



From the Commander's Desk

I want to thank Ms. Cathay Post, Em Zhu, for taking the lead with the Red Cross and all of our participants for helping with Cathay Post's very successful Japan Earthquake Relief Fundraiser.

As you know, May is Asian Heritage month and we have a busy celebration schedule. On May 2nd, Cathay Post will be one of the sponsors of the Asian Heritage Celebration at the War Memorial Veterans Building. We kicked it off last week with Ca-

thay Post members on 7 Live at ABC Studios. There will also be another Asian Heritage party at CBS 5 on May 11th, 5:30 PM at 934 Brannan St. All Post members are invited to attend. The Post had a great time celebrating with many of the anchors and reporters.

Cathay Post will also be at the Asian Heritage Street Fair on May 21st. Our Color Guards will be opening



The Earthquake Relief Fundraiser.

the ceremony and leading the parade. I invite all Post members to participate in the opening parade in your Asian attire. Let's show our support for our veterans.

At our next general meeting on May 14th, the ballots for our Cathay Post Election will be counted and our new board will be announced. Please come to meet and congratulate our new board.

This summer, which is

(Continued on page 9)



Asian Heritage Celebrations at CBS 5 in 2010.

NEXT BOARD MEETING: Saturday, May 14, 2011 @ 1100. All Cathay Post members and supporting friends are welcome. Lunch will be served immediately after the Board meeting.

Inside this issue:

The 1st Vice Commander	2	SF Hep B Free	14
The 2nd Vice Commander	3		
The 3rd Vice Commander	4		
CP384 Needs Volunteers	6		
Looking for a Vet	6		
Board of Trustees Rejects VRC	7		
CAH Honors Maxine Hong Kingston	8		
R2R David Lang	11		
ACCT Founders Luncheon	13		

Cathay Post. No. 384 American Legion

1524 Powell Street
San Francisco, CA 94133
Telephone: 415.392.2882
Fax: 415.399.0551

www.chineseamericanveterans.org

From the 1st Vice Commander

Because of short publication deadlines, I am writing this column early. When you read this article, I will be at the tail end of a two week trip.

Congratulations are in order for our Commander Ron Lee for his nomination by Governor Jerry Brown. On March 23rd, Governor Brown submitted Commander Lee's name for selection to the Selective Service standby board. His name was forwarded to President Obama's Office for appointment and was subsequently confirmed. In the best interest of national security, we all hope that there won't be a need to activate the local boards. In addition, Cathay Post's board member, Hanley Chan, currently serves on a local Selective Service standby board. Shortly, I believe there will be a third member from the Post who will be on the Selective Service standby board as well. As you can see, Cathay Post is well represented. Incidentally, our past Commander, the late Bok Pon, served on the Selective Service Board for a number of years.

The Post has approximately 97 veteran members, the highest total in recent memory. Our 98th member is currently in the pipeline, waiting for paperwork processing. He is a recently discharge veteran from the Iraq war. Our 99th member is also in the pipeline. Mr. Roger S. Dong at the moment of this writing, will be transferring his membership from another American Legion Post to Cathay Post. Roger is a long time



Cecilia "Cee Cee" Wu made a generous contribution of \$818 to Cathay Post in Memory of James Hall.

friend of our Post. I first met Roger at the Post's 75th Anniversary dinner in the reception area. He wanted to learn more about the Post, since he is the founder of a non-profit organization, Chinese American Heroes. Roger recruited Galin Luk, a San Francisco civil trial attorney and a Marine Corps veteran. Galin later recruited Michael "Young" Louie, an IT specialist in San Francisco to the Post. Michael is giving back some of his time to the Post by volunteering as the assistant editor and technical/design editor for our monthly Chronicle. Both Galin and Michael will assist the executive board in producing the

80th Anniversary yearbook edition. Thank you to members who have made referrals to veterans about joining the Post. Non-veterans may also join Cathay Post as support members.

If you want to find out how many members belong to Cathay Post or any Post in California, go to the Department of California's website, then select the Department of California American Legion link, click on membership and then click on District 8. While Cathay Post is not the largest post within District 8, it is in the top tier as well as one of the most active posts in the state.

Support member, Cecilia "Cee Cee" Wu recently made a contribution of \$818 to Cathay Post in Memory of James Hall, who served as Commander of this great Post from 1956-1957. His name is listed on an old roster panel that is proudly displayed in the boardroom. What a tremendous tribute to a past commander. Thank you Ms. Wu.

Important note: please come to the meeting on May 14th and learn about the election results for the next two years. Members, please wear your red Polo shirt, as there will be various group photo sessions. These photos will be included in the 80th Anniversary Yearbook. Veterans are encouraged to bring their military photos to the May meeting. We will have a team of young veterans who will scan your photos and return them to you on the same day. We will use include some of these photos in our yearbook.

David Y. Wong
1st Vice Commander

From the 2nd Vice Commander

I want to thank everyone who voted in the recent Cathay Post elections. Your vote will determine our leaders for the next two years. We should never take for granted our right to voice our opinions by voting. All those who have served, died, and have not come back paid in sweat and blood so that you have the right to participate. Honor them.

This month we reflect on the US Marine Corps Flag [reference: www.united-states-flag.com/marine-corps-flag.html].

Little information is available on the flags carried by early U.S. Marines. Initially, Marines may have carried the Continental Colors, also known as the Grand Union Flag. In 1776, it was considered the official flag of the American naval forces by the Maritime Committee of the Continental Congress. Although not officially recognized, this flag is considered to be the first American flag, influencing the design of the 13-star Betsy Ross flag.

In the 1830s and 1840s, Marines carried a white flag with gold fringe. It contained a depiction of an anchor and an eagle and the words "To the Shores of Tripoli." After the Mexican-American War, "To the Shores of Tripoli" was expanded to "From the Halls of Montezuma to the Shores of Tripoli."

In battles during the Mexican-American War and Civil War, field Marines carried a flag with alternating red and white stripes. An eagle perching on a shield of the United States was superimposed in the canton. A half-wreath was positioned be-

low the shield, and 29 stars encircled the entire design.

By 1876, Marines were carrying a version of the American flag, which included the words "U.S. Marine Corps" embroidered in yellow thread through a red stripe in the middle of the field. In 1921, orders stopped the manufacture of American flags with the words "United States Marine Corps" or with yellow fringe. The next year, all American flags with yellow fringe or wording on them were retired. Since the 1940s, the United States Flag Code has prohibited the addition of words, symbols or marks of any kind on the American Flag.

In 1914, a blue flag was carried by Marines. The flag featured the Marine Corps emblem (eagle, globe and anchor) encircled by a laurel wreath. A scarlet ribbon above the emblem carried the title "U.S. Marine Corps," and a second scarlet ribbon beneath the emblem included the Marine Corps motto, "Semper Fidelis" (Latin for "Always Faithful").



A flag similar to the 1914 flag was used by the United States Marine Corps 4th Regiment. This flag, deemed "Old Blue," contained the Marine Corps em-

blem in the center of the blue field. A scarlet ribbon above the emblems reads "Fourth Regiment," and a scarlet ribbon below the emblem reads "U.S. Marine Corps." As the regiment's colors were changed to scarlet and gold, Marines were ordered to burn the old flag. One Marine was unable to do so and hid a flag in his sea bag. He died in the line of duty in China, but the flag survived for many years, eventually making its way to the Command Museum, Marine Corps Recruit Depot, San Diego, California in 1991. There it was fully restored. It's the only known flag of its kind to have survived.

Four years later, scarlet and gold were officially designated as the



colors of the U.S. Marine Corps. A flag incorporating the new colors was not adopted until 1939. This flag, which is essentially the same design as our current U.S. Marine flag, includes a scarlet field and gold fringe. The Marine Corps emblem is in the center of the flag with a small banner held in the eagle's beak that says "Semper Fidelis." A larger banner below the emblem says "United States Marine Corps."

(Continued on page 5)

From the 3rd Vice Commander

Last month I promised that in this edition of the Chronicle, I would be posting my smiling face next to that ever elusive marlin. Unfortunately, a seal ate my marlin and I've got proof of it. That smile from the seal says only one thing: thanks for the marlin. Once again, it is "wait till next year." I had a terrific time down at Cabo fishing with my life-long friend who joined me from Washington D.C. The weather was nice and we had plenty of cervezas to quench our thirst.

It was back to reality as soon as I got back to the City. On the 14th of April, the Board of Trustees voted to deny our request to establish room 336 of the War Memorial Veterans Building as a Veterans' Resource Center (VRC). This vote came despite the herculean effort made by our Chairman Roger Dong. Chairman Dong not only arranged all the necessary background preparation, but also solicited and received funding commitments of over \$45,000 from various donors. Additionally, he obtained organizational donors who will furnish the VRC with cubicle dividers, computer stations, and computers in support of this project. To my knowledge, this is the first time that the American Legion War Memorial Commission has stepped up to the plate with a comprehensive business plan, along with financial backing to effect and facilitate the needs of the returning veterans



Seal (Lou) agrees to pose with Nelson Lum after eating his marlin.

[you can read more about the VRC in Chairman Dong's article]. The VRC will not cost the City a penny, but if we're able to keep just one veteran from being homeless, the City will benefit greatly. Unfortunately, due to reasons not made clear to us, the trustees refused to allow us to occupy a room that is currently collecting dust with no plans for it to be used until after the retrofit. What's really disappointing is that the trustees initially voiced their approval of the VRC concept but it seems they were only giving lip service.

Comrades, the issue before us may have long term implications, especially after the planed retrofit of the WMVB. The trustee's current plan will allocate space to veterans primarily on the second floor. If the plan is implemented, the veterans, will

lose approximately 15,000 sq. ft. of usable space. We are in total disagreement with the Trustees planed allocation. While we may agree with moving from our current office spaces on the first floor up to the 2nd floor, we are adamant that we should be allocated space on the third floor for the VRC and the Veterans Service Organizations (VSO) to provide services to our veterans.

We suspect the rejection is part of the trustees' efforts to keep us from expanding onto the third floor and thus prevent us from being able to cite to the success of the VRC as reasons to stay on the third floor after the retrofit. As I have indicated many times before, under the chairmanship of Roger Dong, we have steered our efforts toward cooperation

(Continued on page 5)

From the 2nd Vice Commander

(Continued from page 3)



Cadet Sabo, with the Cathay Post board, receiving her award.

Congratulations to Cadet Samantha Sabo, winner of the Chinese American Soldiers of the Potomac Award for 2011, who was selected by the USF ROTC staff for her excellence.

Cadet Samantha Sabo is a Political Science major at the University of San Francisco. She has a 3.86 GPA and an Army Physical Fitness score of 366. Commander Ron Lee, Nelson Lum, Ed Wong, and I presented the award along with \$1,000 to Cadet Sabo on April 29th at USF during the 2011 ROTC awards ceremony. Once again CONGRATULATIONS!!!

It's final. Rondoe Taylor, Ashanti Dudley, and Conor Lane will be representing Cathay Post No. 384 at Boys State. Because of your efforts, our candidates make up 25% of the District 8



representatives. This again proves what an active and dedicated Post can accomplish. For any question about Boys State or the ROTC program at USF please email me at jpon@ps.net.

May Joy and Happiness follow all of you.

Jay Pon
2nd Vice Commander

From the 3rd Vice Commander

(Continued from page 4)

and negotiation. Nowhere have we ever said we would not fight if we are not being treated fairly by the other side. What we have done thus far is to establish that we are and have been very reasonable in our dealings with the trustees.

If the situation necessitates litigation, we would be seen as the party that was reasonable to the jurors and therefore, our chances of receiving a favorable judgment would be enhanced.

Well, the time to take a stand

is now. Thus far, we've been cooperative, respectful, and approachable in our dealings with the trustees. The rejection of our request may be the straw that breaks the camel's back. As I am writing this article, efforts are being made to force the trustees to reconsider their decision.

We've contacted various members of the Board of Supervisors, the Mayor, and members of the media. We hope the Trustees understand we are not going to give up easily and litigation may just be around the cor-

ner.

Just a note of reminder to everyone: if you use Room 206 at the WMVB, please don't forget to sign in at the security booth in the lobby. The room must be kept clean. Please do not use any of the adjacent rooms unless you've received permission from the War Memorial Commission. Thank you.

Nelson Lum
3rd Vice Commander
Vice Chairman, American Legion War Memorial Commission

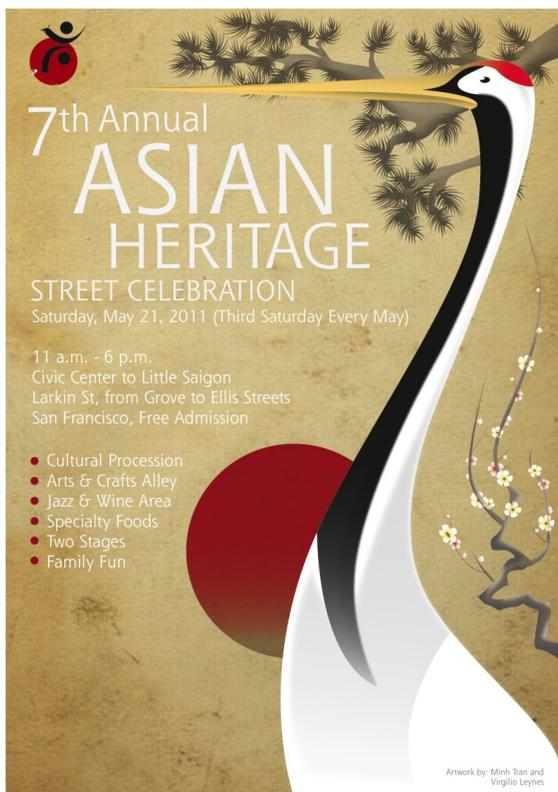
Cathay Post Needs You to Volunteer for The Asian Heritage Street Fair

I am honored to announce that Cathay Post has once again been asked to serve as Color Guard for the opening ceremony of the Asian Heritage Street Fair, which will be held on May 21st. I am looking for volunteers to serve on the Cathay Post Color Guard Team to open the festival. The festival ceremony will begin at 11 AM. The Color Guard Detail will meet at Room 206 at the War Memorial Veterans Building at 10 a.m. I would also like to invite the ladies to walk in the cultural procession with Asian cultural clothing during the opening parade. This will be a fun event. Please contact me with questions and to confirm your participation.

Ron Lee
Commander



WE WANT YOU!



Looking for a Vet



HandsOn Bay Area [www.hoba.org] may be hiring a veteran to work in its office for up to 20 hours a week to help with its volunteer programs.

This Veteran Fellowship would be arranged through an organization named "The Mission Continues", which works to help vets returning from Iraq or Afghanistan to reacclimate to civilian work, while continuing their service to the country.

For more information email Mr. Donald Cooper, Development Manager / Volunteer Project Leader at donald@hoba.org.

Board of Trustees Rejects Veterans Resource Center



On Thursday April 14, 2011, the San Francisco Board of Trustees rejected the San Francisco American Legion's request to use a **vacant room** in the War Memorial Veterans Building (WMVB) as a Veterans Resource Center (VRC). The purpose of the VRC is to provide counseling and job training to large groups of returning hometown veterans.

There is an obvious need for these types of services for our returning veterans who face major obstacles in transitioning to civilian life. Stated simply, many of our brave veterans who have survived their deployments are now returning unemployed. The younger troops need a variety of basic job skills. Many of the middle aged reservists and National Guardsman need career counseling, partly because some have lost their jobs due to repeated deployments.

To provide badly needed assistance and counseling, our local American Legion proposed a Veterans Resource Center with services provided by professionals from the local veterans service organizations (VSO) such as the San Francisco County Veterans Service office, the Veterans Administration's Training Center and the State of California's Employment Education Depart-

ment (EDD, Veterans Department). The proposed VRC would have provided a large user friendly space for veterans to receive the best counseling and personal computer based training for job and career guidance.

The Board of Trustees arrogantly questioned whether such a facility is needed, and suggested that they did not wish to offer space in our Veterans building to help our San Francisco veterans at a time of their greatest need. While the Board of Trustees, appointed by the Mayor of San Francisco, are all prominent and successful individuals in their own businesses and career, they are not qualified to question whether a VRC is needed. The experts are the staff of the VSO.

The Board of Trustees rejected the request even though the veterans had worked for months to and successfully raise funds to staff the VRC, and obtained donated furniture and personal computers from a very supportive business community. Our San Francisco veterans were not asking for funding or any other help, except for a vacant office.

The California State EDD and the San Francisco County Veteran's Office sent letters endorsing the need for the VRC. Ms.

Cheryl D. Cook, Assistant SF County Veterans Service Officer wrote, in part:

"As I understand it, the Veterans Resource Center (VRC) will be used to bring veterans together for enabling services such as training, workshops, career building, self-help sessions and VA claims assistance, to name a few.

The City & County of San Francisco has a history of recognizing and honoring the military service of our war veterans and peacetime veterans.

San Francisco now has an opportunity to expound on its gratitude by giving them a place to call their "Resource Center". This VRC will serve as a multi-service center, not only to provide services to veterans, but also to provide a venue for veterans' specific programs, agencies and services that can offer in-service training and workshops for those advocating for veterans rights. And not a "few years down the road", but a few months from now!

The San Francisco County Veterans Office, a veterans' claims assistance program under the Dept. of Aging & Adult Services, stands ready to become a part of

(Continued on page 8)

CAH Honors UC Berkeley Professor Emeritus and Author Maxine Hong Kingston



On April 21, 2011, the Asia Society and the Mechanics Institute in San Francisco held a book reading by Oakland native and resident, Professor Emeritus Maxine Hong Kingston.

Over one hundred fans heard the author read from her latest "I Love a Broad Margin to My Life," and listen to her conversation with noted author Andrew Lum, the editor and co-founder of New America Media, and au-

thor of "East Meets West" and the award winning "Perfume Dreams."

Chinese American Heroes (CAH) had been trying to present Professor Kingston with her Hero's plaque for several years. When CAH learned about the book reading, CAH arranged to surprise Ms. Kingston with her much deserved "Chinese American Heroes Award", and we did exactly that by showing up un-

announced to make our presentation to the famous author.

Cathay Post is pleased that our strategic partner, **Chinese American Heroes**, could honor one of our most famous female authors.

Roger S. Dong, Chairman, American Legion War Memorial Commission

Board of Trustees Rejects Veterans Resource Center

(Continued from page 7)

this historical effort and gives its support and gratitude to the American Legion War Memorial Commission for undertaking something that the City & County of San Francisco can't ignore and that is, continuing to take care of its veterans." **A copy of this letter can be**

found on page 10.

The Veterans Service Organizations have stated in writing that they would use the VRC to serve our homebound veterans. Unfortunately, the efforts of our San Francisco American Legion were deemed not acceptable by the Board of Trustees. Indeed, the trustees heartlessly rejected the need for a VRC twice in sepa-

rate meetings last month.

We find the Board of Trustee's rejections of this very much needed and noble endeavor to be UNACCEPTABLE. I am shocked and so ashamed of this heartless response from our Mayor's Board of Trustees. The Board of Trustees cannot ignore our vet-

(Continued on page 9)

From the Commander's Desk

(Continued from page 1)

just around the corner, we will be hosting the USS Rodney Davis for lunch upon its arrival in San Francisco. Cathay Post is honored to support our active duty troops.

As many of you know, last year Cathay Post hosted a Summer Fashion Show. Due to popular demand, Em Zhu will be producing our Second Annual Fashion show, to be held in the Carnelian



Asian Heritage Celebrations at the Herbst Theater in 2010.

Room, this June. I want to thank Em for putting on such a great show last year and for putting on another show this year.

As many of you know, the Post is working on an 80th Anniversary Year Book. Please be sure to send me photographs of you in the military so that we can include it in the yearbook. As 1st Vice Commander David Wong mentioned in his article, you can bring your photos to

the May meeting. A team of young veterans will scan your photos and return them back to you on the same day.

Our Annual Dinner will be on August 19, 2011 at New Asia. Please mark your calendar and



2010 CP384 Summer Fashion Show.

save the day.

I want to see you at all the upcoming events because I want Cathay Post to remain the most active post in the West.

Ron Lee
Commander

Board of Trustees Rejects Veterans Resource Center

(Continued from page 8)

erans, who are returning from highly stressful and dangerous deployments. We, as citizens of the City and the Bay Area, have a very solemn obligation to do whatever it takes to help our returning veterans obtain jobs to

take care of their families.

I encourage you to contact Mayor Lee's office at 415.554.6490 to voice your strong objections to the trustee's refusal to help our veterans who have served bravely and made great personal sacrifices on behalf of all of us so that we, in-

cluding the Board of Trustees, can live safely and enjoy our freedom.

Roger S. Dong, Chairman,
American Legion War Memorial Commission



SAN FRANCISCO COUNTY VETERANS SERVICE OFFICE

Thursday March 10, 2011

War Memorial Board of Trustees
Board of Trustees Veterans' Committee

Greetings...

Please accept this letter of support for the request and desire of the American Legion War Memorial Commission to create a **VETERANS RESOURCE CENTER** in this historic building erected and dedicated to the men and women who served, past and present.

As I understand it, the Veterans Resource Center (VRC) will be used to bring veterans together for enabling services such as; training, workshops, career building, self-help sessions and VA claims assistance, to name a few.

The City & County of San Francisco has a history of recognizing and honoring the military service of our war veterans and peacetime veterans.

San Francisco now has an opportunity to expound on it's gratitude by giving them a place to call their "Resource Center". This VRC will serve as a multi-service center, not only to provide services to veterans, but also to provide a venue for veterans' specific programs, agencies and services that can offer in-service training and workshops for those advocating for veterans rights. And not a "few years down the road", but a few months from now!

The San Francisco County Veterans Office, a veterans' claims assistance program under the Dept of Aging & Adult Services, stands ready to become a part of this historical effort and gives it's support and gratitude to the American Legion War Memorial Commission for undertaking something that the City & County of San Francisco can't ignore and that is, continuing to take care of it's veterans.

Thank You for the opportunity to address you today,

Cheryl D. Cook,
Assistant SF County Veterans Service Officer
Program Supervisor

R2R Texas Challenge

As you know, many of our Armed Service members return home with physical and emotional combat related injuries. Since 2008, I have been blessed to be part of Ride 2 Recovery, an organization, dedicated to helping our injured veterans rehabilitate through cycling. Ride 2 Recovery provides bicycles and spin bikes to military hospitals,

VA clinic and WTB for our injured troops. We also invite our injured veteran to take part in our week long stage rides to challenge themselves, to prove that they still can do the same things they were able to do before their injuries.

To learn more about this great program, check out www.ride2recovery.com. Below

is an edited version of an article that you will find on that same website. Please join me in support of our wounded veterans.

ALL GAVE SOME, SOME GAVE ALL!

David Lang

Ladder 13

SEMPER PARATUS

David Lang

Day 5 R2R Texas Challenge Waco to Cleburne – It was a tough day for the R2R family as we lost a wounded warrior, Clay Hunt, to a long struggle of recovery. Clay had been with us on numerous events and could not join us on this challenge. We are with you Clay. Also our partner city of Cleburne lost one of their own this week in Afghanistan, US Army Infantryman Staff Sgt. Bryan A. Burgess, 2d BN 327 INF.

The Burgess family joined us in Cleburne and our hearts and thoughts go out to them. Staff Sergeant Burgess would have just turned 30. He was and is a loving father, husband and son.

Today's ride and stage was another long one that again had a good tailwind and miles and miles of Texas (name that song.....), 76 miles to be exact according to everyone's trusty Garmin. The ride was country beautiful, although it lacked what riders like most: hills. There was less than 1000 ft of climbing over 76 miles. The handcycles and Team Chuck Wagon were at it again with everyone getting faster and the groups getting bigger. John W led a trail group that did the

first 36 miles in 1 hour 30 minutes catching the crew that left an hour ahead. We blame the wind. We were all at the 320 mile mark with the sunburn, salt stains, and tired legs to show for it. It was hot on the road with the temps getting into the high 80s and to all of us emerging from winter, it felt like the surface of the sun.

The town of Whitney pulled out the stops for lunch at our 36 mile point. I had never seen so much food. Many of us were stuffing extra bananas and PB&J sandwiches in our jersey pockets for the 76 mile trek. Thank you Whitney! Your hosted lunches keep getting bigger and better. See you next year!

Our destination was Cleburne, TX where the high school received us on the high school auditorium stage with a school assembly. Wow! We were also able to honor the leaders of Cleburne for their support and most importantly the Burgess Family who were in attendance. The presentation of the Cleburne High School Flag was extremely touching and we flew it proudly as we left the school.

The American Legion Auxiliary and the town of Cleburne hosted

us to a great dinner and function as we are closing the Chapter on this year's Texas Challenge. The Legion and Auxiliary raised another \$23K for "Wounded Warrior" support. Tired and feeling the miles.

Clay Warren Hunt, age 28, of Sugar Land, and formerly of Houston, passed away unexpectedly on Thursday, the 31st of March 2011.

The memorial service was conducted at 11 o'clock in the afternoon on Monday, the 3rd of April, at Memorial Drive United Methodist Church, 12955 Memorial Drive in Houston.

A reception was held immediately following the service, in the adjacent Fellowship Hall. In lieu of customary remembrances, the family requests with gratitude that memorial contributions in Clay's name be directed to Ride 2 Recovery, 23679 Calabasas Rd., #420, Calabasas, CA, 91302; Ride2Recovery.com or to Team Rubicon, Inc., P.O. Box 7476, Santa Monica, CA, 90406.

ALL GAVE SOME, SOME GAVE ALL!



HARRISON Renewable Energy

State License No. 416921

Global Headquarters: 1167 Mission Street, 4th Floor, San Francisco, CA 94103
mkl@harrisonrenewableenergy.com (415) 203-0116

**SOLAR DESIGNING, BUILDING AND MARKETING
SIGN-UP FOR YOUR REBATES \$\$\$ &
FREE HOME ENERGY AUDIT TODAY! USE PROMOTIONAL CODE CP384!**

**RESIDENTIAL, COMMERCIAL AND INDUSTRIAL
GOVERNMENT AND LOCAL UTILITY COMPANY PAY FOR YOUR SYSTEM
GO GREEN! GO SOLAR! SAVE OUR EARTH & ENVIRONMENT
ELIMINATE OR REDUCE YOUR ELECTRIC BILLS**

- **HIGH QUALITY PRODUCTS AND PROFESSIONAL SERVICE**
- **LICENSED AND INSURED**
- **GREEN FINANCING PROGRAMS AVAILABLE**

**For the Community
By the Community**



**Partial Proceeds Donated
to Charities**

Chinese American Heroes

Saluting our Heroes
Noting their magnificent contributions

Please visit our heroes at:
ChineseAmericanHeroes.org

DAVID TWOY
REALTOR®
DRE # 01182312

COLDWELL BANKER
OPTIMA REALTY

(650) 740-1926 CELLULAR
(650) 246-8800 BUSINESS
(650) 246-8850 DIRECT
(650) 246-8801 FAX
dtwoy@yahoo.com

1435 Huntington Avenue, Suite 318
South San Francisco, CA 94080

Each Office Is Independently Owned And Operated.

*Frank Jang
Professional Event Photography
frankjang888@gmail.com
(cell) 650-438-1724*

ACCT Founders Day Luncheon



ACCT & Cathay Post No. 384 will have a hands on demo & joong making event on June 12th at Veteran's Memorial Hall Rooms 206 & 207. Check www.acctgourmet.com or frankjang888@gmail.com for more information.





San Francisco Hep B Free

First city in the U.S. to test and vaccinate all Asian and Pacific Islanders for hepatitis B

Nordstrom Partnership

Throughout the month of May - **Asian Pacific American Heritage Month** - for every person who visits this website nordstrom.com/APAHM and takes a quick educational quiz about hepatitis B and liver cancer, Nordstrom will make a **\$35 donation**, up to \$75,000!

Nordstrom is partnering with **Hep B Free** and **OCA** to help raise awareness among Asian Pacific Americans across the nation about the importance of getting tested for hepatitis B, the leading cause of liver cancer and the greatest health disparity for all Asians. This is the first time Nordstrom has partnered with Hep B Free and OCA on this important health issue.

Funds will be used for national Hep B Free efforts to end hepatitis B and liver cancer including public awareness, clinician education, screening, vaccination and linkage to care. **Take the survey, and spread the word.** Thank you!

Living Well
CELEBRATE ASIAN PACIFIC AMERICAN HERITAGE MONTH

COMPLETE A HEPATITIS B AWARENESS QUIZ.
 One in ten Asian Americans is infected with hepatitis B—the leading cause of liver cancer—in a rate that's much higher than the general population. But together, we can make a difference.

For every person who completes a hepatitis B awareness quiz during the month of May, Nordstrom will donate \$35, up to \$75,000. Funds will be used for national Hep B Free efforts to end hepatitis B and liver cancer, including public awareness, clinician education, screening, vaccination and linkage to care.

Take the quiz at www.nordstrom.com/apahm

SHARE THIS PAGE WITH A FRIEND

GET updates on what's new in health and more. **SHARE** and in our states. Sign up info@sfhpbfree.org

"You have to diagnose hepatitis B early. My family is living proof!"
 Cynthia, AsianWeek Foundation Fellow

READ PERSONAL STORIES

San Francisco Department of Public Health Asian Liver Center at Stanford University AsianWeek Foundation
www.sfhpbfree.org



Primary Business Address
1524 Powell Street
San Francisco, CA 94133

Phone: 415.392.2882
Fax: 415.399.0551



Chronicle Staff

Adjutant Tony Zhang is responsible for the publication of the Cathay Post Chronicle.

Post Volunteer Roger Dong is our chief reporter.

Editor Galin Luk is a San Francisco civil trial attorney and Marine Corps veteran.

Assistant Editor Jinny Kim is a San Francisco non-profit civil attorney.

Assistant Editor and Chief Technical and Design Editor Michael “Young” Louie is an IT specialist based in San Francisco.

The Editor welcomes article or letter submissions but reserves the right to publish, republish or not publish any submission and to edit articles or letters as appropriate. Submissions must include your name, address, and phone number. The Editor will call to verify authenticity. All submissions should be emailed to the Editor at galinluk@hotmail.com by the 25th day of the month preceding the next month’s Newsletter.

Cathay Post No. 384, American Legion, Executive Board

Commander Ron Lee

1st Vice Commander David Y. Wong

2nd Vice Commander Jay Pon

3rd Vice Commander Nelson Lum

Adjutant Tony Zhang

Secretary John Li

Treasurer Edward Wong