



American Legion Cathay Post 384



The Cathay Bulletin

February 2019 (Volume 19-02)

Welcome to our bi-monthly Cathay Bulletin, which is intended to provide important and useful information for our veterans nestled between our bi-monthly national award winning Cathay Dispatch (CD), edited by Ms. Clara Pon. This Bulletin is not intended to replace the CD, but supplements it between our special CD publications. All Cathay Post members are encouraged to submit reports for future Bulletins, of interest to our veterans. Your input submissions, feedback, and comments are requested, needed and always welcome.

Important Imminent Dates to note:

Sunday, February 3, 2019 – Super Bowl party, hope you didn't miss this.

Monday, February 5, 2019 – Chinese New Year's Day

Saturday, February 9, 2019 - 1100 hours, our February post meeting at 1524 Powell St. See you there!

Through February 17, 2019: *Black History month exhibit*, War Memorial Veterans Building, Veterans' Gallery. Be there.

Saturday, February 23, 2019: See San Francisco's biggest street march, Chinese New Year's Parade. San Francisco Chinatown and vicinity. See you there.

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From the desk of Post Commander Nelson Lum:

Gung Hay Fat Choy to all our members, support members, and friends. The year of the Pig is approaching and as in the past, we will have a very special luncheon prepared by our expert chefs following our monthly meeting **on February 9, 2019**. Please mark that date down on your calendar and join us at our post to bring in the Chinese New Year. We are located at 1524 Powell Street and our membership meeting begins at 11:00 A.M.

As we enter 2019, there are many things that we are looking forward to. Leasing the upstairs is still a priority and we seem to be close, but yet so far away. There are some lingering issues that will facilitate or delay the leasing. We are working with the City planning department to clarify the conditional usage of the space. The definition of an "Assembly" permit has been amended and new conditions have been added by the Entertainment Commission. What I am trying to tell you is that please be patient as we are doing our best to deal with these issues. We are also in the process of converting our "temporary" conditional permit for the 1st and 2nd floors to a permanent permit. A task that should be completed within this week, I hope.

On a sad note, one of our very few World War II veteran members, Comrade Walter Fong joined Post Everlasting on January 17, 2019. His funeral service was held on Saturday, February 2, 2019 at 1:00 P.M. at Cypress Lawn in Colma. Seven Legionnaires along with two members of the Army gathered to form an honor detail which included the rifle salute (the firing of nine rounds) in honor of our comrade's service

to our country, the playing of Taps, and to fold and present the flag to the family. I would like to thank our 2nd Vice Commander Paskerian, Board Member Randle Toy, Comrades Philip Leung and Vic Lum for their assistance with this detail. Also, we would like to extend our appreciation to District 26 Commander George Smith for arranging the rifle fire detail and the playing of Taps. Members of the greatest generation are departing in alarming numbers. We must do all we can to honor those who are still among us.

At our last monthly membership meeting, a motion was made to purchase an additional TV screen to enhance the viewing pleasures of the Super Bowl party attendees. The motion failed to garner sufficient votes from the membership to pass. The cost factor was the main reason for the rejection. Comrade Randle Toy decided to take matters into his own hands and donated a 75” television to our post. Please express your gratitude to Randy when you see him. As mentioned above, we hosted a Super Bowl party at our post on Sunday, February 3. There were more than 110 attendees to this event. We served prime rib along with many special dishes of delicious food. I would like to thank all the people involved to make this event a success, in particular, our Finance Officer George Tsang for the tremendous amount of work he did in preparation of hosting this event.

During the 2019 Black History Month, an exhibit of artifacts featuring African Americans’ long history of service in the military is on display at the War Memorial Veterans Building Veterans’ Gallery. The exhibits include a special acknowledgement to the nation’s oldest WWII combat veteran, the late Richard Overton, who passed away at the age of 112 in December 27, 2018. This exhibit will be shown from Wednesday to Sunday between the hours of 1:00 P.M. to 8:00 P.M. This event will end on February 17, 2019.



Caption: US Army’s segregated 366th Infantry Regiment Officers return home from World War I service on board the RMS Aquitania. L-R: Lieutenant Cleveland L. Abbott; Captain Joseph L. Lowe; Lieutenant Aaron R. Fisher, recipient of Distinguished Service Cross; Captain E. White. Photo: National Archives

As I become older and sometimes wiser, I have important advice for all of you out there. For you guys and gals who are dating, engaged, or married, don’t forget Thursday, February 14, 2019. That is Valentine’s Day and don’t forget to send flowers, sweets, or treating your significant other to an expensive dinner.

I look forward to seeing all of you at our next monthly meeting.

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From the desk of our First vice Commander, Helen Wong

Post 384 History Matters! Gung Hay Fat Choy everyone!! Happy Year of the Pig! Since the formation of the post in 1930, and formally chartered in August 1931, many Chinese horoscope years of the Pig have passed. Yet how much do we know about our post history? Where does a member go to find information? Are the records lost forever or just forgotten in some file cabinet or attic? Are the photos of past commanders also put away somewhere or gone as if they never existed?

The few newsletters that I have found in the attic were from a few years 1954 or 1955, not even close to being a representative sample. Shown is one such partial newsletter (minus the ads) from February 1955 which gives us a small glimpse into issues important at the time. How far have we progressed from those times? The Adjutant's Corner is fascinating in that 29 members recruited 10 or more new or renewed members for 1955 by the end of December 1954. They were eligible for **DOUBLE 5 CLUB CARDS** signed by the National Commander Seaborn P. Collins and National Adjutant Henry H. Dudley. Can you imagine if we had 29 present members recruit even half of that number, would they be **SINGLE 5 CLUB** Card carrying members? We would exceed our membership goal by over 200%! It would be a good problem for Adjutant Ernie to deal with.

CATHAY POST FIGHTS

LEGAL BATTLE FOR VETS

In what has been described by long-time court observers as one of the most difficult cases in immigration and naturalization laws, our Judge-Advocate Charles F. Wong did a heroic job in Dept. 21 of the Superior Court on January 19, 1955, which is trying a test case for the seven members of our Post under deportation orders to Red China.

The petitioner, a veteran of World War II, is trying to have his naturalization in one of the state courts of California; the Government is opposing his naturalization because there is a warrant to deport him. Attorney Charles Foo Wong is trying to argue that peacetime veterans, Korean veterans and even foreign army veterans can be naturalized in spite of any warrant of deportation, but *NOT* veterans of World Wars I and II. Therefore an injustice to World War II vets.

There is no ruling on this case yet, because Superior Judge Milton D. Sapito has ordered counsels on both sides to submit written briefs. Then a decision will be forthcoming.

In the meantime the state and National executive committees of the American Legion has mandated the Legislative Commission in Washington, D. C., to introduce an amendment to the Walter-McCarran Act to correct this oversight by Congress when they passed the immigration and naturalization law in 1952. It is hoped that the remedial legislation can be passed in time to save the deportation of our buddies who have served in World War II and entitled to naturalization as a matter of justice.

THE ADJUTANT'S CORNER

DOUBLE 5 CLUB CARD AWARD

Congratulations are in order to fellow hard working Comrades, Commander Art Chin, Gong F. Leong, Chester Li, George Y. Wang, Frank W. Wong, Gum H. Jeung, Leland G. Kimlau, Mon S. Ouyang, James Hall, Dr. Edwin Ouyang, Lim P. Lee, Hon. Kun Jang, Gee Yuen, Lynn Shaw Pang, George B. Mew, Chester Reed, George Yee, William F. Lee, John C. Young, Silk H. Chan, Dou F. Jeong, Stephen Gee, James H. Wong, Young Hon, Ong W. Tin, Louis Toong Wang, Jack G. F. Yip and Roy Yim Jr., who made themselves eligible for **DOUBLE 5 CLUB CARDS**. This handsome wallet sized card is signed by National Commander Seaborn P. Collins and National Adjutant Henry H. Dudley, for Legionnaire membership getters who enroll 10 or more new or renewal members for 1955 by December 31, 1954.

PRESENT COLORS

CATHAY POST went over the top in membership on December 29, 1954, with a turn-in of 49 cards. Post colors were presented at the January Meeting of the 7th district where Commander Art Chin turned in 13 more cards. The mentioned number of cards coupled with 5 turned in to National Commander Seaborn Collins gives the Post a total of 672 or 101.38% of our quota of 659. Nice going

CALENDAR

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- Feb. 1—Regular Business Meeting at Post Headquarters, 8:30 P.M. Tuesday. Refreshments after meeting. Main speaker of the evening, Past Commander Dr. Edwin Ouyang.
- Feb. 6—CHINESE NEW YEAR'S PARTY, Post Auditorium, Sunday evening, 8:00 P.M.
- Feb. 10—Seventh District Meeting in Room 223, Veterans Building, 8:30 P.M. Thursday. All delegates and alternates are urged to attend.
- Feb. 12—VALENTINE DAY DANCE, Post Auditorium, from 10 P.M. to 1:00 A.M. Saturday, Members and Friends.
- Feb. 17—Seventh Annual NATURALIZATION NIGHT: Auditorium, Veterans Building, Van Ness Avenue, on Thursday evening at 8:00 P.M. Post members and Auxiliary members will please attend.

follows!!! Keep up the GOOD WORK.

At the District Meeting, our Judge Advocate Charles F. Wong addressed and informed the 7th District delegates of the importance immigration case to be heard in Superior Court.

BEAUTIFUL DOLLS

At the January Post Meeting, 7th District Commander Hal Hubbard presented each of the following Comrades with a BEAUTIFUL STORY BOOK DOLL: Commander Art Chin; Jr. Past 7th District Commander Dave Kacimian; Past Commander Shaw Pang and Jr. Past Commander Joe Quan. Where the three bachelors are concerned, it may be assumed that these DOLLS would be a morale booster. But Joe Quan needs a story book doll like he needs a hole in his HEAD . . . He has his own BEAUTIFUL REAL LIVE DOLL.

MEET YOUR NEW COMRADES

Ken Chan, Shew Mein Jan, Jack J. H. Quan, Dick S. Wong, Edward Sun, Tack Man Ng, Arnold Lee, Henry C. Choy, Alfred H. Chan, Peter G. Soe and Wai Lum, Yip J. (Stephen) Poo.

NATURALIZATION NIGHT

The American Legion Posts of San Francisco, together with their Auxiliaries, will hold their SEVENTH ANNUAL NATURALIZATION NIGHT on Thursday evening, February 17, at 8:00 P.M. in the Auditorium of the Veterans Memorial Building. All Members and Unit Members of the Post, please attend.

SYMPATHY

Our deepest sorrow upon the recent loss of Comrade John Y. H. Bow, who has departed to join the supreme Commander. Comrade John was a Past Commander of 1937-1938 and Past Adjutant of the Post. Flowers and donations were forwarded to his family by the Post and Unit. Comrade John passed away on January 1, 1955; burial was at Golden Gate National Cemetery, Section "Q", Row 18, Grave-Mark No. 5938 on January 7, 1955.

Does anyone recognize the other officers pictured with Mayor Gavin Newsom (front left), Commander Bok Pon (front center), Ed Wong (back center), John Nelson (5th in back)? What year was this picture taken? I'm guessing 2002 or 2003 as the VA Secretary of Veterans Affairs pictured was Anthony Principi who made a visit to the post during one of those years. If any member has a photo to submit to add to the history of the post or to identify, please email to our editors or to one of our officers to include in the next edition of our newsletter. I can't emphasize how important it is to document members and the activities that we participated in.



A blast from the past. Then Mayor Gavin Newsome visited. Circa 2002, 2003



Our January 12, 2019 Meeting



JA Stan Ellexson



Stan E, Chee, Ray W, CJ & members



2nd Vice Chuck lighting candles



Happy Birthday Nelson!

A big THANKS to our monthly support team.



Rosemary & Dara



Victor checking the food.



Al Tong helping out.



Our Chaplain Richard Ow eats here



Jack enjoying the meal



Michelle doing the clean up

Happy New Year to all.



From the office of our 2nd Vice Commander Chuck Paskerian



Our honor guard team for World War II Veteran *Walter Fong*. RIP Walter Fong and thank you for your service.

Thank you **TEAM for your service!**



Our WWII heroes returning home with pride.

For those of you who are unaware, the WW2 Chinese American Veterans have been authorized to receive the Congressional Gold Medal. The medal will be awarded to those living and the spouse of those who have passed. Our American Legion Cathay Post 384 was one of the instrumental organizations advocated for this award in Congress. Comrades, please help to spread the word to everyone you can contact that may know of Chinese American WWII veterans who are living or relatives of those who have passed that this medal is available to them or their surviving spouse. They have until March 15, 2019 to submit their application for these awards, applications submitted after that date may no longer be accepted. This information is from Samantha Cheng, Project Director, Chinese American WWII Veterans Recognition Project and Congressional Gold Medal Acts (51050/HR2358), web site. www.caww2.org/preservation.

Best Wishes for a Happy New Year!

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Our American Legion 2018 Oratorical Contest

Special Article from Commander Nelson Lum



From left to right: Comm. N. Lum, Denton Aingworth, Johnny O'Meara, George Hollister

On Saturday, January 26, 2019, I arrived at the War Memorial Veterans Building at approximately 10:30 A.M. As I entered room 202, I was surprised to see that the room was already arranged properly for the oratorical contest to be held at 12 noon. Dan and his lovely wife Teresa Canonizado, both from Post 1, were working hard and attended to all the other details. As more and more legionnaires arrived, the group took on the spirit that we were about to fulfill one of the four pillars of the American Legion that being the pillar of Americanism.

The oratorical contest encourages our youths to study the origins of our Constitution and the amendments that followed, unfortunately, a subject that most of our schools no longer teach or reference. The American Legion saw to it that we must teach our youths the importance of knowing and understanding our Constitution. While the interpretations may change based upon the court's opinions, having the basic knowledge can only enhance our appreciation for being an American. We, as a people, while diverse, must unite under our flag and beholden to the rights granted to every single one of us by the Constitution.

The contestants were three young men; two are students at Saint Ignatius, and one at Lowell. I was glad to see that their parents were in attendance. It speaks well for these young people that their parents are involved with their activities and were there to lend them their support.

The contest consisted of two segments; one segment was a 10-minute prepared oration by each contestant to be followed by a five minute response to a subject dealing with parts of the Constitution selected by the judges. The contest began and as these young men delivered their prepared oration one by one, I was impressed by the level of knowledge they have acquired at this young age about the Constitution. The issues dealing with the 4th amendment was the subject selected by the judges and each contestant was given 5 minutes to prepare their response. Their response must include some practical

applications of the issues, not an easy task. The entire contestant did well and they should all be congratulated.

One young man in particular was outstanding and the judges all awarded him with winning scores. His name is Johnny O'Meara, a junior at Saint Ignatius College Preparatory. He will represent District 8 at the Area 2 contest where he will no doubt face much tougher competition. Congratulations Johnny, the members of our district are very proud of you and we wish you the best as you journey forward. Wouldn't it be great if you end up being the winner at the national and bring home the national title along with the \$18,000 scholarship?

I would like to take this opportunity to thank all the Legionnaires who worked hard to make this contest a success. It is a very important element of the legion and we must do our best to preserve this legacy.

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In this issue, all the following articles of possible interest to our veterans were written, or selected, by me, Roger S. Dong, CB Editor/Post Historian. If you have any gripes, you can email me (rsdong@sbcglobal.net). I have a very large round file. For now, let's roll with our first article.

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Sorry if you missed our Super Bowl Party. It was fabulous. (Not talking about the game that was less than exciting)

On Sunday, 3 February 2019, we exercised our right to party, and we did. We gathered after lunch at our post headquarters and prepared for the Big Game. To many people's surprise, even though our members did not authorize us to spend any money for a larger TV screen at the last membership meeting. We added and installed a big 75-inch Samsung television screen to give a bigger Super Bowl game image, especially to benefit a few of us with myopia. **Whoa, did we ignore our member's refusal to fund a large screen viewing system?**

No, we were good soldiers and followed orders. BUT, the kind and generous heart of our Post member, **Randal Toy**, donated a new Samsung 75-inch beauty and everyone enjoyed viewing the Super Bowl with pleasure and joy. **THANKS Randy**. We owe you a beer or two. Not me, but Nelson owes you some beers. He has connections with beer distributors.

The party was spectacularly successful in attracting a crowd of about 120 attendees. It seemed to me that many were friends connected to our Finance Officer George Tsang. To insure his friends would remain his friends, ole' George ordered and with help of volunteers, prepared 50 lbs. of prime rib. The prime rib was superb. I heard only praises and no complaints. My complaint is that I did not get enough prime rib. But that was not George's fault. I did not want to go through the meal line a second time for fear that I would over indulge.

And I opine that the feed was great because even though the new screen was great, the Super Bowl did not turn out to be very super. There was minimal offense and so we did not get to make a lot of joyful noise.

After the party, we had many helpers clean up and I even observed our post commander trying to sweep up the generous amount of waste on our floors. Nelson is good at many tasks, but his floor sweeping was not very impressive.

We had such a great event that someone suggested that when and if our Golden State Warriors get into the finals in June, that we have another party on Powell (Street).

All in favor, say, Aye. **AYE!!!** No Nays, noted and Abstentions are not acknowledged.

GO WARRIORS!!!

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National Security Cutter Bertholf departs for Western Pacific



USCG Public Affairs

The CGS Bertholf departed to the Western Pacific to support our US Navy operations, shortly after the Department of Homeland Security was directly impacted by our National Shutdown, probably in the South China Sea, where our Navy ships are figuratively bumping heads with China's Navy and their Coast Guard ships. The potential for conflict is above normal when we have our military ships and China's military ships playing chicken. Military watchers are very concerned that a minor incident can potentially start World War III.

The U.S. Coast Guard has an enduring role in the Indo-Pacific going back over 150 years. The service's ongoing deployment of resources to the region directly supports U.S. foreign policy and national security objectives in the Indo-Pacific Strategy and the National Security Strategy.

"The United States is a Pacific nation," said Vice Adm. Linda Fagan, commander Coast Guard Pacific Area, who was present to see the cutter depart. "We have deep and long-standing ties with our partners in the region, and more importantly, we share a strong commitment to a free and open Indo-Pacific, governed by a rules-based international system that promotes peace, security, prosperity and sovereignty of all nations."

Bertholf will be operating in support of United States Indo-Pacific Command, which oversees military operations in the region. As part of its planned operations, the cutter will engage in professional exchanges and capacity building with partner nations.

"Security abroad equals security at home," said Fagan. "Enhancing our partners' capabilities is a force multiplier in combating transnational criminal and terrorist organizations and deterring our adversaries."

As both a federal law enforcement agency and an armed force, the Coast Guard is uniquely positioned to conduct defense operations in support of Combatant Commanders on all seven continents. The service

routinely provides forces in joint military operations worldwide, including the deployment of cutters, boats, aircraft and deployable specialized forces.

Our loyal and brave Coast Guard continued serving the Nation, even though, their paychecks were recently delayed. The disagreement between our President and Congress did result in Homeland Security organizations and even the Department of Justice's FBI, our Air Traffic Controllers and FDA food inspectors temporarily worked (35 days) without pay. Many of the younger and lower pay members of these organizations were visiting food banks and receiving donated canned goods and other help to hold them until the Shutdown ceased. It was unfortunate that the Shutdown affected the jobs of many involved with our national security. Fortunately, the Shutdown was shut down on January 25, 2019, and paychecks reportedly have been delivered and received a week after the Shutdown was shut down.

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V.A. preparing to shift funds from for our VA hospital system to the Private sector.

Despite the controversy and the objections of many veterans and the current Speaker of the House, Nancy Pelosi, the V.A. reportedly is planning to shift some of its funds into the private sector. This has been an objective of the current Administration and it is partially justified by past complaints about waiting lines, slow service for some of our recent veterans returning from the Middle East conflicts, and past reports of hidden waiting lists.

The re-direction of funds earmarked for the V.A. healthcare system into the private sector may mean some veterans in some locations may get more timely service, but the reduction of V.A. funds means less money to run current programs. The effect on the V.A. in the future is unknown, but less funds means less resources within the V.A. to care for 7 million patients currently supported annually by this organization.

Other opinions believe that the load on private hospitals and services will strain that system, and could cost the taxpayer even more.

Even though, the intention is to speed up and stream line healthcare to veterans, we will have to see some results before making any final opinions.

Future changes in Executive Administration can reverse the current initiative.

Regardless, we all hope and pray that whatever changes are conducted, that our veterans, especially our returning wounded warriors from the Middle East conflicts, get the quality healthcare they need to recover from their war experiences, and successfully transition back home.

Source: "V.A. Seeks to Redirect Billions of Dollars Into Private Care," J Steinhauer and D Philipps, AP, 190112.

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1 is the loneliest number. Nine (9) percent of all Americans over 50 years of age are living ALONE

Today, our Baby Boomers (approximately 8,000,000 people living in their own custody) are aging alone more than our past generations. Alone means living by yourself, without a spouse/partner, a living child or other family member. When you are a senior, it is much harder to find a compatible partner to live with. This silent and lonely "disease" is very sad (and potentially tragic) as everyone really needs a good

companion. In senior years, a companion is needed not just to have someone to talk to, but someone who can help you when you really need help. A reminder that all seniors are susceptible to falls.

Most seniors are injured by falling down. Falling down is a very common accident to all elders. If the fall is minor, having someone around to help you up may not be necessary. But if the fall is the result of heart failure or a major stroke, having someone around is critical. **For stroke, minutes count.** We have all read about a senior living alone who had a serious fall, and it was days before anyone found the victim. We may even know someone.

There is also the fear of falling which predictably appears to any senior who has fallen, or heard of friends falling and receiving serious injuries. Especially the elders who are not very mobile, their sedentary, senior life style makes them more vulnerable to serious injury as their falls are more dangerous due to their age and fragility.

A few years ago, our honorary Cathay Post member, Major Kurt Lee, living alone, had a heart attack, and because he was living alone, he died alone. Had there been someone else around, he may have survived. But there wasn't, and his lonely body was not found for a week. Local police officials had to break into his home to discover him, but it was too late. R.I.P. Major Lee.

The moral is, living alone, especially for seniors is dangerous - even more dangerous if the senior is handicapped or has serious medical issues. Note even a healthy fit senior can fall and get hurt badly. We must all take this issue seriously. Several of our own Cathay Post senior members are living alone today. Do they have portable medical alert alarm system? It could save their lives!

Portable medical alarms may be helpful, but seniors can have a falling accident when they do not have the alarms in their control or proximity. It is not safe for most people to get old and live alone. Those of us lucky enough to have family members living with us when we are seniors should thank God. In America, traditional families are disappearing, and thus there are millions of seniors who live alone. Seniors without a caring family will be lonely and live risky lives - likely shorter lives. Please take care of your senior family members. If not already, you (and I) will be seniors someday. That someday may arrive sooner than you (and I) expect.

Sources: Multiple sources and "More Than Ever, Americans Age Alone," Janet Adamy, Paul Overbert, WSJ, 181212, p A1, A12

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Here is the story of an American Hero, Attorney Mike Moore



Michael Moore, MichaelMooreLawFirm.com

Serving as Mississippi Attorney General, Mike Moore tamed the tobacco industry and he is now aiming at the Opioid industry.

Summary of Sixty Minutes, “Opioid Crisis” segment, December 14, 2018.

This episode of Sixty Minutes, “Opioid Crisis: The Lawsuits that could bankrupt manufacturers and distributors,” told the shocking and inspiring story of attorney and politician Michael Cameron Moore who served as Mississippi’s Attorney General from 1988- 2004, who took on the entire tobacco industry

(and won). In 1994, he filed the first lawsuit against the major thirteen tobacco companies. The law suit claimed that the tobacco industry should reimburse the State(s) for the costs of treating smokers suffering from smoking-related illnesses. (Maybe they noted that there are 500,000 deaths each year in America ((Global tobacco annual deaths is around 2,000,000)) related to tobacco too.) Moore’s case was joined quickly by Attorney Generals from several other states. A public campaign was conducted in many states emphasizing and educating that tobacco was a great threat to health, often leading to death. In 1998, the tobacco industry capitulated and a \$250,000,000,000 (billion) settlement resulted.

This time, Moore is taking on the opioid producers and the distribution companies (trucking firms). Drug manufacturer’s records document the abnormally high volumes of opioids distributed to discrete locations nationwide. The records reveal that huge volumes of opioids were delivered to small towns like Kermit, West Virginia with a population of 400 people, which was saturated with over 9,000,000 (million) doses of opioid capsules in local pharmacies. This anomaly should have been questioned by the manufacturer and the trucking firms - thus they are culpable.

Moore stated that just in the state of Ohio, between 5,000 and 6,000 people die from the drug epidemic annually. One major manufacturer claimed that the use of the common opioid, “oxytolin,” was not very addictive, that the addiction rate was less than 1%, which was/is untrue. (For details, check out additional sources below.)

Many states and 1500 cities have joined in the legal fray. There will be a lot of news releases identifying the drug makers and delivery services. (Check out very recent additional sources below)

This legal action is a big deal and we will have to watch for future developments.

Source: “Opioid Crisis: Attorney Mike Moore and the lawsuits that ... “ - CBS News <https://www.cbsnews.com> > 60 Minutes > Newsmakers

Additional Sources:

<https://www.wsj.com/amp/articles/purdue-pharma-family-had-heavy-hand-in-opioid-marketing-complaint-says-11547600253>

<https://www-m.cnn.com/2019/01/28/health/purdue-pharma-sackler-family-opioid-crisis/index.html?r=https%3A%2F%2Fwww.google.com%2F>

https://www.washingtonpost.com/amphml/national/lawsuit-claims-sackler-family-disregarded-safety-opioid-addiction-in-purdue-push-to-profit-from-oxycontin/2019/02/01/5d29e072-2660-11e9-90cd-dedbc92dc17_story.html

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Our National Security Section:

This Wall must be funded – our *Cyber Wall* must be built. We must deny the intrusion and disruption of our utility networks by our foes!!!

Hackers have been probing our national power grid and gas lines. We should be very concerned.

Our national power grid system has been hacked for years, mainly by Russians, who have been probing our electric power network, trying to gain control and the capability to shut down, parts, or all, of our power grid(s). If successful, electricity will not be available to each part of the network, they can control. We assume that our enemy(ies) would like to control, all, or most, of our power grid. Without electricity, no modern country can function, and if electricity can be shut off, for weeks, or months, many people will die. You can defeat a major nation without nuclear weapons, if you can shut down its national power grid.

Electricity was one of the most important discoveries that took man out of caves and become urbanized. It drove the engines that enable the industrial revolution in the 1800s and was the main reason why the West (Europe and America) ruled the world the last 200+ years. Electrical power, for many of us, is assumed to be natural part of life. It isn't guaranteed today. Electricity is produced by man in power plants and this power source is distributed, normally 24 hours a day, via power lines into every home in developed countries.

Modern life is only possible with a dependable, distributed electric power.

The water delivered to my/our homes is driven by electricity driven power plants that distribute and deliver water everywhere. The gasoline that we need to run our vehicles (cars and trucks) is pumped into vehicles by electric powered pumps. Almost everything we eat is delivered to local stores by vehicles. Suffice to say that electric cars must have electricity. Our computers, cell phones, most of our home appliances, medical devices in hospitals and homes, everything is powered by electricity. We would not have access to our money from ATMs, which are powered by electricity. A solar powered home can power your at home devices, but we must still, all have water and food to survive, which must be delivered by vehicles. Without water, a human can only survive 3 days. Without food, we can survive, very weakly, for a week. Millions would perish if our national electric grid were disabled for a month. Without electricity for 6 months, the 50%+ of the population in any country will not survive. Any nation can be destroyed without nuclear weapons, if that nation is denied electricity. Do I have your attention?

The media (PBS and WSJ) reported that, according to the FBI and Homeland Security, since at least March 2016 Russian government cyber warriors have been targeting and invading our critical infrastructure. The computers and networks that manage our conventional and nuclear power installations and many businesses have been under siege by the Russians. They have inserted malware, gained access to key personnel user IDs and passwords, and performed spear-phishing operations in our computers and computer networks.

On January 30, 2019 our national intelligence leaders warned Congress that that Chinese hackers had been intruding and examining our gas line networks, and potentially could shut down our gas lines and cause severe disruption to our economy.

What can we do to stop these dangerous threats?

One major force would be to have the same offensive power our enemy(ies) have to conduct disruptive actions to gain control/shut down their electric power sources/grids, gas networks and water networks. If we have these credible capabilities, we would need to let our foes know, that we are capable of shutting down their utility networks too! Our foe(s) know that everyone needs electric, gas, and water resources to survive and run their countries, a credible threat to retaliate, should be an effective deterrent any potential attack.

In the meantime, whatever logical defenses can be quickly demonstrated that we are not vulnerable to hackers, and that we, too, can disrupt their utility and water networks would be a useful defense. We must deter/discourage unwanted intruders from having access to our computers that control our critical infrastructure networks. Sophisticated passwords are not sufficient defense.

Recommended by the President's National Infrastructure Advisory Council, we need separate; secure communications networks to deny access to our infrastructure computers and networks. We must, at a minimal, expand our private, broadband LTE networks to defend against anyone who tries to interfere with our critical infrastructure's computers and networks. For smaller operations, I am told that these operations should operate without digital controls, the way they operated before the days of global digital controls.

This may mean that these downgraded operations will be less efficient, but they will not be so easy to disrupt with cyber operations from our enemy(ies).

It is reported that the Department of Energy has initiated an “Office of Cyber security, Energy Security and Emergency Response,” to protect our critical nation’s power grids.

In 2015, the Russians disrupted and disabled the power grids in Ukraine which denied power to 200,000 people. This is a warning to us.

The stakes are very high, and we should let our enemy(ies) know that we can be offensive warriors too! Disrupting our enemy (ies) power sources should be a stunning warning.

Sources: “Russian Hack Exposes Weakness in U. S. Power Grid,” Wall Street Journal, 190111, p A1, A9

“Russians’ Hacked our U. S. Power Grid, ...” Brian Naylor, NPR, 180323

“Can the US protect its power grid from hackers?” *Science Friday*, April 07, 2018 •By Stephen Schmidt

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Putin Boasts his “Avangard” hypersonic missile will be ready sometime in 2019.

The major powers of the world have during the past year boasted about making progress with their future “hypersonic” aircraft and missiles that will travel super fast and capable of maneuvering, which will make such systems impossible to defense against.

Russian President Putin boasted late in 2018 that their “Avangard” hypersonic system will be ready in 2019. If true, it will be a real threat to her enemies and foes. If an aircraft or missile can travel more than 5 times the speed of sound and can also change direction, current radars and anti-missile systems will not be able to detect and respond defensively to protect any nation. Putin is likely hyper ventilating. He is a bully and such boasting is to be expected.

However, whether or not, that is an idle boast, our own hypersonic efforts need to be funded adequately, because if any of our foes develop hypersonics before us, the only real defense is to have like systems that can attack our foes.

It is very interesting that the Russians also claim that some of their key hypersonics scientists were “traitors” and had to be arrested, after releasing some of their hypersonic secrets to their enemy. I hope we received some really vital information.

Because these types of weapons can deliver conventional and nuclear warheads, foreign development of hypersonic systems is a very high priority for our surveillance.

Source: “Putin Claimed His Hypersonic Missiles Were Invincible. Then He Jailed the Developers.”

Anna Nemtsova, David Axe, WSJ, 12.31.18 5:17 AM ET

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Long range Chinese ICBM recently tested to warn the U. S.

On January 29, 2019, Chinese Media (CCTV) reported that the Dong Feng (DF) – 41, long range ICBM designed to reach targets 12,000 – 15, 000 km away was recently tested successfully targeting an “imaginary enemy.” The DF 41 is speculated to be in development in the West, but China wants to advise

the World that this system may now be ready and ready to defend China if she is attacked by an “imaginary enemy.”

If a cold war has been started between the U. S. and China, this type of announcement is predictable for both sides to threaten retaliation if a war is initiated by one side. The PLA is telegraphing that China is ready for a nuclear war, if America starts one.

Simultaneously, the Chinese have stated that they are also working on “hypersonic” platforms that will facilitate her objective to push the U.S. away from the Asian continent so that it can dominate Asia.

Most analysts believe that China’s primary objective is to dominate the world economically, and replace the U.S. as the major economic and political player in the World. She does not want to use her military to dominate the world.

Source: “Chinese missile drill tests” SCMP, 190124

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More News on Congressional Gold Medal for Chinese American WWII veterans

I was on Facebook recently reminding many FB participants that our Chinese American World War II veterans need to be recognized for two major contributions that they made with their patriotic service to our Nation during WWII. The nasty Chinese Exclusion Act was repealed in 1943 (Thank God) and shortly after the War ended in August 1945, Congress passed three War Bride Acts (1945, 1946, and 1948) that authorized Chinese American veterans to bring home brides and fiancées. That legal proceeding resulted in the repopulation of Chinese Americans in our Country. If this Act had not been promulgated, today, 73 years after the War, there may not be any of us around, because without families and offspring, our population would be near Zero.

We owe our Chinese American WWII veterans a lot, a lot more than most people realize.

Another important point regarding the overwhelming support from both the Senate and the House of Representatives, note that the support of this bill was unanimously accomplished in both Houses and signed by President Trump. There are few issues that get accomplished without a whimper, question, or objection.

In my opinion, the “unanimous” support from The American Legion at our recent National Convention was a critical factor in eliminating any potential naysayer or objector to the award of the Congressional Gold Medal for the heroic military service of our WW II Chinese Americans. It is not noted in most reports that in 1942, almost every Chinese American of age to serve our Nation, did so. Do not forget, in 1882 when the Exclusion Act was passed, no Chinese women were allowed to immigrate to America, except for the families of businessmen, diplomats, students and clergymen. The 20,000 young men and women who volunteered to serve in WWII were virtually all the young people we had in America. 1882 - 1942 was 60 years of exclusion.

And that dear readers, is the rest of the story.

Added Note: Met Boston C.A.C.A. President Wilson Lee and Esther Zee Lee this week and learned the following vital information. The US Mint will design the 16 oz bronze Chinese American veterans WWII medal. **(Hooray!)** The original medal will be displayed at the Smithsonian. Boston C.A.C.A. is funding a medal with case for all the WWII Veterans, or one member of their families. Additional medals will be available as follows. \$16.95 for each bronze medal, three bronze medals for \$39.95. A big hand for Wilson and many C.A.C.A. members who talked to many Congress members and obtained a 100% support from the House. That required a lot of effort. **(Hooray!)**

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Until our next issue, see you at our next post meeting this coming **Saturday, February 9, 2019.** Same Bat time (1100 hours). Same Bat place (1524 Powell Street).

Next month we will feature a major report on the SPS, or Single Payer System also known as Medicare for All, a challenging effort to provide affordable, but not free, medical care for all citizens. The health insurance companies may spend billions to stop that proposed project.

Maybe we will have some Prime Ducks to celebrate the Chinese New Year! See you there to enjoy the food and comradeship.