

CATHAY DISPATCH

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CATHAY CELEBRATES 92ND ANNIVERSARY INSTALLATION AND AWARDS BANQUET

By Commander George Tsang



Last month a few of us had the privilege of going to Charlotte and representing Cathay Post 384 at the 104th National Convention. The general session started on August 29th and started with awards to service members of all branches including the Space Force. Motivational speaker Marine Sergeant Major Barrett was outstanding, Medal of Honor recipient LTC Harold Fritz also addressed the convention and told us of his story.

One of the highlights of the trip was meeting up for our annual dinner with members of the New York Kim Lau Post. A photo session was also conducted after the National Commander Banquet. Joining us for the events was past support member and former editor of our dispatch, Clara Pon and husband Ken George. It was good to see everyone again.

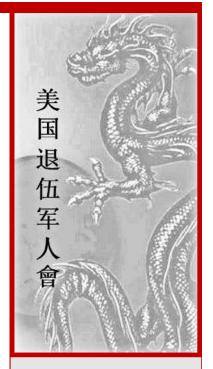
We also had a chance to go to the Nascar Hall of Fame for the Jim Hackney Night Party hosted by Past Dept Commander Jere Romano and the Pacific Palisades Post. All in all, the trip was a worthwhile experience and we were lucky to have been a part of it.

Our next event will be the Fleet Week Luncheon on Tuesday Oct 3rd and the Italian Heritage Parade on Sunday Oct 10th. Please see our Calendar of Events for more details and whom to RSVP to.

See you at our next meeting on Sept 9th!!!



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CATHAY POST 384 AMERICAN LEGION

2023-2024 POST OFFICERS

Commander: George Tsang 1st Vice CMDR: Aaron Low 2nd Vice CMDR: CJ Reeves Adjutant: Miguel Ortiz Finance Officer: -Secretary: Ron Ritter Sgt-At-Arms: Don McCov Service Officer: David Wong Judge Advocate: Raymond Wong Jr. Past CMDR: Helen Wong Quartermaster: Philip Leung Chaplain: Richard Ow Historian: Roger Dong **War Memorial Commission:** Helen Wong CAWVA: Jay Pon David Wong

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FROM THE OFFICE OF 1ST VICE AARON LOW



Anyone who watches the news has probably heard AI (Artificial Intelligence) mentioned at least once. Like most people, I had a general idea of what AI is, but had no idea how to use it in my daily life. So, I decided to put AI to the test by asking it to write this month's article for me.

I learned there are multiple AI websites where you can go to ask a question or pose a challenge to the AI. I chose a website https://chat.openai.com/ (also known as ChatGPT).

Once at the site, I posed several questions to ChatGPT. I found in my research that it is helpful to ask AI a specific question rather than introducing a broad topic. For this month's article, I posed three questions to ChatGPT:

What is Artificial Intelligence, and should I be concerned about it?

What is the "elevator pitch" to use when recruiting new members to the American Legion? (An elevator pitch is a brief statement, written or verbal, which typically takes less than 30 seconds or less).

What is the role of the 1st Vice Commander in the American Legion?

Below are the answers that AI provided to me. The entire process took less than 5 seconds (far less than it takes me to write one on my own).

When asked: What is AI and should we be concerned about it? AI wrote:

Sure, here's an elevator pitch for the American Legion. AI, or artificial intelligence, refers to the development of computer systems that can perform tasks that typically require human intelligence. These tasks can include things like speech recognition, decision-making, problem-solving, language translation, and more. AI systems are designed to analyze data, learn from it, and make predictions or decisions based on patterns and information.

Whether we should be concerned about AI depends on the context and how it's developed and deployed. Here

are some points to consider:

Benefits of AI: AI has the potential to bring about significant advancements and improvements in various fields. It can enhance productivity, automate routine tasks, provide insights from large datasets, and develop innovative solutions to complex problems.

Ethical Concerns: One major concern is the ethical use of AI. As AI becomes more sophisticated, it raises questions about privacy, bias, transparency, and accountability. AI systems can inherit biases present in their training data, which can lead to unfair or discriminatory outcomes.

Job Displacement: Automation powered by AI could lead to job displacement in certain industries, as machines become capable of performing tasks traditionally done by humans. While this could lead to increased efficiency, it could also disrupt livelihoods and require a reevaluation of workforce skills.

Autonomy and Decision-making: As AI evolves, there's the potential for machines to make autonomous decisions that have significant real-world consequences. This raises questions about the control and accountability for these decisions, particularly in areas like self-driving cars and medical diagnoses.

Security and Privacy: AI could be used to carry out cyberattacks, deepfake creation, and other malicious activities. Protecting AI systems from hacking and ensuring the security of data and communications are important concerns.

Existential Risk: Some thinkers have expressed concerns about the long-term potential of AI if it were to surpass human intelligence and become superintelligent. The idea is that if we create an AI system that's vastly more intelligent than us, we might struggle to control it and predict its behavior.

Regulation and Oversight: Striking the right balance between fostering AI innovation and ensuring responsible development can be challenging.



Proper regulation and oversight are crucial to mitigate potential risks and safeguard societal well-being.

In summary, AI has the potential to bring about transformative benefits, but it also raises valid concerns. It's important for society to engage in ongoing discussions about the ethical, societal, and policy implications of AI to ensure that it's developed and deployed in ways that align with our values and goals.

When asked: What is the Elevator Pitch for the American Legion? AI wrote:

Sure, here's an elevator pitch for the American Legion:

"The American Legion is a nationwide organization dedicated to honoring and supporting veterans, strengthening communities, and advocating for a strong national defense. With a rich history dating back to 1919, we provide a powerful platform for veterans from all walks of life to connect, share experiences, and continue their service beyond the military. Through our various programs, we offer crucial support to veterans, their families, and their communities, ranging from educational scholarships and career assistance to veteran healthcare and mental health initiatives. By joining the American Legion, you become part of a vibrant network committed to preserving the values of patriotism, camaraderie, and service that are the backbone of our nation. Together, we work to ensure that the sacrifices of veterans are recognized, celebrated, and never forgotten."

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FROM THE OFFICE OF 1ST VICE AARON LOW



...Continued from page 3

When asked: What are the duties of the 1st Vice Commander of the American Legion? AI wrote:

The duties of the 1st Vice Commander within the American Legion can vary slightly from one post (local chapter) to another, but generally, their responsibilities include:

Assisting the Commander: The 1st Vice Commander supports the Commander in overseeing the operations of the post. They may step in to fulfill the Commander's duties in their absence.

Membership Growth and Retention: The 1st Vice Commander often plays a role in recruiting new members to the American Legion and working to retain existing members. This involves promoting the benefits of membership and engaging with veterans in the community.

Programs and Activities: They may be responsible for planning and coordinating various programs, events, and activities within the post. This can include social gatherings, fundraisers, community service projects, and ceremonies.

Leadership Development: The 1st Vice Commander might work on developing leadership skills among post members. This could involve mentoring newer members and encouraging their involvement in post activities.

Committee Participation: They might serve on various committees, working alongside other post members to address specific initiatives, such as veterans' support, youth programs, legislative advocacy, and more.

Representing the Post: The 1st Vice Commander often represents the post at district, department (state), and national levels of the American Legion. This can involve attending meetings, conferences, and conventions.

Collaboration: Collaboration with other officers and members of the post's executive committee is important. This teamwork ensures that the post's goals and activities align with the overall mission of the American Legion.

It's important to note that the specific duties can vary based on the size of the post, the local community's needs, and the internal structure of the post's leadership. If you're looking for information about a specific post's 1st Vice Commander, I recommend reaching out to that post directly or consulting their official documents.

What I Learned

I learned and observed a few things after my AI experiment. First, the AI has imperfect grammar and punctuation, and tends to be more informal in its writing style than Microsoft prefers. I used the Microsoft Word spelling and grammar editor to check the article for typos and clarity and it wanted corrections to improve the score. (Note: I did not correct the AI's writing or punctuation).

Second, AI's writing style is a bit dry and impersonal, which makes sense given that it is not written by a human. It would seem that some people could find the information more detailed than what a person might write, but it comes across a bit boring in my opinion.

Third, the quality and accuracy of the information given by AI is based on the information fed into the AI itself. If there are errors or inconsistencies in the information above, it is the fault of the information provided to the AI. In other words, if something is incorrect here, do not blame me!



KNOW THE SIGNS OF A CRISIS: Recognizing red flags and knowing when to get help can make a difference in a veteran's life. Read more at:

https://www.veteranscrisisline.net/education/signs-of-crisis

If you feel you are in a crisis, whether or not you are thinking about killing yourself, please call. The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-

free hotline, online chat, or text. People have called for help with substance abuse, economic worries, relationship and family problems, sexual orientation, illness, getting over abuse, depression, mental and physical illness, and even loneliness.

CALL: Veterans and their loved ones can dial $\bf 988$ and Press 1 to speak with a caring and qualified responder.

TEXT: Veterans and loved ones can also send a text message to **838255** to receive confidential support 24 hours a day, 7 days a week, 365 days a year, or call your local 24-hour mental health crisis line.

Veteran Combat Call Center - Combat vets and families can call any time 24/7/365: **1 (800) 927-8387** to speak with other combat vets and families about any issues from military experience to readjusting to civilian life.

CHAT ONLINE: Veterans Chat 24/7/365 Confidential Support is just a Click Away. If you're a Veteran in crisis or concerned about one, responders at the Veterans Crisis Line online chat offer help that can make a difference. Caring, qualified VA professionals are standing by to provide free and confidential support:



Please enjoy some photos from Raymond and Dara Wong's collection.

CCBA Al 384 independence day - July 4, 2023































Cathay AL 384 92nd anniversary – July 22, 2023





Veterans of Foreign Wars, 501(c)(19) organization, established September 29, 1899

91st Division/Chinatown VFW #4618 – 111th anniversary – July 23, 2023 chartered date July 27, 1912

Dual members from AL 384, VFW 4618 gathered for ox-tail stew, other goodies luncheon, War Memorial Veterans Building, San Francisco









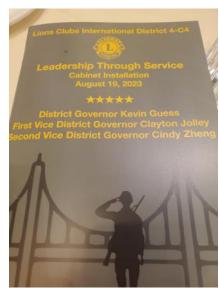
Lions Club International

2023-2024 District 4-C4 cabinet installation – August 19, 2023

photographs (4) courtesy of Mickey Kwok











National Purple Heart Day, August 7, 2023 Golden Gate National Cemetery, San Bruno Military Order of Purple Heart, Chapter 15 AMVETS Chapter 34 AL Chapter 105 Riders, salute battery



San Francisco Veterans Lions Club in action – August 12, 2023 Texas Rangers vs San Francisco Giants

Forever Giants, future hall of famer, Texas Rangers manager, Bruce Bochy, and 33,112 fans (in attendance) welcomed home to Oracle Park







CATHAY'S COLOR GUARD CROWNED KING OF LIONS AND EQUINES

Cathay Post's Color Guard was spot on while posting the Colors at two back-to -back events shining a spotlight on our Post to highlight the GREATER GOOD that we do in the community. Our reputation for being solid gold is not only limited to our fair city, but rather extends all the way down the Peninsula. I want to begin by thanking the members who participated at Saturday's Lions Club Installation of District Governor. They are Junior Past Commander Helen Wong, Sergeant-At-Arms Don McCoy, Nan Li, Mickey Kwok, Cary Felix. I also wanted to express my sincere gratitude to Ernesto Ugarte for kindly stepping in at the very last minute on Friday afternoon for Bill at both events. Don has his work cut out for him as the new Sergeant-At-Arms for our next event coming up on Sunday, October 8, 2023, for the Italian Heritage Parade with Fleet Week. I much appreciate our dedicated members who help out and support our Post. Keep in mind this was not an easy task. I committed it to months ago. I had to get the OK from both the Legion Post as well as the Lions Club in that area. We surely didn't want to step on anybody's toes or geographical area coming from the City. We also had to add the New York State Flag to the mix in honor of our distinguished guest of honor.

It was a sunny Saturday, August 19, 2023, when we met up at 4pm for the long drive to the Crowne Plaza hotel in Foster City, CA. I was met by Nan,



Mickey and Don. Both Helen and Cary were stuck in traffic. We drove on and agreed to meet up at the Hotel. We got set up and practiced once we all gathered. We scoped out the venue having to make changes for the four stands to be on stage behind the dignitaries. Who ever said, "practice makes perfect"? But that's what it was. We faced the challenge, and we soldier on to complete the mission. As Major of the Sword, I led the charge of clearing the path so the Colors could advance flanked on either side by the rifles. As most of you know, the M-1 is very heavy to hold. The ceiling was too low to properly march with Colors in place, but you make minor changes to accommodate the situation at hand. The presentation and posting of the Colors went off without a hitch. Time for chow. As a small token for payment, The San Francisco Veterans Lions Club bought the banquet dinners for each of the Color Guard members to the tune of \$700. The program also featured a free fullpage ad, spotlighting the 92 years of service to Veterans and their families in the community all for the Greater Good. Majus Bonum as we say in Latin. KUDOS and BRAVO ZULU to the members of the Cathay Color Guard.











PART 2 – CATHAY COLOR GUARD CROWNED KING OF THE LIONS AND EQUINES

After a late night of Color Guard at the Lions District Governor Installation Banquet at the Crowne Plaza in Foster City, most of us had to be up bright and early for the second round of Color Guard at the Menlo Polo Club to benefit the SFVA Transportation fund. A big hand to Nan, who drove most of the members home and who volunteered to be my personal chauffeuse. She clocked many miles picking us up at the Post, taking us home and then picking me up again early Sunday to do it all over again. To Nan, I owe a debt of gratitude for driving to and from at back-to-back events on Saturday and Sunday. I want to shout out a BIG thank you to our members who participated at the outside Polo Club event to benefit Veterans traveling to and from the SFVA for their appointments. I want to personally congratulate the members who had to get up Sunday at O dark thirty and make their way to Atherton, CA. This wasn't a paid gig, although we were being fed. The members were Adjutant Miguel Ortiz, Nan Li, Cary Felix and Ernesto Ugarte. I also want to thank Mike Cooney, who stepped in at the very last minute. A special thanks for Cary, who flew back all the way from Florida to attend both events, because he had committed to attend a while back. Also, many thanks and praise to Ruby for doing all the photography and videography for the Polo event. Nan brought her along to film and document our Cathay Color Guard so that we can streamline it on social media to get the word out about our GOOD work at Cathay Post 384. The few videos that I've seen are totally awesome. We are all connected by our mission to serve Veterans and their families. As you all well know, I am the American Legion Representative for the VAVS at the San Francisco VA. I was asked by the SFVA to provide a Color Guard for this important fund-raising event. I agreed to commit a team to honor our flag with a Color Guard. With the rifles and colors in my apartment from last night's shindig, Nan picked me up to head out. It's so hard to do anything on an empty stomach. We stopped by the Russian bakery for cherry donuts and poppyseed strudel. We stopped in Pacifica to pick up Mike and headed out to find Atherton. Cary, Miguel and Ernesto arrived early to do recon. We made our way to the entrance where we met up with the organizers. Cherie showed us to our table, and we began to set up. Once we zip tied the Post banner to the fence, we were ready to practice on the wide-open field. It was another hot day in the neighborhood, let alone outdoors. Cherie was the announcer and she introduced us mentioning our names. We didn't have the National Emblem Trio to march to, but the show must go on. What a spectacular show it was. The grassy

field bowed down before us permitting us to present the colors as if the blades of grass all stood at attention and saluted along with us. After presenting the colors, we were treated to a succulent, sumptuous lunch al fresco. The large crowd was dressed in fancy hats and drinking juleps as if it were the triple crown event of the year. A good time was had by all. All we were doing was helping Veterans and their families. We can be proud and hold our heads up high knowing that we helped to make this happen. I couldn't be prouder to serve with our post members. This would be my final act as Sergeant-At -Arms. The curtain has fallen. As I look back, it has been a very rewarding sixvear run. It has been both an honor and a privilege to serve as your Sergeant-At-Arms during these past six years. I look forward to serving as your Second Vice Commander for Programs.

















CALIFORNIA CATHAY CONVENTION IN CHARLOTTE, NORTH CAROLINA



After a late night of Color Guard at the What a grueling four days it was in Charlotte for the American Legion 104th National Convention. There were meetings, sessions, caucuses, duties, catching up with our sister post in New York, activities, events, hurricanes, banquets and NASCAR. After a whirlwind six days in Pittsburgh, Helen and I both flew the same itinerary from Pittsburgh to Charlotte, arriving by TAXI to the Courtyard City Centre on Sunday, August 27. We did enjoy a layover in DC, which allowed us to buy trinkets and souvenirs. We tried to get settled in to prepare for the arduous days ahead called convention. No time to waste. I barely got unpacked when it was time to meet up with our friends from New York City. We met up with our friends from the Kim Lau Post. We had an awesome evening of Asian fusion entrees and great company. Tony ordered chicken fried rice just

for me. I sat with Past Commander Tony and Commander Sammy, who is retired NYPD. Tony did make a brief appearance at our Cathay Post's 90th Installation banquet in 2021. Because of COVID-19, we had to scrap plans to visit both the NY and Boston Posts. Past Commander David Wong knows them all very well. We should keep in touch and stay connected to our brothers and sisters in the Legion. I did meet briefly with them in DC during the Chinese American Gold Medal Ceremony.



Monday began with a 7am breakfast to Caucus and review of the day's events. At 8am, I was already at a meeting for all the Assistant Sergeants-At-Arms. I was there to work, and I went right to it. There were sessions and discussions lasting into the evening. Thanks to the Department of California, we were treated with an extra special event at the NASCAR Hall of Fame Museum. This was not your standard dining experience, as it was open bar with southern style

pulled pork sliders with peach cobbler and ice cream for dessert. During the evening, I got a chance to visit the Pit Simulator where I had to change a tire and fill up with gas in under 20 seconds. Betty was right there with me and did the same simulation. She didn't mind rolling up her sleeves and getting her hands dirty. She may be petite, but she is a force to be reckoned with. GO Betty, It must be all the green vegetables that I skip on that keep her so fit and trim. What a great collection of cars they have there. It was a nice trip down memory lane and very nostalgic. We are so lucky to have such an outstanding Department called CALegion.

Tuesday started off early as usual as I took my position in the far corner by the California delegation in the Convention Hall. It was great meeting so many of my counterparts from all



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FROM THE OFFICE OF 2ND VICE COMMANDER CJ REEVES



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over the country. I was posted with Henry from Elk Grove and a pair from NOLA. That's New Orleans, LA, the site of next year's 105th convention of the Legion. It was more of the business side of the convention. It's always good to get the raw stuff out of the way. But things didn't slow down at all. We did listen to the pilot who flew the F-18 in the Top Gun movie and he even had Tom Cruise's hairline glued to the back of his head. He was really flying and NOT Tom Cruise. He shared with us many of the Hollywood secrets in filming the movie. That evening was the Commander and President's Banquet in the main ballroom. We had a full table of ten and another four next to us. We sat with Clara and Ken. It was really great seeing them and getting caught up on all the latest. There was a live band singing all the best of the 1980's. Many of the attendees got up and danced. I was happy with the chicken dinner to rival the best of Chick Fil-A. Dessert was my favorite Chocolate Mousse, so I had two servings. We got the news about Idalia and we had to hunker down and wait out the storm. Many of us thought we wouldn't make it out on our flights. Had Idalia not veered out to the ocean, we would still be in Charlotte, the cleanest city in the world.

Wednesday was more somber as we participated in a group session dealing with Veteran suicide. Three Navy Seals spoke about their journey to save one of them from suicide. It was totally goosebumps and edge-of-your -seat reality on the stage in front of us. It was nonstop business until dinner time. I was so exhausted that I just packed and fell asleep. I woke up and headed out to the airport - sad to be going, but glad to get back home. This was the end of convention season. I attend most of, if not all the state and national conventions. Like for many of us Veterans, we wear many hats and so we do oc-



casionally cross hairs. Both Helen and I are state officers with the Department California AMVETS. arrived in Charlotte after finishing a week-long National Convention for AMVETS. This year it took place in Pittsburgh. It was my first time there. I really liked the vibe

and the city itself. They like to do stuff for the Veterans. In Pittsburgh, we were treated to a free Pirates game in the good seats. We see a lot of the same thing at most Veterans conventions. I had the pleasure to see the VA Secretary speak at both conventions. I also met the Taiwandelegation of the Veterans ese Affairs Council (VAR). They followed us from Pittsburgh to Charlotte. It's great to see and hear the good work that we are doing for Veterans and their families. We also had the unique opportunity to compare Quartermasters of all the different Veteran and Patriotic Service Organizations. Emblem Store was in

Charlotte but was all sold out of the good stuff by the time I arrived. I'm hoping for better days next year in New Orleans so Laissez Les Bons Temps Rouler.



VAVS REPRESENTATIVE FOR THE AMERICAN LEGION CJ REEVES





Monthly Inspiration: September Spiritual Reflections

In a world rich with diverse cultures, religions, and traditions, we are presented with numerous opportunities to learn, grow, and connect on a spiritual and human level. As we approach a series of significant religious holidays in September, let us explore the ways in which these celebrations intersect with VA's I CARE Values: Integrity, Commitment, Advocacy, Respect, and Excellence.

- Arbaeen (Islam) September 6: The conclusion of a 40-day period of mourning. Just as Shia Muslims honor their commitment to faith, the VA's commitment to Integrity encourages us to uphold honesty and moral courage in our
- Krishna Janmashtami (Hindu) September 6: Celebrates the birth of Krishna, heralding unity and Respect. 2.
- Feast of the Nativity of Theotokos & Nativity of Mary (Christian) September 8: The feast is a glorification of Mary's birth, of Mary herself and of her righteous parents. commemorating birth and new beginnings. These moments of genesis are mirrored in our I CARE core values.
- Saint Peter Claver (Christian) September 9: Saint Peter Claver's selfless service to enslaved Africans reflects exemplifies Advocacy and Respect.
- Nayrouz Feast (Christian): September 11: This day's commemoration of martyrs and confessors aligns with the value of Advocacy, underscoring the importance of standing up for what is right.
- Paryushuna Festival (Jain) September 11-19: The most important Jain religious observance of the year focuses on reflection and forgiveness, mirroring the value of Respect.
- Ghambar Paitishem (Zoroastrian) September 12-16: Celebrates creation, aligning with the value of Excellence.
- Holy Cross Day (Christian) September 14: The Feast of the Holy Cross celebrates the instrument of salvation, resonating with the value of Excellence.
- Rosh Hashanah (Jewish) September 15-17: Jewish New year, highlighting rest and reflection, which aligns with the value of Commitment.
- 10. Vishwakarma Puja (Hindu) September 17: The celebration of the god of architecture. as Vishwakarma's creations are exemplary, VA's pursuit of Excellence ensures our services meet the highest standards.
- Fast of Gedaliah (Jewish) September 18: The Fast of Gedaliah's commemorates the death of a ruler. Just as Jews mourn leadership, our value of Advocacy safeguards Veterans' rights.
- Ganesh Chaturthi (Hindu) September 18: Festival celebrating the birth of Ganesha, the god of new beginnings, wisdom and intelligence. The emphasis on overcoming obstacles aligns with Integrity and Commitment.
- Shabbat Shuva (Jewish) September 22: Shabbat Shuva's focus on repentance resonates with the value of Integrity, which ensures ethical conduct.
- Mabon (Wicca/Pagan) September 23: Celebration of the mid-harvest festival, changing seasons and the second harvest. It is a time of giving thanks and sharing with those less fortunate, aligning with Advocacy and Respect. Yom Kippur (Jewish) – September 24-25: The holiest time of the Jewish year. It is the Day of Atonement, or seek-
- ing forgiveness, which aligns with Integrity and Respect.
- Mawlid al-Nabi (Islam) September 27: The celebration of the birth and life of the prophet Muhammad. Just as Muslims honor his life, our Commitment to Veterans ensures dedicated care.
- The Feast of the Cross (Christian) September 28-30: Celebration of the day the apparition of the cross to the Emperor Constantine. Just as Constantine's vision inspired faith, our pursuit of Excellence inspires hope and trust.
- 18. Anant Chaturdashi (Hindu) September 28: The day of the immersion of Ganpati when adherents recite and listen to the legends of Lord Vishnu and recite hymns from the Vedas. Similarly, our Respect ensures Veterans' stories are acknowledged.
- Sukkot (Jewish) September 29-October 6: Celebrates the gathering of the harvest and commemorates the miracu-19. lous protection God provided for the children of Israel when they left Egypt. It reminds us of the importance of sheltering one another, resonating with Commitment and Respect.
- 20. Pitru Paksha (Hindu) September 29: A period when Hindus offer prayers to their ancestors, mirroring Respect.
- 21. Michael and All Angels (Christian) September 29. This is the feast day of all the angels who guide and protect. Similarly, let us embrace the I CARE Values in our mission to serve and heal.

By embracing Integrity, Compassion, Accountability, Respect, and Excellence, we mirror the virtues celebrated by these holidays. In our roles within VA, let us find inspiration in these diverse traditions.

VAVS REPRESENTATIVE FOR THE AMERICAN LEGION CJ REEVES



MESSAGE FROM THE SECRETARY: NATIONAL CEMETERY ADMINISTRATION (NCA) 50TH ANNIVERSARY

Today, September 1, 2023, marks the 50th Anniversary of the Department of Veterans Affairs (VA) oversight and stewardship of national cemeteries, which serve as national shrines to honor those who protected and served our country.

In taking on this most humbling and sacred obligation, VA incorporated 82 Army cemeteries and its 21 burial grounds to create 103 national cemeteries within the National Cemetery System, which was the forerunner to the current National Cemetery Administration (NCA).

Over the last 5 decades, NCA has steadily improved access for Veterans by opening more than 50 national cemeteries and establishing the Veterans Cemetery Grant Program in 1978 to support state, territory and tribal cemeteries, which today number 122. Over 800,000 Veterans are laid to rest in a VA-grant funded cemetery, and nearly 5.3 million people — including 4 million Veterans from the Revolutionary War to the wars in Iraq and Afghanistan — are buried in a VA national cemetery.

Those cemeteries and the service they deliver are driven by more than 2,200 NCA employees, almost 70% of whom are Veterans. This is the highest percentage in the Federal government—more than 55% of whom are disabled Veterans and more than 9% of whom are women Veterans. These dedicated men and women know and appreciate what it takes to serve our country because so many of them have done so themselves.

Their effort is recognized in the quiet dignity, serenity and pristine appearance of all our national cemeteries, and their commitment to excellence is recognized by Veterans, their families, caregivers and survivors. For over 2 decades, NCA has been the highest-rated organization—public or private—in the United States. Using the American Consumer Satisfaction Index (ACSI) scale from 1 to 100, NCA is the only organization to achieve a score of 97 from ACSI. They achieved that score in 2019 and again in the most recent ACSI results in 2022.

I also want to share NCA's commemorative edition of VAnguard (https://vaww.insider.va.gov/wp-content/uploads/2023/08/VAnguard_Fall_2023.pdf). In it, you will find photographs depicting the last 50 years of NCA and articles highlighting NCA employees' service and innovation, including the Veterans Legacy Memorial (http://www.va.gov/remember), the Nation's first digital platform dedicated to the memory of Veterans.

Please join me in celebrating NCA on this historic occasion! Thank you for what you do for Veterans, their families, caregivers and survivors.

MESSAGE FROM THE VETERANS HEALTH ADMINISTRATION 100 YEARS OF VA CARE FOR WOMEN VETERANS AUGUST 25, 2023

September 14 marks a century of VA providing health care to the courageous women who have served our nation in uniform. On that day in 1923, the National Home for Disabled Volunteer Soldiers approved the first hospital spaces for women Veterans.

At the time, there were approximately 52,000 women Veterans, 25 percent of whom were disabled and eligible for care. Today, women are the fastest-growing group of Veterans—and VA is adapting and evolving to meet their needs.

We continue to invest in improving access and quality of care for women Veterans. We have expanded services to include gynecological care, breast and cervical cancer screenings, contraceptive counseling, and menopause management. We recognize the challenges faced by women Veterans dealing with military sexual trauma, PTSD and depression, and are enhancing women's mental health support to address these issues effectively.

Thank you to everyone working to improve women's health at VA, and to all of the women Veterans who continue to serve their fellow Veterans in our system.

Please help us honor women Veterans and observe this extraordinary milestone together by joining us on September 14 at 1:00 p.m. ET for a live celebration with VA Secretary Denis McDonough and a panel of women Veterans: https://site-62002947.bcvportal.com





FROM OUR POET LAUREATE CJ REEVES



September 1913 BY WILLIAM BUTLER YEATS

What need you, being come to sense,

But fumble in a greasy till

And add the halfpence to the pence

And prayer to shivering prayer, until

You have dried the marrow from the bone;

For men were born to pray and save:

Romantic Ireland's dead and gone,

It's with O'Leary in the grave.

Yet they were of a different kind,
The names that stilled your childish play,
They have gone about the world like wind,
But little time had they to pray
For whom the hangman's rape was spun,
And what, God help us, could they save?
Romantic Ireland's dead and gone,
It's with O'Leary in the grave.

Was it for this the wild geese spread
The grey wing upon every tide;
For this that all that blood was shed,
For this Edward Fitzgerald died,
And Robert Emmet and Wolfe Tone,
All that delirium of the brave?
Romantic Ireland's dead and gone,
It's with O'Leary in the grave.

Yet coald we tarn the years again,
And call those exiles as they were
In all their loneliness and pain,
You'd cry, 'Some woman's yellow hair
Has maddened every mother's son':
They weighed so lightly what they gave.
Bat let them be, they're dead and gone,
They're with D'Leary in the grave.



September 1918

BY AMY LOWELL

This afternoon was the colour of water falling through sunlight;

The trees glittered with the tambling of leaves;

The sidewalks shone like alleys of dropped maple leaves,

And the houses ran along them laughing out of square, open

windows,

Under a tree in the park,
Two little boys, lying flat on their faces,
Were carefally gathering red berries
To put in a pasteboard box.
Some day there will be no war,
Then I shall take out this afternoon
And turn it in my fingers,
And remark the sweet taste of it upon my palate,
And note the crisp variety of its flights of leaves.
To-day I can only gather it
And put it into my lunch-box,
For I have time for nothing
But the endeavour to balance myself
Upon a broken world.



Rest in Peace: September 11, 2002

by Frederic and Mary Ann Brussat

I am one who died on September 11 from the terrorist attacks, and I am one who died since September 11 from the violence of war, floods and fires, AIDS and famine, accidents on the highways and drownings at sea, and from all other causes. May I rest in peace.

I am one who has been deeply touched by the trauma experienced by the survivors and families of September 11 and the rescae workers who served so selflessly at Ground Zero, and

I am one who has been moved to compassion by the suffering in other tragedies since September 11 and the loss of so many valued members of our world community.

May I know peace.

I am a New Yorker still hearing media warnings of new attacks, feeling valuerable and insecure in my hometown,

I am an Afghan refagee still fearfal that my village is not safe from the bombs and fighters in the war on terrorism,

May I know peace.

l am an Arab immigrant in the United States whose son was taken away by the FBI last September and has not been heard from since, and

I am a relative of one of the "disappeared" in Columbia or Chile or Bosnia-Herzegovina who is losing hope that I will ever find oat what happened to my loved one,

May I know peace.

l am a prisoner in China held incommunicado for a polítical "crime," and l am an al Qaeda detainee held without a trial or access to lawyers in Gaantanamo Bay, Caba. May l know peace.

l am a deer in a Roely Mountains forest asphyxiated by the black boiling smole of a fire outside Denver, and I am a goat resting in a care in Afghanistan when an American-made "daisy catter" bomb levels my mountain habitat,

May I rest in peace,

I am the father of a datiful and compassionate son who was mained while clearing mines in the fields outside Kabul, and

I am a father with two children in college who has talen a high-paying job at a plant in Minnesota that makes and exports landmines.

May I know peace.

l an a Palestinian girl killed by ar Ioraeli missile attack while walking home from my first day of school, and I am an Ioraeli boy killed by a Palestinian suicide bomber while eating at a pizzeria in downtown Terusalem, May I rest in peace,

I am a soil particle from Kenya's croded farmland that has blown across the Atlantic Ocean to Florida, and I am a tree in the world's largest virgin forest in Rassia that has been chopped down illegally by loggers oat to make money,

May I rest in peace.

I am a mother in the American Midwest casually washing my car and watering my lawn with the abundant water I take for granted, and

I am a mother in Pakistan whose village has so little water that I clean the dishes with dirt. May I know peace,

I am a little girl cratched from the yard of my home in California and sexaally abased, and I am a little boy kidnapped from my home in India and forced to work long hours in a carpet-making operation as a modern-day slave. May I know peace,

I am a young man who was abased by my parish priest and I now want justice from the charch, and I am a priest who sinned in the past and I now want forgiveness so I can continue in my ministry. May I know peace,

I am a teenage girl sold into a prostitution ring in Thailand by my parents so they can purchase a refrigerator,

and

I am a marketing expert for a maltinational corporation trying to be responsible to the stockholders by creating demand for new products in developing countries.

May I know peace.

I am a 16-year-old girl in Bangladesh working 7 days a week 15 hours a day for 15 cents an hour sewing tshirts, and

I am an unemployed American parent who is gratefal I can purchase cheap clothes made overseas. May I know peace.

I am an infant saffering from malnutrition in Baghdad, and

I am a United States government official who is covoinced that economic spactions and even a war against Iraq are the only ways to make the world safe for children everywhere.

May I know peace.

I am a financially strapped senior citizen in Maine who mast go over the border to Canada to purchase the prescription drags I need at affordable prices, and

I am a young man dying of AIDs in Africa with no access to the generic drups that coald ease my suffering. May I know peace.

I am the chairman of a large corporation who cashed in stock worth millions while trying to keep my company out of bankruptcy, and

I am a worker in the same company who lost my job, my medical benefits, and the savings in my 401(k) pension plan.

May I know peace.

I am a Ulrainian mother who gathers berries and mashrooms for family meals from fields still contaminated with radioactive debris from the Chernobyl naclear power plant disaster, and

I am an American stadent in Massachasetts worried about my health since finding out that my school is near a taxic waste dump.

May I know peace.

I am an American businessman needing to apgrade my company's computers and cell phones in order to compete in the marketplace, and

I am a Chinese teenager who has gotten lead poisoning from working at a recycling operation handling technological trash from the United States;

May I know peace.

I am a citizen of the world, worried about the escalation of violence, the devastation of the planet, a fature exemingly in jeopardy, and

I am a person of faith who believes that good things can come from people working together and who relies on the grace of God/Lord/Allah/Spirit/Higher Power.

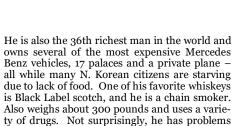
May I know peace.





HARD-LIVING KIM JONG UN EARNS UNFLATTERING NICKNAME OVER MASSIVE APPETITE FOR EUROPEAN BOOZE, FOOD: EXPERT

sleeping.



One of his security officers was reportedly executed by flamethrower after an unsuccessful rocket launch.

His threats to launch nuclear tipped missiles at America would be very threatening, except that his long range rockets have not been tested as a weapon. His recent rocket launches of surveillance satellites failed. His nuclear weapons testing failed in 2017 killing most of his nuclear weapons specialists.

Kim Jong Un always talks tough, and threatens his enemies even with nuclear weapons, but to date, he is just a big bluff.



Above: North Korean leader Kim Jong Un reportedly indulges in popular European food and alcohol, favoring Parma ham and whiskey commonly found on grocery store shelves, according to multiple sources.

North Korean Chief Kim Jong Un, 39 years old, has been reported from multiple sources that he loves European food and booze according to a UK defense expert.

CHINESE SCIENTISTS LEAVING THE U.S. AS MANY FEEL UNWELCOMED

BY RANDALL, AsAM News, AUGUST 7, 2023 The number of Chinese scientists leaving the United States has increased at a rapid pace for more than a decade, new research has found. The study by PNAS, a peer-reviewed journal of the National Academy of Sciences, found what it called "widespread fear among scientists of Chinese descent in the United States arising from conducting routine research and academic activities."

A breakdown of that study by Chemistry World revealed nearly 20,000 Chinese scientists who began their careers in the United States have left for other countries, including China.

The number of departures increased from 900 in 2010 to 2621 in 2021. The rate of researchers leaving increased by 75% since 2018, the year then-President Trump launched the China Initiative, an initiative intended to root out economic espionage from China but resulted in a number of false prosecutions, ruined lives and the vast majority of cases being dropped.

The Brennan Center says out of more than 2,000 investigations under the China Initiative, only 77 resulted in criminal charges over three years.

35% of 1304 Chinese scientists surveyed say they feel unwelcomed in the United States and 72% do not feel safe. 42% admit to being fearful of conducting research.

Yet 88% say they intend to contribute to US science and tech leadership.

These findings reveal that the widespread fear of conducting routine research and academic activities among scientists of Chinese descent, and the significant risks of losing talent culminated in hesitancy to remain in the US and contributing to federal sponsored research in science and technology,' says study co-author Xihong Lin, to Chemistry World. "Addressing the fears of scientists of Chinese origin and making the academic environment welcoming and attractive for all will help retain and attract scientific talent and strengthen the US leadership in science and technology in the long run." The Biden Administration ended Trump's China Initiative in February of 2022, three years after it began.

A number of high profile prosecution ended up being dropped or ending in acquittals including Anming Hu of the University of Tennessee and Gang Chen of the Massachusetts Institute of Technology.

Civil rights groups blasted the China Initiative accusing it of resulting in racial profiling AsAmNews is published by the non-profit, Asian American Media Inc. Please consider making a donation and following us on Facebook, Twitter, Instagram and TikTok. Information about interning, joining the staff or



WHAT IS KIM JONG UN UP TO THESE DAYS?

Kim Jong Un continues to bark loudly, but his limited military capabilities are not a threat to continental America.

His nuclear weapons are just a bluff, and his only real possible targets are American troops in S. Korea, or Japan, or Okinawa or Diego Garcia. His rockets can go far, but they are not armed with nuclear weapons. North Korea is still trying to resurrect their nuclear teeth, after a major nuclear test failure in 2017 which wiped out most of his staff of nuclear engineers.

Also, a reality is that if war were to be initiated by Kim's military, a joint US and S. Korea response would level N. Korea in a week. Past joint war games with the S. Koreans have been conducted very successfully. N. Korean air defense systems are Cold War vintage and are very vulnerable to a joint US Air Force and South Korean Air Force offense. We also have B-2 bombers, F-35s, and their 100 Advanced F-16s stationed in S. Korea capable of quickly destroying the North Korean Air Force which would severely weaken North Korea.

Source: See **KIM JONG** at this link: https://www.sfcathaypost384.org/rc.html



volunteering is here. We are supported in part by funding provided by the State of California, administered by the California State Library in partnership with the California Department of Social Services and the California Commission on Asian and Pacific Islander American Affairs as part of the Stop the Hate program. To report a hate incident or hate crime and get support, go to CA vs Hate."

Source: See **CHINA** at this link: https://www.sfcathaypost384.org/rc.html



CHINA TO TIGHTEN THE RULES ON USE OF FACIAL RECOGNITION TECHNOLOGY

- Tech can only be used to process biometric data in 'certain conditions' and when there is 'sufficient' need
- Draft rules also allow broad use for national security purposes, including analysing data on race and religion

Sylvie Zhuang in Beijing, SCMP, Published, 8 Aug, 2023



China has a vast network of security cameras installed across the country. Photo: AFP

China plans to tighten the rules on facial recognition technology while giving the green light to its use for national security purposes, including analysis of personal data on race and religious beliefs.

The Cyberspace Administration of China launched a month-long public consultation on the draft rules on Tuesday. The internet regulator said the rules aimed to regulate the technology and uphold "individual legitimate rights" as well as "social order and public safety".

The draft rules forbid the misuse of facial recognition technology by entities and in public spaces including banks, airports, hotels, sporting facilities, museums and libraries.



China's facial recognition technology identifies people wearing masks amid the Covid-19 epidemic

They also call for non-biometric identification to be used instead of facial recognition technology if it works just as well for the intended purpose.

In addition, all entities currently using the technology in a public space, or those that have more than 10,000 facial recognition records

stored, will be required to register with their local internet regulator within 30 working days.

They will have to state their purpose for using the technology, and how they are handling and protecting the data of individuals.



Chinese people are concerned about use of facial recognition, survey shows

Under the new rules, entities will only be able to use the technology to process facial recognition information in "certain conditions" and when there is "sufficient" need – though the draft does not say what those conditions are or what would constitute such a need.

It comes amid growing concerns over privacy and the overuse of facial recognition technology in China. The technology has been used in everything from public toilets to prevent the theft of toilet paper, to publicly shame people caught jaywalking, to keep track of residents during the Covid-19 pandemic, and to surveil Uygurs and other minority groups in the far western Xinjiang region.



Facial recognition technology used by Shenzhen police to identify jaywalkers

The draft rules allow broad use of biometric data for the purpose of maintaining national security, including analysing personal information such as race, ethnicity and religious beliefs.

Beijing's use of facial recognition technology for surveillance is at the centre of accusations by Washington and its allies that China is violating the human rights of Uygurs and other Muslim minorities in Xinjiang. Beijing denies the claims, saying its policies in the region are aimed at countering terrorism and extremism. In 2019, the US blacklisted Chinese AI companies SenseTime, Megvii and Yitu, as well as video surveillance tech firms Hikvision and Zhejiang Dahua Technology, over their alleged roles in surveillance in Xinjiang — including offering features to Beijing to identify Uygur Muslims and other ethnic minorities.

Source: See **CONFLICT** at this link: https://www.sfcathaypost384.org/rc.html

RUSSIAN MOONSHOT A DUD

FAILURE CASTS
SERIOUS DOUBTS ABOUT
RUSSIAN ADVANCE CAPABILITIES



Russia's first moon mission in more than four decades failed as its Luna-25 space craft crashed into the moon. Failure suggests that Russian advance science projects are in decline.

Failure also jeopardizes future planned joint space ventures with China.

The Indians, spending less than either the Russians or Americans, would like to show the world their Chandrayaan-3 space launch which will disclose to the world their space capabilities soon. On August 21, 2023 the Indian space shot was a success.

Source: See **RUSSIA** at this link: https://www.sfcathaypost384.org/ rc.html



FORMER SECRETARY OF STATE ROBERT REICH EXPLAINS WHY SOCIAL SECURITY (SS) IS RUNNING OUT OF FUNDS AND WHAT NEEDS TO BE DONE TO GET IT SUFFICIENTLY FUNDED AFTER 2033 OR, SOCIAL SECURITY INCOME FOR RETIREES WILL BE REDUCED BY 33%. IS WILL AFFECT THE LIVES OF MILLIONS OF SENIOR



He has a very effective suggestion to keep SS funded for another 75 years if we just make one important adjustment to taxes. We seniors are really interested on how to protect SS funds!

Professor Reich makes a simple, and powerful

suggestion to save SS.

The answer is to "Scrap the Cap." And what does this mean?

Most of us are not millionaires, or billionaires, who have extraordinary incomes.

More than 90% of us earn less than \$160,200 annually. Did you know that anyone who makes more than \$160,200 does not pay any income tax above this amount?

The wealthy who help our politicians get elected and re-elected, made sure that they were well rewarded for their financial support. Thus Congress passed the tax laws that protected a lot of the income of the wealthy.

According to Reich, by scraping the cap tax on those earning over \$160,200, and taxing more wisely, funds to pay social security could be extended 75 more years. Otherwise by 2033, social security income will be reduced 33%.

Most Americans in retirement only have social security retirement income to survive. Add on the projection of inflation, and millions of Americans, in the senior years, will not have sufficient income to pay the basic costs to survive.

"Scrap the Cap" must be a priority issue to convey to our Congressional Representatives.

Source: See **SECRETARY** at this link: https://www.sfcathaypost384.org/rc.html

INNOVATIONS WILL DRAMATICALLY CHANGE THE WORLD



Dr Eric Schmidt, founder, and Chairman of Google penned "Innovation Power," in the March-April 2023 edition of Foreign Affairs, describing the vital role of innovation in the future warfare. Initially he illustrates the example of the Ukrainian use of innovation in defense of Russian military invasion.

Ukrainians deny Russian victory with determination, and brilliant use of innovation and technology. (They used Space X satellite imagery and Diia Open-Source techniques, to transmit images locating the enemy and intelligence about their forces.)

The Russians who had a 10 to 1 advantage of military manpower and weapons, have been denied success. No one expected the Ukrainians could stop the powerful Russian military. The Ukrainian use of technology shamed the Russians.

This is an excellent example of a nation that has used innovation to successfully survive when no one expected them to survive more than a week or two. The experts were wrong. (I wrongly assumed that the Russians had superior technology- so did our experts.)

The Ukrainian story just tells us about the initial early application of innovation in warfare? What does the future hold?

Schmidt says that future innovations, driven by Artificial Intelligence (AI) and Quantum Computers (QC), will accelerate faster than the human mind can imagine. He notes that innovation breeds more innovation and also speeds up innovation. If his forecasting comments are correct, there will be very dramatic changes in the future.

Schmidt then addresses the issue of our primary competitor - China. The Chinese have been building up their military power, including Navy shipbuilding which is now numerically superior to our U.S. Navy, and the shipbuilding continues building more navy ships. We should not be overly concerned about any potential enemy that must transverse across the Pacific Ocean as these ships would be excellent targets for our Air Force and Navy systems. It would be really foolish for China to load thousands of troops on ships and sail them across the Pacific to attack America.

Schmidt notes that the Chinese have funded their AI and QC technology programs very generously. He states that they have funded QC development with \$10 billion, while we have only funded \$1 billion. More spending does not guarantee results, and we can assume that there is graft and corruption, but their funding priorities cannot be ignored. It is assumed that they are ahead of us in some critical areas while we still maintain an advantage in other areas. Their efforts in QC are a great threat to our classified communications as QC are capable of breaking encryption.

Schmidt is also concerned about semiconductor technology. If Taiwan with 23 million people can develop semiconductor technology, 1.4 billion Chinese should be able to have their own advanced chip capabilities in a few years. The Dutch firm ASML which is the sole source for one vital step in chip manufacturing, initially complied with our request to not sell their equipment to China, but it has recently reported that ASML has decided to sell their unique machines to China. If true, that will accelerate the time for China to be able to be an independent source for advanced semiconductors.

Our national leaders in Congress must realize that we are now living in a different world and must fund science and research. Our Defense Advanced Research Projects (DARPA) which funds R&D for the DoD must fund our scientific research which has been very limited since the 1990s, except by our 45th President who wanted to fund super sonic rockets.

Today, we must have long term funding for AI and QC projects, or the Chinese may become the most powerful nation in the world. And we may not even be a close second.



CHINA REPLACES TOP MISSILE COMMANDER

BY ALASTAIR GALE AND CHUN HAN WONG, The Wall Street Journal | Page Aoo8, 2 August 2023

China ousted the commander of its missile force, a move that analysts said was intended to ensure loyalty to leader Xi Jinping in the arm of the military that controls nuclear- tipped missiles pointed at the U.S., and would play a pivotal role in any attempt to seize Taiwan through force.

The removal of Li Yuchao, a veteran of the People's Liberation Army Rocket Force, marked an abrupt end to an unusually short stint in a key military post, and comes days after China replaced its foreign minister in another decision shrouded in mystery.

Li, who was appointed commander in January 2022, hadn't been seen in public for months. His ouster was confirmed at a ceremony a day before China celebrated the 96th anniversary of the founding of the PLA on Tuesday.

In a Tuesday commentary marking the anniversary, the official PLA Daily newspaper urged all military personnel to uphold Xi's status as the "core" of the Communist Party leadership, and to persist with efforts to enforce discipline and

fight corruption within the armed forces.

At the Monday ceremony, Xi officially promoted the PLA Rocket Force's new commander, Wang Houbin, and its new political commissar, Xu Xisheng, to the rank of general, and presented them with their new rank insignia, according to the government-run Xinhua News Agency. The appointments of Wang and Xu, who have naval and air force backgrounds respectively, departed from a longstanding practice of placing China's strategic-missile force under the command of officers with experience in this service.

Taylor Fravel, a professor at the Massachusetts Institute of Technology who has written extensively about China's military, said the decision to appoint officials from outside the Rocket Force suggests that the problems that were identified with Li were severe, and reflects the importance of the force as it undergoes a significant expansion amid deteriorating ties with the U.S.

Under China's Soviet-style political control over the military, the PLA maintains a dual leadership system whereby military units are headed by two officers typically of equal grade: A commanding officer with formal authority over combat decisions; and a political commissar who

enforces party directives. Xinhua's report didn't mention the previous commander, Li, or the former political commissar, who held the role since July 2020. China's Defense Ministry didn't respond to queries about Li's replacement.

Li's exit comes days after China abruptly removed its foreign minister, Qin Gang, just months after he took the job—another change that Beijing made without explanation.

Coming so soon after Qin's removal, "the purge of former Rocket Force Commander General Li Yuchao...marks one of China's most profound leadership shake-ups in years," said Craig Singleton, a senior fellow at the Foundation for Defense of Democracies, a conservative-leaning Washing-ton based think tank.

Singleton said the recent brief armed uprising in Russia likely served as a reminder of the need to keep the military on a tight leash.

His exit comes days after Beijing abruptly removed the foreign minister.

CLIMATE CHANGE IS REQUIRING MANKIND TO MAKE SOME BIG CHANGES

E. g. In our Bay Area, we have big plans (requiring big money) to guard against the rising sea levels as the North and South Poles are melting. There can no argument that the two poles are melting. Measurements to temperatures in both locations have disclosed that:

Our native Americans in north Alaska have had to move inland several times due to rising seashores.

If we could have a sea wall all around America, that could save our country from being forced out of our homes. Of course, the first homes to be affected would be homes near our seashore. In the Bay Area that would include homes near our SF Bay.

Plans have already been drafted to raise the level of the land now closest to the Bay. What are those plans? Plans are being drafted and the estimated cost is \$110 billion by 2050. To date, there is only \$5 billion available, so taxes will be raised to pay for the "great wall." Once the funds are available, our wetlands will be expanded, and many miles of our higher levees will be built, and sea walls will be strengthened. If not done, it is estimated that \$260 billion of property will be inundated.

"And, if needed work is not done, it will cost even more," said Larry Goldzhand, Executive Director, San Francisco Bay Conservation and Development Commission.

SFO is already prepared to spend \$587 million for a 10 mile long wall to protect the runways from being submerged.

Nearby in Foster City, voters have already

approved \$90 million in additional taxes to build their needed sea wall. Foster City, adjacent to the city of San Mateo is all filled land and is therefore, more vulnerable to rising sea levels.

Reportedly the counties most vulnerable to rising sea levels in our area include San Mateo, Alameda, Marin, and San Francisco counties. Oops that almost includes the residences of all our members of Cathay Post.

To accomplish our sea rising threats, federal, state, and regional funding are needed - and soon.

Source: See **SEA LEVEL** at this link: https://www.sfcathaypost384.org/rc.html



POSSIBLE GOOD NEWS FROM THE IRS

If you (or I) have never been visited at home by an IRS agent wanting to review your taxes, the good news is that we were lucky and now more lucky as it was just reported that they will likely not visit you, or me, to question us about our tax returns.



If you (or I) have never been visited at home by an IRS agent wanting to review your taxes, the good news is that we were lucky and now more lucky as it was just reported that they will likely not visit you, or me, to question us about our tax returns.

This means that you (and I) can relax. Unless your, or my, "EX" left with the copies of our past tax returns to sends a copy to the IRS. If this has happened, all bets are off.

Pertinent portions of that article are quoted as follows.

Quote:

"Washington. Unannounced IRS Visit End.

The Internal Revenue Service said Monday it is ending the decades-old policy of making unannounced home and business visits, in an effort to help keep its workers safe and to combat scammers who pose as IRS agents. Effective immediately, revenue agenst won't make such visits "except in a few unique circumstances" the Treasury Department said.

The agency will instead mail lettters to people to schedule meetings. The change ends "an era at the IRS Daniel Werfel told reporters on a call Monday, in reversing a practice by revenue officer of visiting homes and firms to resolve tax payers' liabilities by collecting unpaid taxes and unfiled returns.

The Treasury Department's inspector general for tax administration said in a report that it was "concerned that taxpayers and anti -government or anti-tax groups with malevalent intent may use the internet to track down and identify IRS employees , their families, their homes, and personal information to threaten, intimidate or locate them for physical violence. Associated Press. UNQUOTE.

Source: Article in Wall Street Journal, July 25, 2021

GUYS, THIS IS INFLATION!



This Why I Shave at Home!

SOME OF US HAVE ALWAYS WANTED TO BE APARTMENT OWNERS, A PAST PROFITABLE INVESTMENT FOR MANY PEOPLE, BUT NOW IT DOESN'T SOUND LIKE A GREAT INVESTMENT, ESPECIALLY WHEN THE INVESTOR INCURS DEBT



News for Apartment Owners, spiking interest rates have become a financial nightmare to recent apartment investors.

With borrowing costs doubling, rent growth slowing and building expenses rising, this past profitable investment is now a tenuous pursuit.

As interest rates have recently increased so quickly, declining building values have forced landlords to refinance at much higher rates.

Reportedly multifamily-building owners in cities like Los Angeles, Houston and San Francisco have defaulted on loans against thousands of apartments. Few apartment investors anticipated that interest rates could rise so quickly, deflating building values and pressuring landlords to refinance at much higher rates. Regional banks, a crucial source of funding, are lending far less today, making it harder to refinance mortgages.

Also, inflation and growing insurance premiums have increased the cost of running buildings.

Source: See **APARTMENTS** at this link: https://www.sfcathaypost384.org/rc.html



IN THE NEW WORLD, WE LIVE IN TODAY, THE PROCESS OF BUYING A CAR IS A NEW AND DIFFERENT EXPERIENCE. FOR NEW CAR BUYERS, THERE ARE VERY FEW CARS AVAILABLE TO BUY. THE REASON FOR THIS SITUATION IS BECAUSE OF THE SHORTAGE OF SEMICONDUCTORS. IN THE OLD WORLD, THERE WAS ALWAYS DOZENS OF CARS AVAILABLE TO MAKE A SELECTION.

Our Historian went car shopping in July 2023 and visiting one of the busiest car dealers in the Bay Area, found only two (2) new cars available. He needed a new car, and if he did not buy one of the two cars available, the wait for a new car could take months, if he wanted a car with the features and color I wanted. A car owner for over 60 years, he has never been so limited in his options to buy a new car. If I provided the specific features I wanted in my new car, they could not predict when the car with my listed features would be available.

Thus, I was forced to buy one of only two cars available the day I visited the car dealer. While our Historian was not pleased to have been forced to buy one or only two available cars, he reports that his new car, despite lacking many features and the color he wanted, is very happy with the performance of his new

car. New cars have many great to capabilities, but for most seniors, like our Historian, learning how to do simple things like starting a car and operating the radio, heating, air conditioning, most other features in the new car is different. Some seniors may take months to re-learn how to operate a new car.

When a driver, especially a senior driver, must fumble around to operate his new car, that driver is more likely to cause, or have, an accident. The features we need may be all available, but it can take a long time to learn how to operate the car with ease and safety. Turning on and off the engine takes several weeks to become accustomed to starting and stopping the engine without a key.

Source: See **CAR BUYING** at this link: https://www.sfcathaypost384.org/rc.html

THIS IS A WARNING TO MANY OF US ...



Some of us recharge our iPhones over night while we are sleeping. That's because we want to start each day with a fully charged cell phone.

But Apple and several other sources are warning that if anyone does there is a danger of fire. This is more likely to happen if we place the phone, power adapter, or wireless charger in your bed and under a pillow, blanket or your body as heat can accumulate which will not only affect the functions of the phone, but the heating temperature could accumulate to the level that there could be a fire. Now a fire in bed when a person maybe is sleeping is no laughing matter.

If the bed catches fire it could spread to the rest of the bedroom, and if not quickly managed and the fire stopped, the whole house could burn down. Sure - this is a worst-case scenario, but does anyone want this to happen to you, or me?

HOW SAFE ARE DRIVERLESS CARS?



Many people do not trust driverless cars. They recall the stories of driverless Tesla vehicles having bad accidents. True, those were real accidents, and a few people were killed in those unfortunate incidents.

Recently in San Francisco, driverless taxis were used that clogged

traffic and one ran into a fire truck. Another stalled and no one could get the vehicle going. Local police were helpless as they could not get the vehicles going. The good news is that there were no fatalities. The problem is the taxi firm did not have a control center that could get the vehicles going with a central control system. That can be fixed. These series of mishaps have caused the public to lose faith in driverless vehicles, and some people feel that they will never be able to trust driverless vehicles.

But your historian has been getting much more confident that driverless cars are getting much safer as developments and innovations in self-driving cars continue to be improved. His 2023 car has sensors that give him a 360-degree view of the area around his vehicle and differentiates and displays human beings from solid objects. His large visual display beside his steering wheel provides a screen that displays whatever, or whoever, is in proximity to his vehicle. These capabilities are provided by current sensor technology that will be improved even more in the near future.

People must realize, and admit, that most automobile accidents have been, and are, caused by mistakes made by humans driving cars. Bad judgements by human drivers who dash through red lights can cause an accident. Most of us dashed through yellow lights when we should have been more cautious and stopped and to wait for the next green light.

And who has not used their cell phones while driving? We may need maps, but not distractions while we are in traffic. (Reminder that the last page of your current auto insurance policy will state that the drivers using cell phones who have accidents will not be insured!)

There are drivers who drive under the influence of alcohol, or drugs.

Some people can get very angry for one reason, or another, and drive abnormally aggressively and exceed speed limits. And of course, there are people who are speeders.

This is the reality. Most accidents are caused by bad drivers, or good drivers that make mistakes.

Taking out the human driver is predicted to eliminate many accidents. The reduction of auto accidents should significantly reduce the cost of auto insurance in the future. Insurance companies will fight the introduction of driverless vehicles. It is a threat to that industry.

The fact is, driverless trucks have been driven across country at night for about a decade with very few accidents. Early on, the driverless trucks stopped at city limits, and human drivers took over because the capabilities of early sensor technology could not safely handle all situations within the city limits.



THIS IS AN INVITATION TO JOIN THE NATIONAL RIFLE ASSOCIATION (NRA)

OP/ED

If the NRA finds out that a person has an interest in guns, that person is likely to get a letter of invitation for NRA membership, with an actual membership card enclosed that is activated as soon a donation is made. A very effective means to recruit members at very little cost.

Most interesting is the back of the NRA membership card, which quotes the 2nd amendment to our Constitution. We need a "well regulated militia, being necessary to the security of a free State, the right of the people to keep and bear Arms, shall not be infringed."

Of course, in the 1770s, we did not have surveillance ships or satellites to monitor the Atlantic Ocean to provide intelligence on British Navy ships to warn our government, and/or our citizens so that we could prepare a defense where and when the Redcoats would be returning. Thus the plan was to form an armed militia so that we could have a defense. This was perfectly logical at that point in history.



IS MUSK RIGHT ABOUT ELECTRICITY NEEDS?

BEN BREWER/ BLOOMBERG NEWS/ The Wall Street Journal | Page Bo12, 9 August 2023



Making predictions, especially about the future, is dangerous. That didn't stop Elon Musk, the

chief executive of Tesla and SpaceX, from making a rather startling one recently: U.S. electricity demand will triple by around 2045, in part due to widespread adoption of electric vehicles.

That estimate puts him way out ahead of utilities like PG&E, which is forecasting a 70% rise over the next 20 years, and consulting firm McKinsey, which expects demand to double by 2050. A National Renewable Energy Laboratory scenario from 2018—assuming 88% of light-duty cars in the U.S. are electric by 2050—put electricity demand that year about 60% above the level reached in 2022. Nearly all the increase in the NREL scenario is from vehicle electrification: EVs made up only about 7% of vehicles sold in the U.S. last year.

Musk's specific figures may turn out to be off the mark, and he certainly has a vested interest in faster electricity supply growth. But his general point—that the U.S. power supply risks falling seriously behind the curve—is starting to look prescient.

In theory, the U.S. has an enormous pipeline of power projects in the works: over 2,000 gigawatts of planned capacity and storage, nearly all of it renewable, were in the grid connection queue at the end of 2022, according to the Lawrence Berkeley National Lab. Incentives in the newly minted Inflation Reduction Act and the 2021 bipartisan infrastructure law should help dramatically boost clean power construction: Total generation capacity of all types, including gas and coal, was only about 1,200 gigawatts in 2022.

But in reality, investment in electric power construction has slowed sharply this yearjust as overall U.S. manufacturing investment is ramping up, in part due to tax credits from the IRA and other related industrial -policy legislation like the CHIPS semiconductor law. Real, annualized private manufacturing construction investment rocketed higher in the second quarter, according to figures from data provider CEIC. But private power-sector construction invest-less ment actually fell. Total clean power installations were down 19% year over year in the first half of 2023 according to the American Clean Power Association, and newly announced purchasing power agreements were down 47% in megawatt terms.

A big part of the problem appears to be rising waiting times for grid connections—an issue that is part politics and part a consequence of the nature of wind and solar plants, which require more grid development because of their intermittency and

often far-flung locations. A lack of clear legal guidelines on who should pay for long-distance transmission lines and how to resolve permitting disputes could strangle the renewable build-out in its crib un- Congress or federal regulators act quickly.

This year's unexpectedly strong surge in manufacturing investment raises further uncomfortable questions. The 2018 NREL scenarios assumed that U.S. industrial energy demand growth would remain tepid through 2050, even as EV power demand soars. But if U.S. industrial policy succeeds, for better or worse, in triggering a sustained manufacturing investment boom over the next decade, those projections could prove too conservative. And that is before accounting for a potential artificial intelligence arms race or other electricity-intensive new technologies that could come out of left field.

To be sure, plenty of new technologies will help save power and use existing grid resources more efficiently, too. For example, idle EV batteries might one day help balance a grid more dependent on intermittent wind and solar farms.

But unless legal barriers to new electricity infrastructure are resolved, America's plan to recharge manufacturing—to say nothing of the transport sector—may fall short. —

Read More: See MUSK at this link: https://www.sfcathaypost384.org/rc.html



19-YEAR-OLD GRAD BECOMES ONE OF YOUNGEST PHDS IN THE WORLD

Tanishq Mathew Abraham. By Tanishq Mathew Abraham

YRANDALL, AsAmNews, JUNE 7, 2023

You can now call 19-year-old Tanishq Mathew Abraham a doctor. The biomedical engineering student next week will receive his PhD from the University of California at Davis on Tuesday, reports Fox40.

He began taking college courses while still in high school at age 7. Three years later he completed high school and then officially graduated from college with an undergraduate degree at UC Davis four years later at age 14.

Born and raised in an Indian American immigrant family, he plans to focus on artificial intelligence in

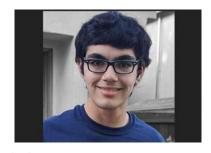
medicine.

"I think we are now in the AI revolution, and I want to continue to be a part of it," Abraham said to the Sacramento Bee.

Confidence is high among those that know Abraham that he will go on to do great things.

"For Tanishq, to have already reached this milestone at such a young age is incredible," said Jean-Pierre Delplanque, vice provost and dean of graduate studies at UC Davis. "I know he will continue to accomplish great things in his life, and I cannot wait to see the transformative impact he will have on our world."

Abraham got to ring the bell at UC Davis, a tradition executed by successful PhD candidates who have completed all the requirements for



their degree.

Abraham's sister who is in the second year of a graduate music program at Indiana University will sing the national anthem at his commencement. His 90-year-old Indian American grandmother will also be in attendance. The veterinarian received her PhD in the 1960s.

The graduate founded the Medical AI Research Center just this year. It's a collaboration with others from Stanford and Princeton. It's already published a paper on a technology that develops images from brain activity, MindEye.

WHO IS LISA FRANCHETTI?



If you don't know, Lisa Franchetti is the first female admiral to lead the Navy and also the first female to be the Chief of the Joint Chiefs of Staff, replacing General Mark A. Milley.

Admiral Samuel Paparo was another

candidate to head the Navy but was appointed as Commander of the Indo-Pacific Command by Defense Secretary Lloyd Austin.

Admiral Franchetti's nomination is being delayed by Senator Tommy Tuberville of Alabama who is protesting the DoD's policy of paying for travel when a service member must go out of state to get an abortion, or other reproductive health care.

Franchetti is slated to replace Admiral Michael Gidday next month when Adm Gidday retires. ON AUGUST 10, 2023
SHOHEI OHTANI HIT A
HOMERUN OVER 490 FEET,
THE LONGEST HOME RUN
THIS SEASON IN THE
MAJORS. HE ALSO STOLE
MANY BASES, SHOHEI IS
NOT NORMAL PROFESSIONAL BASEBALL
PLAYER. NO SIR, HE IS THE
REAL THING.



Ohtani is the first player in major league baseball who has won 10 games pitching and hit over 40 home runs. Wish he were a Giant.

Source: season, Kyodo, Reuters, August 10, 2023.



DO YOU KNOW WHO IS DOLLY M. GEE?

Federal Judge Dolly M. Gee is the first Chinese woman federal judge. She has had an outstanding career as a judge and today is playing a key role in the indictment of our 45th President.



The first Chinese American woman federal judge is Dolly M. Gee, whose Senate confirmation as U.S. District Court Judge on Christmas Eve made history. Nominated by President Obama on the recommendation of Senator Barbara Boxer, Gee is serving in the Central District of California, the largest district by population of the 94 U.S. District Courts. Gee was born in California, educated at UCLA, and is a specialist in labor law and workplace harassment and discrimination cases. When nominated, Gee was a partner at Schwartz, Steinsapir, Dohrmann & Sommers LLP in Los Angeles, where she has been since 1986.

Ms. Gee graduated with a B.A. (summa cum laude, Phi Beta Kappa) from UCLA in 1981. In 1984, she received her J.D. from UCLA School of Law. During law school, Ms. Gee externed for Hon. Allen E. Broussard of the California Supreme Court. After law school, she clerked for Hon. Milton L. Schwartz, U.S. District Judge, Eastern District of California, from 1984-1086.

Ms. Gee specializes in state and federal court litigation, administrative hearings, arbitrations, and the representation of teachers under the Education Code. In 2002, Ms. Gee and the firm's Of Counsel, William T. Payne, settled a class action ERISA lawsuit against the Walt Disney Company ensuring lifetime postretirement health benefits for over 6,000 retirees and active employees.

Ms. Gee has extensive experience conducting independent workplace investigations of alleged employee misconduct, including race discrimination and sexual harassment. She also conducts training seminars on sexual harassment and other employment laws. She frequently advises employees regarding covenants not to compete, reviews employment agreements, and negotiates initial employment contracts and severance packages for professionals and executives in diverse fields, including academia and the accounting, banking, health care, and entertainment industries.

In 1994, Ms. Gee was appointed by President Clinton to serve for a five-year term on the Federal Service Impasses Panel ("FSIP") in Washington, D.C. As an FSIP member, she mediated and arbitrated numerous disputes and participated in hundreds of summary dispositions of impasses between federal agencies and federal sector labor unions. Ms. Gee currently serves as an arbitrator for the Kaiser Permanente Independent Arbitration System.

During the 1995-96, 1999-2000, and 2005-06 International Brotherhood of Teamsters Delegate and Officer Elections, Ms. Gee served as Regional Coordinator under the auspices of the Office of the Election Officer, established under the supervision of Hon. David N. Edelstein, U. S. District Judge for the Southern District of New York. In that capacity, she investigated and recommended dispositions for hundreds of election protests relating to alleged violations of election rules.

Ms. Gee is a former Trustee of the Los Angeles County Bar Association. She is a past president of the Southern California Chinese Lawyers Association and a founder and advisory board member of the Asian Pacific American Bar Association of Los Angeles County. She also has served as a board member of the Western Center on Law & Poverty, the California Women's Law Center, and the Asian Pacific American Legal Center of Southern California. She was a member of the State Bar of California's Judicial Nominees Evaluation Commission in which she evaluated candidates for state judicial positions. She served as a Central District lawyer representative to the Ninth Circuit Judicial Conference and as a member of the Ninth Circuit Advisory Board. Since 2004, she has been named each year as a "Southern Califor-nia Super Lawyer" by Los Angeles Magazine.

From Wikipedia, the free encyclopedia Judge of the United States District Court for the Central District of California Incumbent Assumed office

January 4, 2010 Appointed by Barack Obama Preceded by George P. Schiavelli

Personal details

Born July 1, 1959 (age 64)[1] Hawthorne, California, U.S.

Education University of California, Los

Angeles (BA, JD) Chinese name

Chinese 朱美瑜[citation needed]

Transcriptions

Dolly Maizie Gee (born July 1, 1959) is a United States district judge of the United States District Court for the Central District of California. Early life and education

Gee was born in Hawthorne, California, the daughter of Cantonese immigrants from Taishan.[2][3][4] Gee's father was a World

War II veteran who later worked as an aerospace engineer on projects like the Apollo missions and the Space Shuttle, while her mother was a garment worker.[3] Gee earned a Bachelors of Arts from the University of California, Los Angeles in 1981 and a Juris Doctor from University of California, Los Angeles School of Law in 1984.[5] From 1984 until 1986, Gee served as a law clerk for Judge Milton Schwartz of the United States District Court for the Eastern District of California.[5][6]

Professional career

In 1986, Gee joined the Los Angeles law firm of Schwartz, Steinsapir, Dohrmann & Sommers LLP. She served as an associate from 1986 until 1990, and became a partner in 1990. From 1994 until 1999, Gee also served as a member of the Federal Service Impasses Panel, a federal labor relations authority.[6]

Expired nomination to federal district court under Clinton

On May 27, 1999, President Bill Clinton nominated Gee to be a judge on the United States District Court for the Central District of California to replace Judge John G. Davies. However, with Republicans in control of the United States Senate, Gee's nomination languished, despite her meeting with Clinton on May 24, 2000.[7] Gee never received a hearing before the Republican-controlled United States Senate Committee on the Judiciary, and her nomination was returned to Clinton at the end of his presidency.[8] President George W. Bush later successfully nominated John F. Walter to the seat to which Gee had been nominated.[6]

Nomination to district court under Obama On August 6, 2009, President Barack Obama nominated Gee to a seat on the United States District Court for the Central District of California, to fill the seat vacated by Judge George P. Schiavelli, who resigned in October 2008.[5] On October 15, 2009, the United States Senate Committee on the Judiciary referred Gee's nomination to the full Senate. The Senate confirmed Gee by unanimous consent on December 24, 2009. She received her commission on January 4, 2010.[9] On March 19, 2010, Gee was inducted to California's branch of the United States District Court.[10] This makes her the first Chinese American woman to serve as an Article III Judge.[11][6]

Read More: See **PROGRESSIVE** at this link: https://www.sfcathaupost384.org/rc.html

□ QUENCH

□ REWRITE

□ RABBI

□ RIVER

□ SPRY

□ STOCK

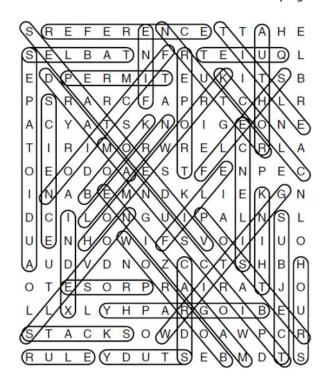
□ STOVE

□ WIRE



AUGUST PUZZLE SOLUTIONS WORD SEARCH SOLUTION

The solution: The library sign read: "Speaking aloud not allowed."



- □ ALMANAC □ LE
 □ AWARE □ LE
- □ BALLROOM□ BAND□ BASIN
- □ BLUE
 □ CHAPTER
- □ DECADE
- □ DECLINE□ DISGUISE
- □ ENVELOPE
 □ FACADE
- □ INSIST

- $\quad \Box \ LEARN$
- □ LEDGE
- □ LENDER□ LOBBY
- □ LOCKER
- □ MEOW
- □ MESA□ MIGHT
- □ MILLION
 - □ NEED
 - □ NOBLEST
 □ PAMPER
 - □ PROSPER

CROSSWORD SOLUTION



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M	Α	S	T		P	Е	G		S	T	Е	W





WORD SEARCH: HIDDEN PHRASE

Find all the words—the leftover letters will reveal a hidden phrase

Т	Н	В	R	1	D	G	Е	Е	S	Α	F	1	L	М	□ CRIBBAGE
Χ	ī	S	Υ	Т	Χ	ī	S	0	R	S	Α	С	0	0	□ ECARTE
U	ī	М	Р	Е	R	ī	Α	L	L	D	N	N	N	0	□ EUCHRE
т	Р	F	L	K	V	С	0	М	М	ī	т	Α	Υ	С	□ FAN-TAN
A	R	D	G	R		ı	В	E		F		С	A	F	☐ GO FISH☐ HEARTS
•	•		_	•			_	_	_	_				_	_
В	U	S	В	Α	Q	Α	F	Ε	В	L	Ν	Т	С	Н	□ IMPERIAL
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0	В	_	_	W		В	۸	0	ī	_		U	^	0	□ NEWMARKET
S	Р	Т	C	VV	П	Ь	А	3	•	C	U	U	А	3	□ OLD MAID
Т	1	Е	С	Е	Ν	С	I	D	Α	0	I	W	Е	Α	☐ PINOCHLE
0	С	Т	Α	Ν	Κ	F	S	R	R	Ν	Р	D	U	S	□ PIQUET
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S	N	С	Т	Z	0	М	G	U	S	0	Ν	L	R	Т	□ QUINCE
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															□ SPADES
□ E	3AC	CA	RA	Τ				CA	ANA	STA	4				□ SPOILFIVE
□ BEZIQUE □ CASINO									□ WHIST						
□ BLACKJACK □ COMMIT															
□ BOSTON □ CRAZY															
□ BRIDGE eights															

THE LINEUP

While scrutinizing the lineup of letters below, can you answer the five given questions correctly in five minutes or less?

DUVXWILTMSITHREATENEDPKDEFYCRYINGOZBITEJ

1. Which letter of the alphabet does not appear in the lineup?

2. What 10-letter word — with its letters in correct order and appearing together — can you find in the lineup?

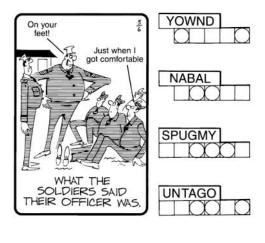
3. Which letter of the alphabet appears exactly three times in the lineup?

4. What 6-letter word — with its letters in correct order and appearing together — can you find in the lineup?

5. Other than the answers to Questions 2 and 4, how many everyday words — with their letters in correct order and appearing together — of four or more letters can you find in the lineup?

JUMBLE

unscramble the given letters, one letter to each square, to form four ordinary words. Then arrange the circled letters to form the surprise answer for that puzzle, as suggested by the cartoon for that puzzle.



	Answei	r nere:	
A" 🔾		00"	

THE LETTER N

The list below consists of the names of 10 U.S. States, but we've removed all of their letters except for the N's. Can you write one letter on each dash to complete the names of the states?

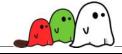
1. 1	V		_			_ N
2		_N N		N _		
3	N		N			
4		_ N N				
5					N_	-
6		N	_ N			
7			N _	N		
8		N _	_			
9. 1	V					
10.			N			



SEPTEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
NATIONAL S	IDE PREVENTION N SERVICE DOG MON ION WEEK 9/17-9/	TH			1	2 VJ DAY
SUICIDE	4 LABOR DAY	5 ALWMC MEETING 4:00 PM DIST 8 MEETING 5:00 PM	6 EXECUTIVE BOARD MEETING 7:00 PM	7	8	POST MEETING 11:00 AM
PREVENTION LIFELINE800-273-TALK (0226)	PATRIOT DAY	12 Cele	ebrate National Serv	ice Dog Month	NATIONAL POW/MIA RECOGNITION DAY	16
17	18 USAF BIRTHE AIR NATIONAL C BIRTHDAY	GUARD Did You			22	23
GOLD STAR MOTHERS DAY	25	26	logs are distinguished from pets an specially trained to perform tasks for with medically approved guide or so omprehensive veterinary services fr			

OCTOBER





SUN	MON	TUE	WED	THU	FRI	SAT
BREAST CANCER A	2 WARENESS MONTH	3 ALWMC MEETING 4:00 PM DIST 8 MEETING 5:00 PM	4	5	6 COAST GUARD DAY	7
8	9 COLUMBUS DAY	10	EXECUTIVE BOARD MEETING 7:00 PM	12	13 USN BIRTHDAY	14 POST MEETING 11:00 AM
15	16	17	18	19	20	21
22	23	24	25	26 DAY OF THE DEPLOYED	27 NAVY DAY	28
29	30	31 HALLOWEEN			(