberman; basketball legend Michael Jordan; and many more.
10. There is also a Girls State program, sponsored by The American Legion Auxiliary. All 50 states sponsor Girls State programs, and just like their male counterparts, two girls from each program are selected to represent their respective states as senators at American Legion Auxiliary Girls Nation each July.



Watch Boys State documentary on Apple TV+
(subscription based service, 7-day free trial or \$4.99/month)

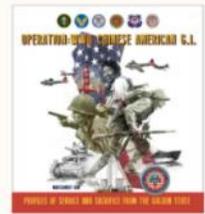
<https://tv.apple.com/us/movie/boys-state/umc.cmc.1aatz9gwjhnfpqqt8noafagq>

Some notable Boys Staters

- | | |
|--|---|
| ◆ Bill Clinton, former POTUS | ◆ Phil Jackson, Coach of NBA Chicago and LA teams |
| ◆ Mike Huckabee, former AK governor | ◆ Michael Jordan, NBA Chicago Bulls |
| ◆ Lou Dobbs, TV anchor person | ◆ James Gandolfini, Actor |
| ◆ Scott Bakula, Actor | ◆ Bruce Springsteen, Professional musician |
| ◆ Rush Limbaugh, Journalist, Author | ◆ Neil Armstrong, NASA Astronaut |
| ◆ Jon Bon Jovi, Rock Star | ◆ Tom Brokaw, NBC News Anchor |
| ◆ Roger Ebert, Pulitzer Prize Winner –Movie Critic | ◆ Al Jarreau, Award Winning Singer & Entertainer |



August 29, 2020 Webinar Operation: WWII Chinese American G.I.



Keynote

Montgomery Hom

Executive Director: California WWII 75th Anniversary Ceremony
Filmmaker, Author, Military Historian

Mission WWII Chinese American historic artifacts and memorabilia

Mission Objectives

- * September 75th Anniversary Ceremony Update
- * Memorabilia Virtual Exhibit - the rest of the story
- * "We Served with Pride" documentary film preview

BAY AREA CHINESE GENEALOGY GROUP
<https://bacgg.org/>

Chinese Historical Society of America
<https://chsa.org/>

Chinese Historical & Cultural Project
<http://chcp.org/>

Register: <https://tinyurl.com/WWII-Webinar> (seats limited so register now.)

Date: Saturday, August 29, 2020, 1:15PM - 3:00PM Pacific Time

Keynote Speaker: Montgomery Hom, filmmaker, author and historian

Panelists: Major General William Chen (ret) and Connie Young Yu: historian/author (daughter of former Cathay Post Commander John C. Young, 1950-1951)

Registration Questions: Gail Chong, gailchong1970@gmail.com

Our August webinar will be, Operation ... Chinese American G.I. This webinar is recognized by the Department of Defense, as a Commemorative Partner, as it celebrates the 75th Anniversary, of the end of WWII. The webinar precedes a September ceremony to honor, Chinese American WWII Vets. The keynote speaker is Montgomery Hom, the Executive Producer for the California Ceremony, an Emmy-nominated filmmaker, author, and military historian. We will give you an update, on the September ceremony, which includes military honors, and USO entertainment.

We are taking a different approach, to explore Chinese American WWII history. Yes, you will get all the obligatory dates and places. But we will look at the war, through the lens of the world's largest private collection, of Chinese American, military memorabilia. For example, we show a pair of boots, with a medal beside it, and then tell the rest of the story ... about the hero who filled these shoes. We will roll a film clip from, We Served with Pride, featuring 15 Chinese American WWII Vets, who served, with uncommon valor, as a common virtue.

If you want to get a rare glimpse, of the contributions of Chinese American Veterans. Or hear about women at war, and on the home front. Or just have a good time, don't miss this session.

WWII Chinese American G.I. Project: For more information regarding the 75th Anniversary Commemoration of the ending of WWII ceremony, commemorative book, movie "We Served With Pride," and virtual exhibit go to <https://chsa.org/wwii-chinese-american-gi/>

For more information on keynote speakers, click on the website below.

<https://bacgg.org/index.php/2020/07/18/operation-chinese-american-g-i-8-29-2020/>

Story Arc of Chinese American WWII Veterans

By Maj. Gen. Bill Chen, U.S. Army, Retired (Reprint, original 11/2019)

On May 10, 2019, at Promontory Summit, Utah, the recognition and honoring of Chinese railroad workers at the 150th Anniversary of the Transcontinental Railroad completed the story arc of Chinese railroad workers. Along the way, Chinese railroad workers endured hard work, danger, risk of life, and sacrifices while also being ignored, forgotten, excluded and snubbed. Progress in recognition has been slow - the completed arc gave closure to the first major contribution of Chinese in America - the building of the First Transcontinental Railroad.

While not a historian, I would say that the second major contribution of Chinese in America and Chinese Americans was their service in World War II. Here I distinguish between Chinese in America and Chinese Americans, where the former were Chinese, not American citizens in America; and the latter predominately are native or natural-born Americans of Chinese origin.

Using some poetic license on what a story arc is - this article recaps the storyline of the Chinese American World War II veterans.

The story begins in the pre-World War II period, before Pearl Harbor, with Chinese Americans who performed with distinction even before America entered the war, such as Arthur T. Chin, from Portland, Ore., participated in the Second Sino-Japanese War. He was part of the first group of U.S. volunteer combat aviators. He gained U.S. veteran status and is recognized as America's first flying ace in World War II. During the Sino-Japanese War, Chinese American communities, as in San Francisco, raised funds for China relief and also organized Chinese American volunteers to fight against the Japanese. Among those was Bill King from Locke, Calif., who went to China in 1939. He flew for the Chinese Air Force and was a highly decorated fighter pilot in the Chinese American Composite Wing of the 14th Air Force under Gen. Claire Chennault of the legendary Flying Tigers.

At the time of World War II, the total population of Chinese in America and Chinese Americans was about 100,000. They were largely in major cities, mostly in Chinatowns across the country though some were in rural areas. For

the most part, they were isolated and largely interacted with other Chinese and Chinese Americans. Chinese and Chinese Americans in the territory of Hawaii probably were more integrated with the general population than on the U.S. Mainland.

Of the 100,000-plus population of Chinese and Chinese Americans (hereafter referred to as Chinese Americans), about 20,000 volunteered or were drafted and served in the U.S. Armed Services. Of the approximately 20,000 who served, about 40 percent were not U.S. citizens - at that time, Chinese immigrants had been denied U.S. citizenship.

Chinese American World War II veterans served in every theater of war and in every branch of the services: Army, Army Air Forces, Marine Corps, Navy, Coast Guard and Merchant Marines. In contrast to other minority groups such as Japanese Americans and African Americans, Chinese Americans were predominately integrated into the U.S. Armed Services. The only all-Chinese American units were the 14th Air Service Group and

(Continued on page 18)



Veteran Affairs &
Rehabilitation

WWII Chinese American Veterans, Continued

(Continued from page 17)

the 987th Signal Company assigned to the China Burma India theater.

While there were Chinese Americans who earned every type of award for valor up to the Congressional Medal of Honor, the basis for the award of the Congressional Gold Medal to Chinese American World War II Veterans was not for bravery or valor. The basis for the award was that they served and fought for America as Americans in spite of the discriminatory aspects of the 1882 Chinese Exclusion Act, in-place until December 1943.

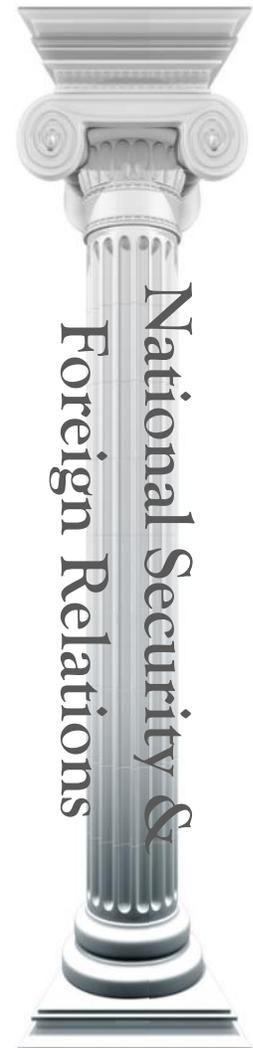


14th Air Service Group Memorial Day Parade 1943, Springfield, IL.— from the family of Paul Gooy Boo Lee. (MG Bill Chen's father was a pilot in the Army Air Forces assigned to the 14th Air Force, commanded by Maj. Gen. Claire Chennault.)

Along the trajectory of the story arc, many Chinese Americans distinguished themselves. Some notables:

- *Francis B. WAI*, awarded the Congressional Medal of Honor for actions during the recapture of the Philippines.
- *Gordon Pai'ea CHUNG-HOON*, awarded the Silver Star and Navy Cross, later promoted to Rear Admiral, the first Asian American flag officer in the U.S. Navy.
- *Dewey LOWE*, pilot in China Burma India theater, later promoted to Major General, the first Chinese American general in the U.S. Air Force.
- *Wau Kai KONG*, the first Chinese American fighter pilot in the U.S. Army Air Forces.
- *Randall CHING*, the only Chinese/Asian American in the Rangers in WWII; fought from Normandy, June 6, 1944 until the end of the war in 1945.
- *Loren L. LOW*, awarded Silver Star in the of invasion of Saipan.
- *Pak On LEE*, member of American Volunteer Group, the original Flying Tigers, later integrated into the U.S. Army Air Forces.
- *K. J. LUKE*, achieved rank of Major during WWII; highest ranked Chinese American officer in the U.S. Army during WWII.
- *John C. YOUNG*, designed and helped to implement a plan to tunnel, install, and detonate U.S.-supplied TNT beneath the Japanese garrison in the Battle of Mt. Song -- resulted in opening the Burma Road; returned from war as a major. (Cathay Post member)
- *Clarence YOUNG*, lead navigator, Luzon raid.

(Continued on page 19)



WWII Chinese American Veterans, Continued

(Continued from page 18)

- *Leo SOO HOO*, P-51A Mustang fighter pilot, 14th Air Force.
- *Hazel Yang LEE & Maggie GEE*, first and second Chinese American Women Airforce Service Pilots (WASP) who tested aircraft, ferried aircraft, and trained pilots.
- *Jesse Yi LEE*, Women's Army Corps, believed to be one of the first to enlist in the San Francisco bay area. (Cathay Post member)
- *Moon F. CHIN*, distinguished civilian Hump pilot who flew Jimmy Doolittle out from China to India; was granted U.S. veteran status.

But the real heroes were the Chinese Americans in the U.S. Armed Services who made the ultimate sacrifice and were killed in action in World War II. It is highly noteworthy that St. Mary's Square in San Francisco has a memorial plaque saluting Americans of Chinese ancestry who gave their lives for America in World War I and II. Likewise, in New York City, the Kimlau American Legion Post has an arch that is in memory of the Americans of Chinese ancestry who lost their lives in defense of freedom and democracy.

Collectively, what did these Chinese American World War II Veterans do? They:

- ♦ Made known to the American public who Chinese Americans were and their abilities.
- ♦ Demonstrated their skills, competencies, loyalty, and patriotism.
- ♦ "... demonstrated highly uncommon and commendable sense of

patriotism and honor in face of discrimination," as stated in PL 115-337.

- ♦ We're proud to serve and served with pride as Americans.
- ♦ Paved the way for future generations to serve in the U.S. Armed Services.
- ♦ Opened up opportunities for Asian and Chinese Americans to be in Mainstream America post-World War II.
- ♦ Continued the Legacy of Progress of Chinese Americans in the United States, as initially established by the Chinese railroad workers, and they enabled follow-on generations to live the American dream.

The storyline of Chinese American veterans continues after their separation and honorable discharge from the U.S. Armed Services. They continued to work hard; brought wives to the United States based on the War Brides Act, or married women already in the United States, and raised families. They viewed their war experiences as seeing a whole new world outside their family traditions—making friends and acquaintances from all walks of life in America. Many took advantage of the G.I. Bill and began businesses or attended college and started their professional careers. They provided a better life for their families and encouraged their sons and daughters to attend and graduate from college – to live the American dream and be an integral part of mainstream America. Indeed, the Chinese American World War II veterans were part of America's Greatest Generation, although no book on the Greatest Generation captured their lives and stories.

(Continued on page 20)



WWII Chinese American Veterans, Continued

(Continued from page 19)

Currently, the U.S. Mint has completed its design of the Congressional Gold Medal for Chinese American World War II Veterans. The obverse side of the medal will have images of servicemen in all branches of the services. Also, a female nurse is included to represent the service of Chinese American women in the armed services. "Proudly Served as Americans" is also inscribed on the obverse side. The reverse side shows how Chinese Americans fought in World War II -- on land, sea, and air with images of a Sherman tank, battleship USS Missouri, and the P-40 fighter of "Flying Tigers" fame; with a 48-star American flag serving as a backdrop. The official award ceremony to be presided by the Speaker of the House on Capitol Hill for presentation of the Congressional Gold Medal is projected to be held in the spring of 2020. Subsequently there will be regional award ceremonies held in major cities for living veterans and/or their next-of-kin for those who cannot attend the Washington, D.C. ceremony.



Obverse



Reverse

Chinese American Veterans of World War II
Congressional Gold Medal Images ©
United States Mint 2019.

Similar to Chinese railroad workers, progress in the recognition of Chinese American World War II Veterans has been slow and late, as many veterans have passed away, or are aging. September 2, 2020, will mark the 75th anniversary of the surrender of Imperial Japan and the end of World War II. Hopefully, we can say by then that the award of the Congressional Gold Medal to Chinese American World War II Veterans finally gives recognition and honor to these veterans -- and completes the arc for Chinese American World War II Veterans.

Major General Bill Chen, U.S. Army Retired is a veteran of 32 years active duty service, served as the Commanding General, U.S. Army Missile Command, and Program Executive for Missile Defense. He is a descendant of a Chinese railroad worker, as well as a descendant of a World War II veteran.



Bill Chen attends dinner with Cathay Post members on November 1, 2019.

Due to COVID-19, regional ceremonies have been postponed or have tentative dates. For more information regarding the ceremonies across the country, please refer to Chinese American WWII Veterans organization at: <https://www.caww2.org/ceremony> or <https://www.caww2.org/regional-events>

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LEGION FAMILY NEWS



American Legion Auxiliary—Calendar

American Legion Auxiliary will also be conducting virtual meetings.

AUGUST 2020

Virtual National Executive Committee Meeting TBD
Honorary Nat'l Junior Division VP electionsbeginning to mid August
Pre-Convention Nat'l Exec. Committee Meeting - Louisville, KY Cancelled
National Convention - Louisville, KY Cancelled*
* The 2026 National Convention will now be held in Louisville, Kentucky.

SEPTEMBER 2020

2021 New Members can be added to ALAMIS TBD
ALA Girls State Directors Leadership Conference - Indianapolis, IN Cancelled

Click on the link for updated events. www.alaforveterans.org/Meetings/

Sons of The American Legion—Fall Meetings

Commander Clint Bolt's message: **Still much for SAL members to do in 2020.**
www.legion.org/sons/249471/bolt-still-much-sal-members-do-2020

The fall meeting has been rescheduled to **Saturday, September 26** instead of October 10, 2020. Due to current COVID-19 restrictions, the fall NEC meeting will be streamed live with Commander Bolt hosting in The American Legion NEC room. There will be no call-ins for this meeting for everyone's health and safety.

All commissions/committees will meet virtually and must submit your reports no later than September 9, 2020. Check with your commission/committee chair for date, time, and method. The details for the virtual meeting will be on: www.legion.org/sal after September 7, 2020.

American Legion Riders—Legacy Run

It's been nearly a month since the virtual launch of the annual American Legion Legacy Scholarship fundraiser due to coronavirus. Click on the link to learn more about The American legion Legacy Scholarship fund www.legion.org/riders/legacyrun/donation. Donations start at \$15 up to \$250 in exchange for commemorative items ranging from the coveted rocker patch, 15th anniversary challenge coin, t-shirt, and history book. Departments are encouraged to hold their own legacy run fund raiser and the deadline for donations has been extended to September 15. Some checks are being delivered via Pony Express to the NEC meeting in mid-October.



The American Legion Emblem Use Requirements

THE
AMERICAN
LEGION

* NATIONAL HEADQUARTERS * PO BOX 1055 * INDIANAPOLIS, INDIANA 46206 *

* (317) 630-1200 * FAX (317) 630-1223 *



OFFICE OF THE
NATIONAL JUDGE ADVOCATE

Topic: The American Legion Emblem Use Requirements
From: National Judge Advocate Kevin J. Bartlett, J.D.
To: American Legion Leadership 
Date: June 9, 2020

TOPIC: What are The American Legion emblem requirements for programs and corporations?

BACKGROUND INFORMATION:

The words "The American Legion" ("TAL") specifically identifies the national organization of The American Legion as chartered by the United States Congress in 36 U.S.C. 21701 et seq ("Charter") and headquartered in Indianapolis, Indiana. The Charter gave TAL, its departments and posts "the exclusive right to use the name 'The American Legion' or 'American Legion' " (36 U.S.C. § 217050); however, only TAL "has the exclusive right to use, manufacture, and control the right to manufacture, emblems and badges" that TAL adopts (36 U.S.C. § 21705). Therefore, TAL has trademarked its emblems and marks for protection from unauthorized use. TAL is the sole owner of all such emblems and marks, including the traditional golden emblem symbolizing TAL (all TAL emblems and marks collectively as "Emblems" or "Emblem").

TAL, as the Emblem's owner, maintains control over the non-commercial and commercial Emblem usage. The Emblem uses are permitted by four distinct methods. These methods are: (1) resolutions; (2) license agreements; (3) memorandums of understanding (MOUs); and (4) contract agreements.

In non-commercial Emblem uses, TAL uses the "resolution method." This resolution method provides the written guidance for Emblem use for TAL's departments and posts ("DandP"). National American Legion (AL) resolutions, for example, the National Executive Committee of TAL (NEC) Resolution 1 (Spring Meetings, May 2018), explains the proper Emblem use processes and procedures for DandPs.

In commercial Emblem uses, TAL uses license agreements, MOUs and contract agreements. These formally written agreements have Emblem controls defined in their respective documents. If there is a non-legitimate commercial use of the Emblem (i.e. no written agreement), then TAL's legal rights are violated and such activity will be, and is, aggressively addressed by this office.

Some DandPs have their own AL corporations that further the work of the forming DandPs. Examples of that work include a financial foundation or charity. Other examples of these corporations include, but are not limited to, AL sports teams, car or vehicle based groups, air, land or water-based groups, home associations and all the other ancillary groups. These AL corporations, or groups using TAL name in the collective name of their corporations, and/or using the Emblems, are specifically required to have written agreements authorizing TAL Emblems use signed by TAL and a representative of the name, or emblem-using, corporation.

Unfortunately, the National Judge Advocate's office has discovered that the majority of either type of these two DandP groups (charity types and other groups) and the other non-AL corporations did not request, nor obtain, permission to use TAL's Emblems or name.

REQUIREMENTS:

Any corporation, or DandP program, using Emblems, including the name of TAL, without an AL license, MOU or contract is violating federal laws. Any use of TAL's Emblems, or use of the AL name, by any corporation and/or DandP program requires the Emblems user or AL name user have written permission from TAL National Organization before legally and properly using any Emblems or the AL name.

ACTION STEPS:

(1) All corporations and/or DandP programs using Emblems, or the name of TAL, require having written permission from TAL for legal and authorized use of the Emblems and TAL name; therefore

(2) All corporations and/or DandP programs using Emblems or the name of TAL are requested to contact The American Legion National Judge Advocate's office at (Legal@Legion.org) regarding the proper permission process for their continued use of TAL's Emblem and/or name. Absent such written AL Emblem use authorization is legal grounds for prosecution (per 18 U.S.C. § 705) and/or additional AL legal actions.

Additional specific questions regarding this Memo may be sent to Legal@Legion.org



American Legion Emblem Use By Clara Pon

Back in November 2019, I wrote an article about using The American Legion logo titled, "No Touchy, Touchy." This is an update to that article to keep us abreast on the proper usage on all The American Legion emblems to include Auxiliary, SAL, Riders, Legion Baseball, Boys State, Girls State, etc. There are still plenty of people not using it properly, altering its font style, colors, and design components.

As a general rule, there has to be a distinct border around The American Legion, Auxiliary, SAL, or Riders emblem if it is used on top or part of a

design background. The emblem needs to be by itself. If there is a solid background, or 'dead space' on which the logo will be placed upon, the white border is not necessary. For example, on a solid colored shirt, you won't need the white border. However, if the logo is going to be on top of a gradient image or pictured background, then a white border surrounding the emblem is required to ensure that it isn't touching anything... hence the rule, 'No touchy.'

Please refer to the emblem use requirements on the previous page for details or www.legion.org/emblem.

2020 Membership Workshop, Presentations Online

If you missed any of the membership training workshops, they are available online. The article below is a reprint of the story online.

www.legion.org/membership/249843/2020-membership-workshop-survey-presentations-online

The American Legion held its 57th annual National Membership Workshop virtually Aug. 3-6 with great success.

About 240 Legionnaires logged on through Microsoft Teams for each of the eight sessions. Attendees included National Commander James W. "Bill" Oxford, past national commanders, members of national committees and commissions, and other department leadership. The Mission and Vision session drew the highest number of attendees with 310.

A [Membership Workshop survey](#) is available for attendees to take to

provide feedback.

Visit legion.org/training/membership for access to audio presentation files and PowerPoint slides for all eight sessions. These are available for Legion Family members to use for training at the post, district and department level.

"We can use our response to the COVID-19 emergency as part of our story," Oxford said during his opening remarks for the workshop. See how the [Legion Family has responded](#) to the pandemic. "The story of why veterans should belong to The American Legion. The story of what

The American Legion does for veterans, their communities, their departments and their nation.

"The American Legion is about service. And we are about patriotism.

"The most important message that we have to remember is that we need every Legionnaire to be a recruiter. Remember, I'm extremely proud of your efforts and with everyone's help and participation I believe The American Legion is, and can continue to be, a growing, dynamic, effective organization with our best days still ahead."



35th ANNIVERSARY
 MISS ASIAN GLOBAL &
 MISS ASIAN AMERICA[®]
 PAGEANT



Saturday,
August 29, 2020
 6pm PST

Presented by
 Asian America Foundation
 Live from San Francisco, CA



Watch Free on Facebook
 FB.com/MissAsianGlobal



1 Marisa Chin
 Hercules, CA · 24
 Chinese



2 Vy Vo
 Anaheim, CA · 26
 Vietnamese



3 Kimberly Huynh
 San Jose, CA · 24
 Vietnamese



4 Natalie Nguyen
 Boston, MA · 28
 Vietnamese



5 Megan Lo
 El Cerrito, CA · 22
 Chinese



6 Olivia Wong
 Vancouver, Canada · 29
 Chinese



7 Chuting Liu
 Nanjing, China · 25
 Chinese & Kazakh



8 Julia Nguyen
 San Jose, CA · 28
 Vietnamese



9 Lily Li
 San Francisco, CA · 26
 Chinese



10 Victoria Li
 Fremont, CA · 17
 Taiwanese & Chinese



11 Y Phun
 Sacramento, CA · 24
 Chinese & Vietnamese



12 Lan Ho
 Chicago, IL · 30
 Vietnamese



13 Tara Nash
 San Mateo, CA · 22
 Hong Konger & Irish



14 Nana Jiang
 San Leandro, CA · 28
 Chinese



15 Diamond Rypka
 Melbourne, Australia · 27
 Japanese



16 Stella Rao
 Cupertino, CA · 19
 Indian



17 Cathie Pham
 San Jose, CA · 25
 Vietnamese, Chinese,
 African American and Caucasian



18 Emily Pi
 Fremont, CA · 20
 Taiwanese



19 Daisy Chung
 Los Angeles, CA · 28
 Chinese

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JULY 2020 IMPACT REPORT—TAL HQ



JULY 2020 MEMBERSHIP IMPACT REPORT

A Report from American Legion National Headquarters



VOICES

"For too long, our Vietnam veterans have had to fight for, and have been denied, the critical health care they need to treat medical conditions resulting from exposure to Agent Orange."

- American Legion National Commander James W. "Bill" Oxford after a bill to expand health-care benefits for Agent Orange-exposed veterans suffering with bladder cancer, hypothyroidism and Parkinsonism passed by a 94-6 vote in the Senate on July 22

 **\$43,000+**

Amount raised in The American Legion Department of Missouri Gold Star Tribute, its sixth annual in-state ride for the Legacy Scholarship Fund, which assists the children of military personnel who died or became over 50 percent disabled since 9/11. Sixty-three Legion Riders traveled 700 miles over three days, collecting donations, despite limitations caused by the coronavirus pandemic.

 **1,015**

Number of informal hearing presentations prepared free of charge by American Legion national experts in July, free of charge for veterans applying for VA disability benefits.

 **100**

Percentage of American Legion Operation Comfort Warriors donations used to directly purchase comfort items, equipment and recreational experiences for recovering U.S. military personnel and veterans.

This is a snap shot of all the things Legionnaires, VSOs, donations, volunteers, and family members have done to help in their community, veterans, children, and those in need of a hand. For the entire report: www.legion.org/sites/legion.org/files/legion/membership-impact-report/July_Impact_Report.pdf

JULY 2020 IMPACT REPORT, continued

TESTIMONY

"The current unemployment rate for veterans has more than doubled in the last year. With nearly 17,000 servicemembers leaving active duty service every month, these numbers will not fall any time soon. If done correctly, the Economic Recovery Act will help veterans, young and old, transition into new jobs."

*- American Legion Deputy Director of Health Policy
Katie Purswell, in a July 23 testimony before the House
Committee on Veterans' Affairs*



 **\$97,895**

Amount in American Legion national youth scholarships disbursed in July to 31 recipients.



89

Number of American Legion recruiters nationwide who signed up 50 or more members each, thus earning Gold Brigade honors, for the 2019-20 membership year.



120

Number of BSA Eagle Scout achievement certificates requested from The American Legion's national American Division in 2020, through July.



7,000

Minimum pounds of food distributed in June and July by The American Legion Department of Michigan and Gleaners Community Food Bank to veterans, seniors and families in need in southern Michigan.



1,015

Number of informal hearing presentations prepared free of charge by American Legion national experts in July, free of charge for veterans applying for VA disability benefits.



100

Percentage of American Legion Operation Comfort Warriors donations used to directly purchase comfort items, equipment and recreational experiences for recovering U.S. military personnel and veterans.

August 2020

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3 Nat'l membership workshop	4 ALWMC Meeting, 3 pm, Dist. 8 @ 4 pm & Nat'l membership workshop	5 Nat'l membership workshop	6 Nat'l membership workshop	7	8 Post Meeting 11 am
9	10	11	12	13	14 Fall DEC online	15 Fall DEC online
16 Fall DEC online	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

September 2020

SUN	MON	TUE	WED	THU	FRI	SAT
		1 ALWMC Meeting, 3 pm, Dist. 8 @ 4 pm	2 VJ Day	3	4	5
6	7 Labor Day	8	9	10	11	12 Post Meeting 11 am
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

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We welcome article or letter submissions and reserve the right to publish, republish, or not publish any submission, and to edit articles or letters as appropriate. Submissions must include your name and an email address or telephone number. All submissions should be emailed to cathaypost384events@gmail.com.

Cathay Dispatch writers were former members of the *National American Legion Media Association* (NALMA, 501(c)(3)), *National American Legion Press Association*, and *California Legion Press Association* (CALPA, 501(c)(3)). The award plaques received from those national and department level entities since 2014 will forever be displayed on the walls throughout the post as part of its distinguished history.



美國退伍軍人會

www.legion.org

Come join American Legion Cathay Post 384 in San Francisco, one of the oldest and most active posts in San Francisco. We welcome all qualified retired or active military personnel.

Our veterans are courageous military men and women who proudly served or are currently serving.

NEW— July 30, 2019 LEGION Act, Let Everyone Get Involved in Opportunities for National Service expands eligibility to those who served honorably from December 7, 1941 to now.

World War I

4/6/1917 – 11/11/1918

Beginning of World War II

12/7/1941 – to future date



CATHAY POST 384 American Legion

2020-2021 Post Officers

Commander: Helen Wong

1st Vice Commander: George Tsang

2nd Vice Commander:
Charles Paskerian

Adjutant: Ernie Stanton

Finance Officer: Vacant

Historian: Roger Dong

Jr. Past Commander: Nelson Lum

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