



From the Commander's Desk

Dear Cathay Post Members and Friends,

We kicked off the Chinese New Years on February 2nd at UCSF with the Joy Luck Tree Lunar New Years Celebration. The volunteers of Cathay Post helped make this a great and very successful event.

In February, we partnered with Chinese American Heroes, a Bay Area based non-profit, in hosting Major Kurt Lee (U.S.M.C., Ret.) a Korean War Hero from Washington D.C. who was recently featured in a Smithsonian documentary. We were involved in many events honoring Major Lee for his heroic contributions to our Country. If you don't believe me, see Roger Dong's article and our photographs of the events in other parts of this newsletter. That same week we also hosted National Com-



Cathay Post member Ken Quan and I were at the food station passing out box lunches to all the attendees.

mander Elect Fang Wong. In light of the very obvious success and heroic achievements of Major Lee and Commander Wong, it was a very historic and memorable week for Cathay Post.

This month we also hosted 2 events at the Commander Bok Pon Memorial Hall (Room 206, Veterans Memo-

rial Building). The San Francisco District Attorney's Office provided Community Court training which will be very helpful for the Chinatown Community. Every month, Cathay Post hosts the Chinatown Community Court, which for many years has been bringing restorative justice in the community.

(Continued on page 2)

NEXT BOARD MEETING: Saturday, Mar. 12, 2011 @ 1100 hours. All Cathay Post members and supporting friends are welcome. Lunch will be served immediately after the Board meeting.

Inside this issue:

| | |
|----------------------------------|--------------|
| The 1st Vice Commander | 2 |
| The 2nd Vice Commander | 4 |
| PART ONE—Major Kurt Lee's Visit | 5 |
| The 3rd Vice Commander | 7 |
| A Letter from Major Kurt Lee | 9 |
| Major Lee Banquet at New Asia | 10-13 |
| Dinner Party at Moon Chin's Home | 14-15 |
| Joy Luck Tree Event | 16-17 |
| City Hall Honors Major Lee | 18-19 |

| | |
|---------------------------|--------------|
| ACCT Dinner | 20-21 |
| Chinese New Year Luncheon | 22 |
| Hep B Form | 23 |

Cathay Post. No. 384 American Legion

1524 Powell Street
San Francisco, CA 94133
Telephone: 415.392.2882
Fax: 415.399.0551

www.chineseamericanveterans.org

From the 1st Vice Commander

I just received the accounting report confirming the success of January's production of God Bless The USA III. I want to thank all of our performers and volunteers, the organizers of Linking Rings Performing Arts, and our donors who generously donated their money and time.

A spokesperson from Charles Schwab & Co. will be at the Post later this year to present a short seminar during our monthly luncheon. If you are interested in a specific topic, please contact me. I will forward a list of your topics to the spokesperson.

Balloting for new officers of the Board of Directors for years 2011-2013 will begin shortly. Make sure that your membership is paid up as ballots will be mailed only to veterans in good standing.

On behalf of the Executive Board, I want to thank the directors, members, and friends of the Post for their generous donations to the Annual "Heung Yu" during the Chinese New Year's celebrations. As many of you know, the annual membership fees collected by the Post is shared with the American Le-

gion Department of California and the Legion's District Eight region of San Francisco. What remains for the Post does not cover the operations and maintenance costs of this organization, which means the Post is very dependent on your donations. A list of contributors is posted on the board outside of the Dr. Sun Yat-Sen Memorial Meeting Hall. Donors, thank you! You have once again come through for Cathay Post No. 384.

David Y. Wong
1st Vice Commander

From the Commander's Desk



Community Court Training hosted by Cathay Post at the Veterans Memorial Building.



Hep B meeting at the Veterans Memorial Building hosted by Cathay Post.

(Continued from page 1)

Cathay Post also hosted the SF Hep B Free meeting. Ted Fang gave Cathay Post members a form to be provided to their doctor requesting a Hep B test. I ask Cathay Post members to help distribute these forms to your friends and family.

To get a copy of the form, please type in this link on your web browser:

http://www.sfhepbfree.org/files/forms_letters/TakeToDoctor_SF_English.pdf. You will also find a copy of this form on page 23 of this newsletter.

I will need your feedback on this form so that I can report back to the committee in April. I urge all members and friends of Cathay Post to get tested and vaccinated. Hep B affects 1 out of every 10 members of the Asian

Community. Most do not know they are infected until it is too late.

Finally, I want to welcome our newest member, George Yen (82nd Airborne).

I will see you all at the next monthly meeting on March 12, 2011 at 11 AM.

Ron Lee
Commander

From the 2nd Vice Commander

Thank you to Richard, Sandy, Amy, Ed, Pius, David K., Dale, Thomas, David Y., the Jeongs, Frank, Luther, Jack, Chee, and Suzie for their generous New Year's donation and gifts to Cathay Post during last February's meeting. If I forgot someone, it is not intentional. Furthermore, I want to thank those who donated before and after the meeting.

This month we reflect on the U.S. Army Service Flag (reference Wikipedia).



The **Flag of the United States Army** displays a blue replica of the official seal of the Department of the Army set on a white field. Beneath the seal is a broad scarlet scroll bearing the inscription in white letters, *United States Army*. Beneath the scroll, in blue, is 1775, the year in which the Army was created with the appointment of General George Washington as Commander-in-Chief. All of this is on white background.

The flag was officially adopted by President Dwight D. Eisenhower on June 12, 1956, with Executive Order 10670. Prior to the adoption, the Army was the only armed service without a flag to represent the entire service. In 1955, prompted by the need for a flag to represent the Army in joint service ceremonies,

Secretary of the Army Wilber M. Brucker requested the creation of the Army flag.

The Army flag was dedicated and unfurled to the general public on June 14, 1956 at Independence Hall, Philadelphia, on the 181st anniversary of the establishment of the U.S. Army by the Continental Congress.

Once again, Cathay Post is sponsoring 2 young civic minded men to attend Boys State. Boys State is a chance for an incoming high school senior to participate in mock government and experience the democratic processes first hand in Sacramento. The Post is hoping to send 2 young men from our local high schools. Please submit nominees to my office (jpon@ps.net) for consideration (deadline for submission is March 31st).

Finally, the March monthly



meeting will be your last chance to nominate someone for one of our 11 elected Post positions. The following positions are open for nominations:

- Commander
- First Vice Commander
- Second Vice Commander
- Third Vice Commander

- Secretary
- Adjutant
- Financial Officer
- Historian
- Sergeant-at-Arms
- Chaplain
- Service Officer



All other positions will be appointed by the 2011-2012 elected Commander. Elections will be held during the month of April. Please help shape the future of Cathay Post with your nominations and votes.

May Joy and Happiness follow all of you.

Jay Pon
2nd Vice Commander



Part One — The One Week Visit of American Military Hero Major Kurt Chew-Een Lee

During the week of February 7 - 13, 2011 we were honored to meet a gentleman who could lay claim to being the greatest American war hero in our country's history. While that claim is indeed extraordinary, it is very much justified.

There have been many military heroes in our history. For example, Medal of Honor recipient Audie Murphy who single-handedly destroyed 6 tanks and killed 240 enemy soldiers in World War II. Other Medal of Honor recipients threw themselves on top of grenades, sacrificing their own life to save the lives of their comrades. Yes, these were great heroes and all deserve our gratitude and admiration.

There is also a gentleman named Major Kurt Chew-een Lee, U.S.M.C. (retired). Major Lee displayed individual courage, brains (military strategy and tactics), and combat leadership, in saving the lives of thousands of his colleagues. He did not receive the Medal of Honor for his heroic deeds, but many people believe that he should have. He saved the lives of up to 8,000 Marines at the historic battle at the Chosin Reservoir in North Korea on November 2-3, 1950, considered by some to be one of the greatest moments in U.S. military history.

At the time, a wounded Lieutenant Lee snuck back to his unit (Company B, a rifle company) rather than be medically evacuated to medical facilities in Japan. With his "slinged" left arm, he led 500 Marines in temperatures twenty to thirty degrees



Major Kurt Lee's Welcome Dinner.

below zero, through rough terrain with steep hills, ravines and rivers in total darkness using only a compass as his guide. (There was no GPS or other modern direction finding or positioning equipment in 1950). Before reaching Chosin Reservoir where 8,000 Marines were surrounded and outnumbered 6 - 1, he singlehandedly led an assault on enemy positions exposing himself to enemy fire which provided targets for his Marines to destroy with their strategically deployed machine guns and arms consistent with Major Lee's attack planning. After the successful attack on the enemy position, Major Lee led Company B in the rescue of Fox Company with 8,000 Marines.

Today, there are many thousands of descendants of the Marines he and his unit rescued. That is one reason why his actions were so heroic and extremely noteworthy, and must be considered an extraordinary deed not matched in our military history.

After **Chinese American Heroes** ("CAH") learned about this unknown and unsung American military hero, we contacted many sources in an attempt to locate Major Lee. When we spoke with Major General Michael Myatt, U.S.M.C. (Ret.), he introduced us to Lt Colonel John Stevens, a local Marine hero with a large U.S.M.C. network. He was able to locate Major Lee in Washington DC. Several long distance calls finally linked Major Lee to CAH, and after planning for several months, Major Lee was invited to visit his birthplace, San Francisco.

CAH and **Cathay Post** wanted to honor this unsung American hero. We immediately recognized that a one day visit would not be sufficient to give the many organizations and people who would want to recognize and shake the hand of this 85 years young Marine legend, so it was decided that we would invite him for a one week visit.

Major Lee flew in from Dulles

(Continued on page 8)



HARRISON Renewable Energy

State License No. 416921

Global Headquarters: 1167 Mission Street, 4th Floor, San Francisco, CA 94103
mkl@harrisonrenewableenergy.com (415) 203-0116

SOLAR DESIGNING, BUILDING AND MARKETING
SIGN-UP FOR YOUR REBATES \$\$\$ &
FREE HOME ENERGY AUDIT TODAY! USE PROMOTIONAL CODE CP384!

RESIDENTIAL, COMMERCIAL AND INDUSTRIAL
GOVERNMENT AND LOCAL UTILITY COMPANY PAY FOR YOUR SYSTEM
GO GREEN! GO SOLAR! SAVE OUR EARTH & ENVIRONMENT
ELIMINATE OR REDUCE YOUR ELECTRIC BILLS

- **HIGH QUALITY PRODUCTS AND PROFESSIONAL SERVICE**
- **LICENSED AND INSURED**
- **GREEN FINANCING PROGRAMS AVAILABLE**

For the Community
By the Community



Partial Proceeds Donated
to Charities

Chinese American Heroes

Saluting our Heroes
Noting their magnificent contributions

Please visit our heroes at:
ChineseAmericanHeroes.org

COLDWELL BANKER
OPTIMA REALTY

DAVID TWoy
REALTOR®
DRE # 01182312

(650) 740-1926 CELLULAR
(650) 246-8800 BUSINESS
(650) 246-8850 DIRECT
(650) 246-8801 FAX
dtwoy@yahoo.com

1435 Huntington Avenue, Suite 318
South San Francisco, CA 94080

Each Office Is Independently Owned And Operated.

Professional Event Photography by Frank Jang

email: frankjang888@gmail.com

(O) 650-871-7831
(Cell) 650-438-1724

From the 3rd Vice Commander

February passed so quickly. In that short time, Cathay Post managed to make history by hosting the visits of Major Kurt Lee and soon to be National Commander Fang Wong. Both pioneers visited our Post headquarters and the Bok Pon Memorial Hall. The Post hosted many memorable events and receptions for them. Major Lee and Commander Wong visited the JROTC units at Lowell and Galileo where cadets were given the rare opportunity to meet and ask questions of these gentlemen who, while traversing different paths, excelled and shattered the glass ceiling. We were truly honored to have hosted such distinguished guests.

It is time for Cathay Post to accept nominations for all elected positions. Those elected will serve and guide our Post for the next two years. I want to encourage all of you to give serious consideration to serving in an elected position. We will need your input and effort in order to continue the goals of our Post. No one has a monopoly on any current position and it will be for the betterment of our Post if we challenge each other.

The War Memorial Commission is undergoing some difficult times due to our inability to unite. There is a faction within the Commission that wishes to be confrontational when dealing with the trustees. The trustees have taken the position that they will allocate the veterans only as much space as the veterans need (based on the record of our recent usage) and not necessarily what the veterans want. Chairman Roger Dong's position has



Major Lee and Commander Wong visited JROTC units at Galileo and Lowell.

been to fight for the right to bring in Veteran Service Organizations so that the space in the building can be used to service returning veterans. In order to do so, we must negotiate with the trustees and negotiation means you must be willing to give and take. Hard line confrontational tactics don't usually work when you try to negotiate. I believe that if we adopt the confrontational approach, the trustees will push back and we will be left with no alternative other than litigation. By the way, the Commission has no funds slated for litigation. We have three very generous attorneys who have assisted us with a tremendous amount of volunteer time. However, if we end up in litigation, how much time can these attorneys devote toward a case that may last for years?

On a brighter note, the Com-

mander Bok Pon Memorial Hall is being used quite frequently and we continue to add more activities. Please let us know if you have any planned activities that may require use of the Hall. We welcome all suggestions and will do our best to accommodate all reasonable requests. The busier we keep the Hall, the stronger our position will be to justify our keeping the room after the planned retrofit. If you need to use the Hall for a function, you can contact any of the executive officers to inquire about its availability. Please allow some time for us to check with each other about scheduling issues and to grant approval of your request.

Nelson Lum
3rd Vice Commander
Vice Chairman, American
Legion War Memorial Com-
mission.

Part One — The One Week Visit of American Military Hero -Major Kurt Chew-Een Lee

International and landed at SFO where he was greeted by Cathay Post 3rd Vice Commander Nelson Lum and Dr. David Chai, President, Chinese American Heroes (“CAH”) and Roger S. Dong, Founder, CAH. SFPD David Shinn and Michael Lynch, SFO HSA official expedited and assisted the arrival of Major Lee. Major Lee was then driven by limousine and escorted by two SFPD motorcycle officers into San Francisco, where three additional SFPD motorcycle officers joined the escort to the Marines Memorial Hotel.

After checking in, Major Lee was driven to the R & G Lounge for their famous baked crab dish. Waiting at the R & G were CAH and Cathay Post officers and representatives, including Commander Ron Lee, Vice Commanders David Wong and Jay Pon, Richard Ow, Hanley Chan, Patrick Mak, Joe Yeh and Supervisor Eric Mar and his daughter



Major Kurt Lee Speaks to JROTC at Galileo High School.

Jade. The ten course meal, including the signature baked crab, was enjoyed by all (no sharks fin soup!). Major Lee really enjoyed the Dungeness crab we have on the West Coast.

Those East Coast crabs, while famous, do not have as much meat as our Dungeness variety.

The next day, Tuesday, Nelson Lum and Roger Dong joined Major Lee for breakfast and subsequently took a short walking tour of the downtown area around Union Square.

At 3:15 p.m., Commander Lee, Dr. David Chai, David Lang and Nelson Lum met at Supervisor Eric Mar's office and waited for the Board of Supervisor's meeting to finish before the special session to honor individuals deserving of recognition by the City of San Francisco. San Francisco Board of Supervisors recognized Major Lee with a Certificate of Honor for his service to his country. Supervisor Eric Mar gave a detailed narrative of Major Lee's heroic combat actions during the Korean War.

(Continued on page 9)



Galileo High School JROTC SFC Steve Hardee with Major Lee.

A Letter from Major Kurt Lee

Greetings Roger [Dong]:

Sorry I had to clean up some rather complicated personal matters before collecting my thoughts on what transpired in the eventful week in San Francisco that you and your colleagues had programmed for me. I was deeply honored by your grand gesture to publicize yet another Chinese American's unique contributions against odds to benefit our common Han image and heritage. I realized that it was an inopportune time with many San Franciscans committed to long-planned Lunar New Year celebrations during my visit. Yet you managed, with able help from cohorts Man-about-Town Nelson Lum and Post Commander Ron Lee (and some others), to orchestrate the



disparate events into one cohesive program even with some space for myself. The citizens who participated in the apolitical events deserve my heartfelt thanks for their warm hospitality and generosity of spirit ---

from high school JROTC students, civic, law enforcement and veterans groups to representatives from city government and the state legislature. I was touched by the special homage paid to me by Major General Mike Myatt and by former Congressman Pete McCloskey at a special lunch for Korean War veterans hosted by General Myatt at the Marine Memorial Club.

All in all, Roger, Nelson, and Ron, you accomplished your mission in admirable fashion --- and I salute you! If I can be of help or service to you in any way, please do not hesitate to contact me.

Semper Fidelis,

Kurt Lee



Major Lee with Ms. Bettie Grinnwell, Galileo High School.

(Continued from page 8)

Major Lee thanked the Board of Supervisors for their comments

and special award. The certificate was signed by Mayor Edwin Lee and the Board of Supervisors. Cathay Post was represented in City Hall by Commander Ron Lee, Vice Commanders Jay Pon and Nelson Lum, Richard Ow, David Lang and Hanley Chan.

From our Support Group, Ann, Joe Yeh and Rose Chung were in attendance.

That evening, Major Lee was invited to attend the special meet-

ing at the Marines Memorial for General James F. Amos, the recently appointed Commandant of the Marines. During the reception for VIPs, Major Lee renewed his acquaintance with Commandant Amos who was keenly aware of Major Lee's historic valor and also his continuing lectures on military tactics at their Quantico Training Center.

PART TWO will be in our next newsletter.

**Roger S. Dong
Chairman
American Legion War Memorial Commission**

Major Kurt Lee Banquet at New Asia Garden



Major Kurt Lee Banquet at New Asia Garden



Major Kurt Lee Banquet at New Asia Garden



Major Kurt Lee Banquet at New Asia Garden



Dinner Party at Moon Chin's Home for Major Lee



Dinner Party at Moon Chin's Home for Major Lee



Joy Luck Tree Event



Frank Jang



Frank Jang



Frank Jang

2011 農曆兔年
University of California San Francisco
Lunar New Year Celebration
& Joy Luck Tree Benefit

加州大學三藩市分校
新春聯歡
 及喜福樹籌款活動

February 2, 2011 (Wednesday)
 Noon - 1 pm
 Medical Science Building Lobby, Cole Hall
 513 Parnassus Ave., San Francisco

二〇一一年 二月二日 星期三
 中午十二點至下午一點
 加州大學三藩市分校禮
 醫科大樓 Cole Hall

- ◆ Ribbon cutting for Joy Luck Tree ◆ raffle drawing
- ◆ Free New Year tea ◆ Chinese calligraphy
- ◆ New Year Lunch (\$5 prepaid, \$6 at door each)
- ◆ silent auction ◆ lion dance ◆ entertainments
- ◆ 剪彩儀式 ◆ 免費團年茶
- ◆ 書法家即席寫揮春
- ◆ 團年午餐(每位\$5預付, \$6即售)
- ◆ 音樂表演等慶祝活動

Only \$10 a blessing strip for your loved ones! Designated blessing strips will be hung on the UCSF Joy Luck Tree on campus for the Lunar New Year period. Please donate by checks made out to UCSF Foundation-AHVC, and send to UCSF Asian Heart & Vascular Center Box 1609, 1600 Divisadero Street San Francisco, CA 94143-1609

為至愛親朋購買一個祝福揮春, 只需\$10!
 支票抬頭請寫 UCSF Foundation-AHVC 寄以上地址

歡迎
 僑胞人士
 踴躍參加!

Come join us! All are welcome!

Frank Jang



Frank Jang

Joy Luck Tree Event



City Hall Honors Major Kurt Lee



Frank Jang



Frank Jang

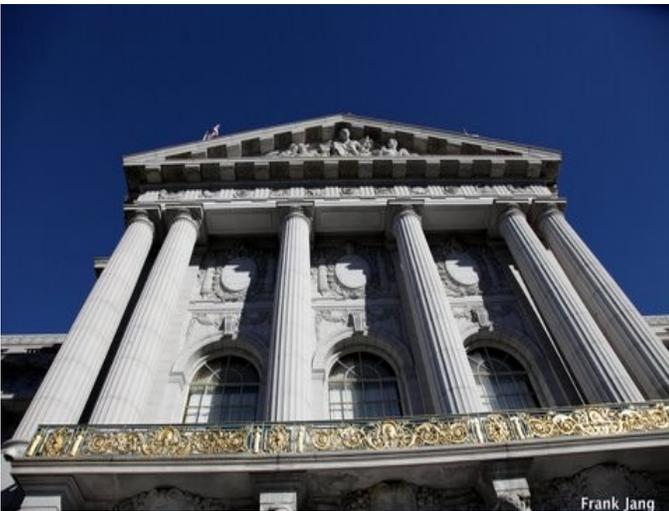


Frank Jang



Frank Ja

City Hall Honors Major Kurt Lee



Association of Chinese Cooking Teachers Dinner



Association of Chinese Cooking Teachers Dinner



WELCOME TO ACCT
SATURDAY, FEBRUARY 5, 2011



Association
of Chinese
Cooking
Teachers

膳藝社
"A CLASSIC CANTONESE"
CHINESE NEW YEAR DINNER

www.FOURSEASR.com
Four Seas Restaurant, #415-989-8188
731 Grant Ave, San Francisco 94108

www.ACCTGOURMET.com
assnofchinesecookingteachers@gmail.com

Frank Jang

Chinese New Year Luncheon



Take this form to your doctor.

We encourage you and your family members to get tested at your OWN doctor's office so that your doctor can properly monitor your health.

Dear Dr. _____
(your doctor's name)

I would like to:

_____ Be tested for hepatitis B.

_____ Get vaccinated.

_____ Know my hep B status.

I think that I've already been tested but am not certain.

If you don't have a doctor, free or low-cost testing is available for San Francisco residents at the clinics below. Please call ahead for hours of operations:

| Please call ahead for hours of operations. | | | |
|--|--|----------------|--|
| API Wellness Center | 730 Polk Street, 4/F | (415) 292-3400 | |
| Chinatown Public Health Center | 1490 Mason Street | (415) 364-7910 | |
| Chinese Hospital | 843 Jackson Street | (415) 677-2303 | |
| Excelsior Health Services | 888 Paris Street | (415) 677-2488 | |
| North East Medical Services (NEMS) | 2374 San Bruno Ave. | (415) 391-9686 | |
| South of Market Health Center | 351 Minna Street (new location TBA) | (415) 626-2931 | |
| Sunstar Health Services | 1800 31 st Avenue | (415) 677-2388 | |
| Sutter Pacific @ CPMC | 2340 Clay Street, 3/F | (415) 600-1360 | |
| UCSF Medical Center at Mt. Zion | 2330 Post Street | (415) 885-3930 | |

This message is brought to you by the San Francisco Hep B Free Campaign. To learn more, visit us online at [\\$FreeBFree.org](http://$FreeBFree.org).



BREAKING THE SILENCE ABOUT HBV

- × Hepatitis B virus (HBV) is the most common serious infection of the liver, and can lead to premature death from liver cancer or liver failure.
- × 1 in 10 Asian and Pacific Islanders is living with chronic (life-long) hepatitis B.
- × Most don't even know that they're infected.
- × In 4 people with chronic hepatitis B will die from liver cancer or liver failure but this can be avoided with appropriate monitoring and treatment.

EVEN IF YOU FEEL HEALTHY, YOU MAY ALREADY BE INFECTED

Hepatitis B is dangerous because there are often no symptoms. Even liver blood tests may be normal by the time symptoms such as abdominal pain or jaundice (dark urine and yellow discoloration of the skin or eyes) appear. It is often too late for treatment to be effective.

EARLY DETECTION IS KEY

It is important for you and your family to get tested for HBV because hepatitis B is one of the greatest health threats for Asians.

» Get Tested

Ask your doctor for these blood tests:

Hepatitis B surface antigen (HBsAg): Tells if you have chronic hepatitis B (also known as being a "hepatitis B carrier").

Hepatitis B surface antibody (anti-HBs): Tells if you are protected against HBV.

Only the HBsAg blood test can tell if you have chronic hepatitis B.



» Get Vaccinated

If both your HBsAg and anti-HBs blood tests are negative, then you are not protected and should get vaccinated. Make sure your baby also gets vaccinated at birth.

The Hepatitis B vaccine is a 3 shot series given over 6 months that can protect you for life.

The vaccine is so effective at preventing HPV and liver cancer that it is called "the first anti-cancer vaccine" by the World Health Organization.

Source: Asian Liver Center at Stanford University



Primary Business Address
1524 Powell Street
San Francisco, CA 94133

Phone: 415.392.2882
Fax: 415.399.0551



Chronicle Staff

Adjutant Tony Zhang is responsible for the publication of the Cathay Post Chronicle.

Post Volunteer Roger Dong is our chief reporter.

Editor Galin Luk is a San Francisco civil trial attorney and Marine Corps veteran.

Assistant Editor Jinny Kim is a San Francisco non-profit civil attorney.

Assistant Editor and Chief Technical and Design Editor Michael “Young” Louie is an IT specialist based in San Francisco.

The Editor welcomes article or letter submissions but reserves the right to publish, republish or not publish any submission and to edit articles or letters as appropriate. Submissions must include your name, address, and phone number. The Editor will call to verify authenticity. All submissions should be emailed to the Editor at galinluk@hotmail.com by the 25th day of the month preceding the next month’s Newsletter.

Cathay Post No. 384, American Legion, Executive Board

Commander Ron Lee

1st Vice Commander David Y. Wong

2nd Vice Commander Jay Pon

3rd Vice Commander Nelson Lum

Adjutant Tony Zhang

Secretary John Li

Treasurer Edward Wong